

# Clinical Trial Protocol

## Iranian Registry of Clinical Trials

30 Jun 2026

### Evaluation Of The Effect Of Multimedia Teaching Model Based On The Reduction Of Smoking In People Over 30Years

#### Protocol summary

##### Summary

This Study Examined The Impact Of Multimedia-Based Educational Model To Reduce Smoking In Adults Aged Over 30 Years Will Be Studied; Smokers Are 50-30 Years In The Arak City; The Sample Size Is 120; Stage Sampling Was Used To Select Sample Randomly Placed In The Intervention And Control Groups; In 1393 The Use Of Multimedia Educational Intervention Designed Conducted And The Test Is Taken After Three Months; After The Outcome Measure Is The Impact Of Media On Quit Smoking.

#### General information

##### Acronym

Smoking Cessation

##### IRCT registration information

IRCT registration number: **IRCT2015011418851N1**

Registration date: **2015-01-14, 1393/10/24**

Registration timing: **retrospective**

Last update:

Update count: **0**

##### Registration date

2015-01-14, 1393/10/24

##### Registrant information

###### Name

Masoomeh Bagheri

###### Name of organization / entity

Arak University of Medical Sciences

###### Country

Iran (Islamic Republic of)

###### Phone

+98 86 3368 4615

###### Email address

m.bagheri@arakmu.ac.ir

#### Recruitment status

##### Recruitment complete

##### Funding source

Arak University of Medical Sciences

##### Expected recruitment start date

2014-02-20, 1392/12/01

##### Expected recruitment end date

2014-05-23, 1393/03/02

##### Actual recruitment start date

empty

##### Actual recruitment end date

empty

##### Trial completion date

empty

##### Scientific title

Evaluation Of The Effect Of Multimedia Teaching Model Based On The Reduction Of Smoking In People Over 30Years

##### Public title

Evaluation Of The Effect Of Multimedia Teaching Model Based On The Reduction Of Smoking In People Over 30 Years

##### Purpose

Treatment

##### Inclusion/Exclusion criteria

Inclusion Criteria: Examples Of Smoking At Least One Cigarette A Day, Or Daily Use Of Water Pipe; In The Stages Of Change Behavior, Before The Act Stage Of Smoking Are; The Possibility Of Seeing The Video Or Multimedia Educational; Consent For Entering The Study. Exclusion Criteria: People The Unwillingness To Participate In The Study, Those Who Have Participated In Smoking Cessation Programs, People With Psychiatric Drugs, Pregnancy; People In The Study Suffered From A Particular Disease And Its Will Be Cause To Quit Smoking; Ask Use Of Educational Multimedia.

##### Age

From **30 years** old to **50 years** old

##### Gender

Both

### Phase

N/A

### Groups that have been masked

No information

### Sample size

Target sample size: 120

### Randomization (investigator's opinion)

Randomized

### Randomization description

### Blinding (investigator's opinion)

Not blinded

### Blinding description

### Placebo

Not used

### Assignment

Parallel

### Other design features

## Secondary Ids

empty

## Ethics committees

### 1

#### Ethics committee

##### Name of ethics committee

Arak University of Medical Sciences

##### Street address

Sardashat , Basij Sq , Pardis Educational Complex,  
Arak

##### City

Markazi

##### Postal code

38481-7-6941

#### Approval date

2014-01-08, 1392/10/18

#### Ethics committee reference number

92-156-12

## Health conditions studied

### 1

#### Description of health condition studied

Smoking reduction

#### ICD-10 code

Z58.7

#### ICD-10 code description

exposure to tobacco smoke

## Primary outcomes

### 1

#### Description

Smoking cessation and Water pipe

#### Timepoint

3 months after intervention

### Method of measurement

Questionnaire

## Secondary outcomes

### 1

#### Description

Quit Smoking

#### Timepoint

3 Months after intervention

#### Method of measurement

Questionnaire

## Intervention groups

### 1

#### Description

Multimedia educational in 6 sessions to quit smoking to given interventional group.

#### Category

Lifestyle

### 2

#### Description

the control group routine Education of public media in order to quit smoking will be Receives.

#### Category

Treatment - Drugs

## Recruitment centers

### 1

#### Recruitment center

##### Name of recruitment center

Arak city health centers

##### Full name of responsible person

Dr.nasrin roozbahani

##### Street address

Mustafa Khomeini, Golestan Koi, Department of Public Health

##### City

Markazi

## Sponsors / Funding sources

### 1

#### Sponsor

##### Name of organization / entity

Arak University of Medical Sciences

##### Full name of responsible person

Dr Davood Hekmatpou

##### Street address

Sardashat , Basij Sq , Pardis Educational Complex,  
Arak

##### City

Markazi

**Grant name**  
**Grant code / Reference number**  
**Is the source of funding the same sponsor organization/entity?**  
Yes  
**Title of funding source**  
Arak University of Medical Sciences  
**Proportion provided by this source**  
100  
**Public or private sector**  
*empty*  
**Domestic or foreign origin**  
*empty*  
**Category of foreign source of funding**  
*empty*  
**Country of origin**  
**Type of organization providing the funding**  
*empty*

## Person responsible for general inquiries

**Contact**  
**Name of organization / entity**  
Arak University of Medical Sciences  
**Full name of responsible person**  
Dr nasrin roozbahani  
**Position**  
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**Other areas of specialty/work**  
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## Person responsible for scientific inquiries

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## Person responsible for updating data

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## Sharing plan

**Deidentified Individual Participant Data Set (IPD)**  
*empty*  
**Study Protocol**  
*empty*  
**Statistical Analysis Plan**  
*empty*  
**Informed Consent Form**  
*empty*  
**Clinical Study Report**  
*empty*  
**Analytic Code**  
*empty*  
**Data Dictionary**  
*empty*