

# Clinical Trial Protocol

## Iranian Registry of Clinical Trials

30 May 2026

### Comparison of the therapeutic efficacy of pregabalin and duloxetine in peripheral neuropathy induced by taxanes containing chemotherapy regimens in women with breast cancer, a randomized clinical trial.

#### Protocol summary

##### Summary

This study is a randomized, double-blind, single-center, phase II clinical trial in Tuba Clinic of Sari. 82 eligible patients were 18 years or older, had at least grade 1 sensory pain based on the NCI Common Terminology Criteria for Adverse Events grading scale and reported 4 on a 10-point scale, average neuropathic pain. Participants with other clinical conditions that cause neuropathies, such as diabetes or trauma, alcohol abuse, central nervous system diseases, heart, hepatic and renal failure, glaucoma, depression, anxiety, bipolar, psychotic disorders, suicidal ideation, receiving other neurotoxic chemotherapy drugs, having concomitant use of MAOI, BZD, gabapentin and females during pregnancy or lactation were ineligible. This study will be blinded for patients and researchers. Patients in duloxetine group, will received 30 mg/day orally for the first week and 30 mg BD for the next for 6 weeks. Patients in pregabalin group, will received 75 mg/day orally for the first week and 75 mg BD (max: 75 mg TDS) for the next for 6 weeks. Sensory neuropathy, severity of pain and quality of life at base line and 3,6 weeks after intervention, will be assessed according to the NCI-CTCAE, VAS and EORTC QLQ-C30 (version 3) respectively.

#### General information

##### Acronym

##### IRCT registration information

IRCT registration number: **IRCT201602112027N5**  
Registration date: **2016-07-13, 1395/04/23**  
Registration timing: **registered\_while\_recruiting**

Last update:

Update count: **0**

##### Registration date

2016-07-13, 1395/04/23

#### Registrant information

##### Name

Ebrahim Salehifar

##### Name of organization / entity

Mazandaran University of Medical Sciences

##### Country

Iran (Islamic Republic of)

##### Phone

+98 15 1311 6546

##### Email address

esalehifar@mazums.ac.ir

#### Recruitment status

##### Recruitment complete

#### Funding source

Vice chancellor for research, Mazandaran University of Medical Sciences

#### Expected recruitment start date

2015-12-22, 1394/10/01

#### Expected recruitment end date

2016-10-22, 1395/08/01

#### Actual recruitment start date

empty

#### Actual recruitment end date

empty

#### Trial completion date

empty

#### Scientific title

Comparison of the therapeutic efficacy of pregabalin and duloxetine in peripheral neuropathy induced by taxanes containing chemotherapy regimens in women with breast cancer, a randomized clinical trial.

#### Public title

The therapeutic effects of pregabalin and duloxetine in the treatment of nerve pain caused by certain chemotherapy drugs

#### Purpose

Treatment

### **Inclusion/Exclusion criteria**

Inclusion criteria: Age of more than 18 y; NCI Common Terminology Criteria for Adverse Events scale (NCI grade > 1); Minimum rating of NRS scale: 4 (0-10)  
Exclusion criteria: Having other clinical conditions that cause neuropathies, such as diabetes or trauma; Alcohol abuse; History of central nervous system diseases; History of heart, hepatic and renal failure (creatinine clearance below 60ml/min); History of glaucoma; History of depression, anxiety, bipolar, psychotic disorders and suicidal ideation; Receiving other neurotoxic chemotherapy drugs; Having concomitant use of MAOI, BZD and gabapentin; Females during pregnancy or lactation; Patients who have received pregabalin or duloxetine in recent 15 days; Having concomitant use of analgesics or effective on nerve activity drugs such as vitamin B12, lamotrigine, valproate and TCA (except pregabalin or duloxetine) will be excluded if they spent a total of 7 days washout, the patients also can be studied; Concomitant use of selected analgesics was allowed (eg, nonsteroidal anti-inflammatory drugs, acetaminophen, aspirin,...) but only patients receiving stable doses in the 2 weeks before randomization could participate: (1) no new analgesics were added, (2) no analgesics were discontinued and (3) the weekly 24-hour total analgesic dose did not fluctuate up or down by more than 10% in the 2 weeks before study registration

### **Age**

From **18 years** old

### **Gender**

Female

### **Phase**

2

### **Groups that have been masked**

*No information*

### **Sample size**

Target sample size: **82**

### **Randomization (investigator's opinion)**

N/A

### **Randomization description**

### **Blinding (investigator's opinion)**

Double blinded

### **Blinding description**

### **Placebo**

Not used

### **Assignment**

Parallel

### **Other design features**

## **Secondary Ids**

empty

## **Ethics committees**

### **1**

#### **Ethics committee**

##### **Name of ethics committee**

Ethics Committee of Mazandaran University of Medical Sciences, Faculty of Pharmacy

### **Street address**

Faculty of Pharmacy, Payambar Azam Complex, 18 Km Farah Abad Blvd, Khazar square, Sari, Mazandaran Province

