

# Clinical Trial Protocol

## Iranian Registry of Clinical Trials

10 Jul 2026

### The Efficacy of Infra-low-frequency Transcranial Magnetic Stimulation and Evaluation of TMS-evoked Potentials in Subjects with Chronic Tinnitus: A Double-blind, randomized, controlled trial

#### Protocol summary

##### Study aim

1-The Efficacy of low-frequency Transcranial Magnetic Stimulation in Subjects with Chronic Tinnitus 2-Evaluation of TMS-evoked Potential components in Subjects with Chronic Tinnitus Vs. Normal Subjects

##### Design

clinical trial with 40 participants (20 normal cases and 20 patients), randomized, controlled, with parallel groups and double-blinded

##### Settings and conduct

After initial examinations in Rasoul Akram Hospital, selected patients will attend investigative-treatment Sessions of simultaneous TMS-EEG in National Brain Mapping Laboratory

##### Participants/Inclusion and exclusion criteria

Inclusion criteria: Normal hearing; Right Handed; Bilateral Tinnitus; Tinnitus Involvement more than 6 month; Informed Consent Retent; Tinnitus Loudness more than 6 dB SL; THI Score greater than 58; VAS Score greater than 4 of 7 Exclusion criteria: History of seizures or severe physical illness; Metal implants or cardiac pacemaker; Significantly increased intracranial pressure; History of craniocerebral surgery; Severe alcohol abuse; History of emotional disorder before the onset of illness

##### Intervention groups

2 groups comprised of subjects with tinnitus disorder and 2 groups comprised of healthy people with different target brain areas Left Temporoparietal / Left Dorsolateral Prefrontal cortex are present in this study. patients during 5 consecutive sessions and normal cases during only one session receive active and sham TMS at a rate of 0.5 HZ.

##### Main outcome variables

Difference in energy levels of EEG frequency bands (delta, theta, alpha, ...) before and after TMS in patients with tinnitus disorder and normal subjects; Comparison of tinnitus severity by Visual Analog Scale

(VAS); Comparison of Tinnitus Questionnaire (TQ) score; Comparison of Tinnitus Handicap Inventory (THI) score; Evaluation of Amplitude, Latency and Area under the curve of TMS-Evoked Potential Components in patients and normal subjects

#### General information

##### Reason for update

##### Acronym

##### IRCT registration information

IRCT registration number: **IRCT20140616018118N3**

Registration date: **2018-06-10, 1397/03/20**

Registration timing: **prospective**

Last update: **2018-06-10, 1397/03/20**

Update count: **0**

##### Registration date

2018-06-10, 1397/03/20

##### Registrant information

##### Name

**Name of organization / entity**

##### Country

Iran (Islamic Republic of)

##### Phone

+98 66504294

##### Email address

mahmoudian.s@iums.ac.ir

##### Recruitment status

**Recruitment complete**

##### Funding source

ENT and Head & Neck Research Center

##### Expected recruitment start date

2018-06-22, 1397/04/01

##### Expected recruitment end date

2019-04-21, 1398/02/01

**Actual recruitment start date**

empty

**Actual recruitment end date**

empty

**Trial completion date**

empty

**Scientific title**

The Efficacy of Infra-low-frequency Transcranial Magnetic Stimulation and Evaluation of TMS-evoked Potentials in Subjects with Chronic Tinnitus: A Double-blind, randomized, controlled trial

**Public title**

The Efficacy of Infra-low-frequency Transcranial Magnetic Stimulation and Evaluation of TMS-evoked Potentials in Subjects with Chronic Tinnitus: A Double-blind, randomized, controlled trial

**Purpose**

Treatment

**Inclusion/Exclusion criteria****Inclusion criteria:**

Normal hearing Right Handed Bilateral Tinnitus Tinnitus Involvement more than 6 month Informed Consent Tinnitus Loudness more than 6 dB SL THI Score greater than 58 VAS Score greater than 4 of 7

**Exclusion criteria:**

History of seizure, stroke, and severe physical illness Metal implants or cardiac pacemaker Significantly increased intracranial pressure History of craniocerebral surgery Pregnancy Severe alcohol abuse History of emotional disorder before the onset of illness Participation in other clinical trials

**Age**

From **18 years** old to **60 years** old

**Gender**

Both

**Phase**

N/A

**Groups that have been masked**

- Participant
- Investigator
- Data analyser

**Sample size**

Target sample size: **40**

More than 1 sample in each individual

Number of samples in each individual: **5**

A total of 20 participants with tinnitus, each will receive five treatment sessions (on five consecutive days in a week) of transcranial magnetic stimulation (TMS) and simultaneous recording of the electroencephalography (EEG), that will be evaluated for either therapeutic effectiveness and changes in TMS-Evoked Potential (TEP) components. Also, 20 normal participants (normal hearing and without any tinnitus in the ear or in the head of its owner, according to inclusion and exclusion criteria) will receive one treatment session as control group in accordance with the above description . In this study, a total of 120 treatment sessions will be performed for all participants in the study (20 patients and 20 healthy people).

Actual sample size reached: **40**

**Randomization (investigator's opinion)**

Randomized

**Randomization description**

Simple-individual-statistical software

**Blinding (investigator's opinion)**

Double blinded

**Blinding description**

participants are not Informed which kind of treatment They Receive. Investigator and data analyzer don't know any information about recorded data.

