Clinical Trial Protocol
Iranian Registry of Clinical Trials

07 Nov 2026

Effects of Religious Clinical Cares by Clergymen on Anxiety and Depression of the Patients and their Spiritual Health

Protocol summary

Summary

The aim of the present study is to determine the effectiveness of clinical religious cares on the anxiety, depression, and spiritual health of hospitalized patients in Qom-Iran. At the beginning of study, the researcher selected 150 hospitalized patients who were not mentally sick and did not receive specific drugs. The samples were divided in two control and intervention groups. A three section questionnaire has been applied to collect data, consisted of 1- demographic data, 2- standardized questionnaire of the Hospital Anxiety and Depression Scale (HADS), and 3-Palutzian& Ellison's 20-item questionnaire of spiritual health. It measures both religious and existential well-being. Then, the subjects were assigned to control and intervention groups, randomly. At the next stage, intervention of a clergyman was applied as a religious care among the intervention group. Intervention type, content and method were designed with regard to the opinions of the religious experts and colleagues at the pre-test results analysis stage. After the educational intervention, mentioned questionnaires were distributed among the participants once more, aiming at comparing the effects of religious intervention on the test group members' Anxiety, depression and spiritual health and those of the control group.

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT2014060918022N1**
Registration date: **2014-08-22, 1393/05/31**
Registration timing: **registered_while_recruiting**

Last update:
Update count: **0**

Registration date

2014-08-22, 1393/05/31

Registrant information

Name
Sarallah Shojaei
Name of organization / entity
Qom University of Medical Sciences
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Recruitment status

Recruitment complete

Funding source

Qom University of Medical Sciences

Expected recruitment start date

2014-06-21, 1393/03/31

Expected recruitment end date

2014-09-21, 1393/06/30

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

Effects of Religious Clinical Cares by Clergymen on Anxiety and Depression of the Patients and their Spiritual Health

Public title

Effects of Religious Clinical Cares by Clergymen on Anxiety and Depression of the Patients and their Spiritual Health

Purpose

Supportive

Inclusion/Exclusion criteria

Inclusion criteria: hospitalized and mature at the time of study; providing the written consent; capability of responding the questions; lack of anti- anxiety and anti-depression drug use at the time of study; and being Muslim. Exclusion criteria : having mental diseases records or being infected by mental retardation and the underlying disorders; lack of willingness to continue participation in the study; leading to some difficulties for the patients concerning their transferring to other hospitals or releasing; and drug abuse records.

Age
From **15 years** old to **139 years** old

Gender
Both

Phase
N/A

Groups that have been masked
No information

Sample size
Target sample size: **150**

Randomization (investigator's opinion)
Randomized

Randomization description

Blinding (investigator's opinion)
Not blinded

Blinding description

Placebo
Not used

Assignment
Parallel

Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee
Qom university of medical sciences

Street address
Shahid Lavasani st

City
Qom

Postal code

Approval date
2014-05-11, 1393/02/21

Ethics committee reference number
3247

Health conditions studied

1

Description of health condition studied
Anxiety and Depression

ICD-10 code
F41.2

ICD-10 code description
Mixed anxiety and depressive disorder

Primary outcomes

1

Description
stress

Timepoint
pre and post intervention

Method of measurement
Questionnaire

2

Description
depression

Timepoint
pre and post intervention

Method of measurement
Questionnaire

3

Description
spiritual health

Timepoint
pre and post intervention

Method of measurement
Questionnaire

Secondary outcomes

1

Description
disease

Timepoint
post intervention

Method of measurement
clinical observation

Intervention groups

1

Description
the control group receives the usual care of the nurses.

Category
Other

2

Description
providing the participants with clergyman face to face interaction and discussion in the hospital for half or one hour, depending on the patient mood and situation;

Category
Other

Recruitment centers

1

Recruitment center
Name of recruitment center
Nekoei hospital
Full name of responsible person
Sarallah Shojaei
Street address
Mirzaye ghomi sq; Shahid Taleghani st
City
Qom

Sponsors / Funding sources

1

Sponsor
Name of organization / entity
Qom univesity of medical sciences
Full name of responsible person
Dr.Hosein Saghafi
Street address
Shahid Lavasani st
City
Qom
Grant name
Grant code / Reference number
Is the source of funding the same sponsor organization/entity?
Yes
Title of funding source
Qom univesity of medical sciences
Proportion provided by this source
100
Public or private sector
empty
Domestic or foreign origin
empty
Category of foreign source of funding
empty
Country of origin
Type of organization providing the funding
empty

Person responsible for general inquiries

Contact
Name of organization / entity
Qom university of medical sciences
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Position
PhD student in health education and promotion.
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Person responsible for updating data

Contact

Sharing plan

Deidentified Individual Participant Data Set (IPD)
empty
Study Protocol
empty
Statistical Analysis Plan
empty
Informed Consent Form
empty
Clinical Study Report
empty
Analytic Code
empty
Data Dictionary
empty