### **City**

Sari

### **Postal code**

861-48175

### **Approval date**

2016-01-26, 1394/11/06

### **Ethics committee reference number**

IR.MAZUMS.REC.94-1897

## **Health conditions studied**

### **1**

#### **Description of health condition studied**

Chemotherapy induced peripheral neuropathy

#### **ICD-10 code**

62.2

#### **ICD-10 code description**

Polyneuropathy due to other toxic agents

## **Primary outcomes**

### **1**

#### **Description**

Sensory neuropathy

#### **Timepoint**

Before intervention, three weeks after intervention and six weeks after intervention

#### **Method of measurement**

According to the NCI Common Terminology Criteria for Adverse Events grading scale

### **2**

#### **Description**

Neuropathic pain

#### **Timepoint**

Before intervention, three weeks after intervention and six weeks after intervention

#### **Method of measurement**

Visual Analogue Scale

## **Secondary outcomes**

### **1**

#### **Description**

Quality of life

#### **Timepoint**

Before intervention, three weeks after intervention and six weeks after intervention

#### **Method of measurement**

EORTC QLQ-C30 (Version 3) questionnaire

### **2**

#### **Description**

Side effects

#### Timepoint

Three weeks after intervention and six weeks after intervention

#### Method of measurement

Questionnaire

## Intervention groups

### 1

#### Description

Intervention group 1: Pregabalin 75 mg/day orally for the first week and 75 mg BD (max: 75 mg TDS) for the next for 6 weeks

#### Category

Treatment - Drugs

### 2

#### Description

Intervention group 2: Duloxetine 30 mg/day orally for the first week and 30 mg BD for the next for 6 weeks

#### Category

Treatment - Drugs

## Recruitment centers

### 1

#### Recruitment center

##### Name of recruitment center

Tuba Clinic of Mazandaran University of Medical Sciences

##### Full name of responsible person

Avan Razieh

##### Street address

Tuba Clinic of Mazandaran University of Medical Sciences, Khazar Blvd, Sari, Mazandaran Province

##### City

Sari

## Sponsors / Funding sources

### 1

#### Sponsor

##### Name of organization / entity

Mazandaran University of Medical Sciences

##### Full name of responsible person

Enayati Ahmad ali

##### Street address

Vice chancellor for research, Moalem square, Sari

##### City

Sari

#### Grant name

#### Grant code / Reference number

30303

#### Is the source of funding the same sponsor organization/entity?

Yes

#### Title of funding source

Mazandaran University of Medical Sciences

#### Proportion provided by this source

100

#### Public or private sector

empty

#### Domestic or foreign origin

empty

#### Category of foreign source of funding

empty

#### Country of origin

#### Type of organization providing the funding

empty

## Person responsible for general inquiries

#### Contact

##### Name of organization / entity

Mazandaran University of Medical Sciences, Faculty of Pharmacy

##### Full name of responsible person

Salehifar Ebrahim

##### Position

Board Certified Clinical Pharmacist, Professor of Clinical Pharmacy

##### Other areas of specialty/work

##### Street address

Faculty of Pharmacy, Payambar Azam Complex, 18 Km Farah Abad Blvd, Khazar square, Sari, Mazandaran Province

##### City

Sari

##### Postal code

##### Phone

+98 11 3354 3082

##### Fax

##### Email

Esalehifar@Mazums.ac.ir; Salehifare@yahoo.com; esalehifar52@gmail.com

##### Web page address

## Person responsible for scientific inquiries

#### Contact

##### Name of organization / entity

Mazandaran University of Medical Sciences, Faculty of Pharmacy

##### Full name of responsible person

Salehifar Ebrahim

##### Position

Board Certified Clinical Pharmacist

##### Other areas of specialty/work

##### Street address

Faculty of Pharmacy, Payambar Azam Complex, 18 Km Farah Abad Blvd, Khazar square, Sari, Mazandaran Province

##### City

Sari

##### Postal code

##### Phone

+98 11 3354 3082

##### Fax

**Email**

Esalehifar@Mazums.ac.ir; Salehifare@yahoo.com;  
esalehifar52@gmail.com

**Web page address****Phone**

+98 11 3354 3082

**Fax****Email**

Esalehifar@Mazums.ac.ir; Salehifare@yahoo.com;  
esalehifar52@gmail.com

**Web page address****Person responsible for updating data****Contact****Name of organization / entity**

Mazandaran University of Medical Sciences, Faculty of  
Pharmacy

**Full name of responsible person**

Salehifar Ebrahim

**Position**

Board Certified Clinical Pharmacist, Professor of  
Clinical Pharmacy

**Other areas of specialty/work****Street address**

Faculty of Pharmacy, Payambar Azam Complex, 18  
Km Farah Abad Blvd, Khazar square, Sari,  
Mazandaran Province

**City**

Sari

**Postal code****Sharing plan****Deidentified Individual Participant Data Set (IPD)**

*empty*

**Study Protocol**

*empty*

**Statistical Analysis Plan**

*empty*

**Informed Consent Form**

*empty*

**Clinical Study Report**

*empty*

**Analytic Code**

*empty*

**Data Dictionary**

*empty*