Clinical Trial Protocol
Iranian Registry of Clinical Trials

16 Sep 2026

Evaluation Of The Effect Of Multimedia Teaching Model Based On The Reduction Of Smoking In People Over 30Years

Protocol summary

Summary

This Study Examined The Impact Of Multimedia-Based Educational Model To Reduce Smoking In Adults Aged Over 30 Years Will Be Studied; Smokers Are 50-30 Years In The Arak City; The Sample Size Is 120; Stage Sampling Was Used To Select Sample Randomly Placed In The Intervention And Control Groups; In 1393 The Use Of Multimedia Educational Intervention Designed Conducted And The Test Is Taken After Three Months; After The Outcome Measure Is The Impact Of Media On Quit Smoking.

General information

Acronym

Smoking Cessation

IRCT registration information

IRCT registration number: **IRCT2015011418851N1**
Registration date: **2015-01-14, 1393/10/24**
Registration timing: **retrospective**

Last update:
Update count: **0**

Registration date

2015-01-14, 1393/10/24

Registrant information

Name

Masoomeh Bagheri

Name of organization / entity

Arak University of Medical Sciences

Country

Iran (Islamic Republic of)

Phone

+98 86 3368 4615

Email address

m.bagheri@arakmu.ac.ir

Recruitment status

Recruitment complete

Funding source

Arak University of Medical Sciences

Expected recruitment start date

2014-02-20, 1392/12/01

Expected recruitment end date

2014-05-23, 1393/03/02

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

Evaluation Of The Effect Of Multimedia Teaching Model Based On The Reduction Of Smoking In People Over 30Years

Public title

Evaluation Of The Effect Of Multimedia Teaching Model Based On The Reduction Of Smoking In People Over 30 Years

Purpose

Treatment

Inclusion/Exclusion criteria

Inclusion Criteria: Examples Of Smoking At Least One Cigarette A Day, Or Daily Use Of Water Pipe; In The Stages Of Change Behavior, Before The Act Stage Of Smoking Are; The Possibility Of Seeing The Video Or Multimedia Educational; Consent For Entering The Study. Exclusion Criteria: People The Unwillingness To Participate In The Study, Those Who Have Participated In Smoking Cessation Programs, People With Psychiatric Drugs, Pregnancy; People In The Study Suffered From A Particular Disease And Its Will Be Cause To Quit Smoking; Ask Use Of Educational Multimedia.

Age

From **30 years** old to **50 years** old

Gender

Both

Phase
N/A
Groups that have been masked
No information
Sample size
Target sample size: **120**
Randomization (investigator's opinion)
Randomized
Randomization description
Blinding (investigator's opinion)
Not blinded
Blinding description
Placebo
Not used
Assignment
Parallel
Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee
Name of ethics committee
Arak University of Medical Sciences
Street address
Sardashat , Basij Sq , Pardis Educational Complex, Arak
City
Markazi
Postal code
38481-7-6941
Approval date
2014-01-08, 1392/10/18
Ethics committee reference number
92-156-12

Health conditions studied

1

Description of health condition studied
Smoking reduction
ICD-10 code
Z58.7
ICD-10 code description
exposure to tobacco smoke

Primary outcomes

1

Description
Smoking cessation and Water pipe
Timepoint
3 months after intervention
Method of measurement
Questionnaire

Secondary outcomes

1

Description
Quit Smoking
Timepoint
3 Months after intervention
Method of measurement
Questionnaire

Intervention groups

1

Description
Multimedia educational in 6 sessions to quit smoking to given interventional group.
Category
Lifestyle

2

Description
the control group routine Education of public media in order to quit smoking will be Receives.
Category
Treatment - Drugs

Recruitment centers

1

Recruitment center
Name of recruitment center
Arak city health centers
Full name of responsible person
Dr.nasrin roozbahani
Street address
Mustafa Khomeini, Golestan Koi, Department of Public Health
City
Markazi

Sponsors / Funding sources

1

Sponsor
Name of organization / entity
Arak University of Medical Sciences
Full name of responsible person
Dr Davood Hekmatpou
Street address
Sardashat , Basij Sq , Pardis Educational Complex, Arak
City
Markazi

Grant name
Grant code / Reference number
Is the source of funding the same sponsor organization/entity?
Yes
Title of funding source
Arak University of Medical Sciences
Proportion provided by this source
100
Public or private sector
empty
Domestic or foreign origin
empty
Category of foreign source of funding
empty
Country of origin
Type of organization providing the funding
empty

Person responsible for general inquiries

Contact
Name of organization / entity
Arak University of Medical Sciences
Full name of responsible person
Dr nasrin roozbahani
Position
PHD
Other areas of specialty/work
Street address
Mustafa Khomeini, Golestan Koi, Department of Public Health
City
Arak
Postal code
Phone
+98 86 3368 4615
Fax
Email
Nrozbehani@yahoo.com; N.Roozbahani@arakmu.AC.IR
Web page address

Person responsible for scientific inquiries

Contact
Name of organization / entity
Arak University of Medical Sciences
Full name of responsible person
Dr nasrin roozbahani
Position
PHD
Other areas of specialty/work
Street address
Mustafa Khomeini, Golestan Koi, Department of Public Health
City
Markazi
Postal code
Phone
+98 86 3368 4615
Fax
+98 53 32689
Email
Nrozbehani@yahoo.com; N.Roozbahani@arakmu.AC.IR
Web page address

Person responsible for updating data

Contact
Name of organization / entity
Arak University of Medical Sciences
Full name of responsible person
Masoomeh bagheri
Position
MSC
Other areas of specialty/work
Street address
Mustafa Khomeini, Golestan Koi, Department of Public Health
City
Markazi
Postal code
Phone
+98 86 3366 8888
Fax
Email
M.bagheri@arakmu.ac.ir;m_67b@yahoo.com
Web page address

Sharing plan

Deidentified Individual Participant Data Set (IPD)
empty
Study Protocol
empty
Statistical Analysis Plan
empty
Informed Consent Form
empty
Clinical Study Report
empty
Analytic Code
empty
Data Dictionary
empty