**Placebo**

Used

**Assignment**

Parallel

**Other design features**

controlled randomized trial

**Secondary Ids**

empty

**Ethics committees****1****Ethics committee****Name of ethics committee**

Ethics committee of Iran university of medical science

**Street address**

Iran university of medical science, near to Milad tower, Hemmat Highway

**City**

Tehran

**Province**

Tehran

**Postal code**

1449614535

**Approval date**

2017-12-10, 1396/09/19

**Ethics committee reference number**

IR.IUMS.REC 1396.32322

**Health conditions studied****1****Description of health condition studied**

Tinnitus

**ICD-10 code**

H93.1

**ICD-10 code description**

H93.2, H93.3, H93.8, H93.9

**Primary outcomes****1****Description**

Mean energy level difference among EEG frequency bands (delta, theta, alpha, ...) before and after TMS (Transcranial Magnetic Stimulation) in tinnitus

participants and normal control group.

**Timepoint**

patients: 26 minutes of simultaneous TMS-EEG in first and last sessions normal subjects: one session of 26 minutes simultaneous TMS-EEG

**Method of measurement**

recording EEG with active multi electrodes

**2**

**Description**

Comparison of tinnitus severity before and after TMS

**Timepoint**

At the beginning and end of each session, also before and after active and sham magnetic stimulation

**Method of measurement**

Visual Analog Scale (VAS) for participants with tinnitus disorder

**3**

**Description**

Comparison of Tinnitus Questionnaire score

**Timepoint**

At the beginning of the first session and at the end of the last session

**Method of measurement**

Tinnitus Questionnaire (TQ) for participants with tinnitus disorder

**4**

**Description**

Comparison of Tinnitus Handicap Inventory (THI) score

**Timepoint**

At the beginning of the first session and at the end of the last session

**Method of measurement**

Tinnitus Handicap Inventory (THI) for participants with tinnitus disorder

**5**

**Description**

Evaluation of Amplitude, Latency, and Area under the curve of TMS-Evoked Potential Components in tinnitus participants and normal subjects.

**Timepoint**

simultaneous with Transcranial Magnetic Stimulation

**Method of measurement**

By means of EEG Signal recording

**Secondary outcomes**

empty

**Intervention groups**

**1**

**Description**

Patients group A: in the first and 5th sessions, 5 minutes of Sham Stimulation at a rate of 0.5 Hz, 2 minutes of

merely EEG recording ,15 minutes of active TMS with a rate of 0.5 Hz and an intensity of 110% resting motor threshold will be applied respectively. During these two sessions ongoing EEG is being recorded and the coil is placed at Left TemporoParietal (LTP) region. In the second, third and fourth sessions 20 minutes of only active TMS at a rate of 0.5 Hz and an intensity of 110% resting motor threshold will be applied to LTP region.

**Category**

Treatment - Devices

**2**

**Description**

Patients Group B: for this group the treatment-investigative sessions will be the same as patients group A, with the difference that the stimulations are applied at the Left Dorsolateral Prefrontal Cortex (Left DLPFC).

**Category**

Treatment - Devices

**3**

**Description**

Normal group C: During one session, 5 minutes of Sham Stimulation at a rate of 0.5 Hz, 2 minutes of merely EEG recording ,15 minutes of active TMS with a rate of 0.5 Hz and an intensity of 110% resting motor threshold will be applied respectively. During the session ongoing EEG is being recorded and the coil is placed at Left TemporoParietal region.

**Category**

Other

**4**

**Description**

Normal group D: During one session each participant will receive interventions exactly the same as normal Group C with the difference that the stimulations are applied at Left Dorsolateral Prefrontal Cortex (Left DLPFC).

**Category**

Other

**Recruitment centers**

**1**

**Recruitment center**

**Name of recruitment center**

Hazrat Rasoul Akram Hospital, ENT and Head & Neck Research Center and Department

**Full name of responsible person**

DR. Saeid Mahmoodian

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Hazrat Rasoul Hospital, Maziar Mansouri Street, Sattarkhan Ave.

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## Sponsors / Funding sources

### 1

#### Sponsor

**Name of organization / entity**  
ENT and Head & Neck Research Center  
**Full name of responsible person**  
DR. Mohammad Farhadi  
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info@ent-hns.org  
**Grant name**  
**Grant code / Reference number**  
**Is the source of funding the same sponsor organization/entity?**  
Yes  
**Title of funding source**  
ENT and Head & Neck Research Center  
**Proportion provided by this source**  
100  
**Public or private sector**  
Public  
**Domestic or foreign origin**  
Domestic  
**Category of foreign source of funding**  
*empty*  
**Country of origin**  
**Type of organization providing the funding**  
Academic

## Person responsible for general inquiries

#### Contact

**Name of organization / entity**  
ENT and Head & Neck Research Center  
**Full name of responsible person**  
DR. Saeid Mahmoudian  
**Position**  
Assistant professor  
**Latest degree**  
Ph.D.  
**Other areas of specialty/work**  
Neuroscience

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## Person responsible for scientific inquiries

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## Person responsible for updating data

#### Contact

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assistant professor  
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## Sharing plan

### **Deidentified Individual Participant Data Set (IPD)**

Yes - There is a plan to make this available

### **Study Protocol**

Yes - There is a plan to make this available

### **Statistical Analysis Plan**

Yes - There is a plan to make this available

### **Informed Consent Form**

Yes - There is a plan to make this available

### **Clinical Study Report**

Yes - There is a plan to make this available

### **Analytic Code**

Yes - There is a plan to make this available

### **Data Dictionary**

Undecided - It is not yet known if there will be a plan to make this available

### **Title and more details about the data/document**

TMS-EEG data in tinnitus and normal subjects

### **When the data will become available and for how long**

About January 2020

### **To whom data/document is available**

Professors and faculty members of universities

### **Under which criteria data/document could be used**

Research

### **From where data/document is obtainable**

DR. Saeid Mahmoodian

### **What processes are involved for a request to access data/document**

Contact with DR. Mahmoodian

### **Comments**