

Clinical Trial Protocol

Iranian Registry of Clinical Trials

07 Jul 2026

Effect of traditional music therapy on mental status of schizophrenic patients hospitalized in Sina Hospital Jooneghan

Protocol summary

Summary

The aim of this study was to determine the effect of traditional music therapy on mental status of schizophrenic hospitalized patients. This study was a clinical trial, single center, with random allocation. The patients were allocated randomly in the study groups according to encoded sheets. The population of the study was the eligible chronic schizophrenic patients hospitalized in Sina Hospital in Jooneghan. Inclusion criteria was diagnosis of chronic schizophrenia. The patients with mental retardation or change in the treatment regimen during the study were excluded. Sixty patients were randomly allocated in traditional music therapy or control (routine treatment) groups (30 in each group). The intervention was conducted for 2 months. The positive and negative symptoms of the patients were evaluated at the beginning and the end of the study.

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT201412282085N14**
Registration date: **2015-01-06, 1393/10/16**
Registration timing: **retrospective**

Last update:

Update count: **0**

Registration date

2015-01-06, 1393/10/16

Registrant information

Name

Neda Parvin

Name of organization / entity

Shahrekord University of Medical Sciences

Country

Iran (Islamic Republic of)

Phone

+98 38 1333 5652

Email address

nedali285@skums.ac.ir

Recruitment status

Recruitment complete

Funding source

Shahrekord University of Medical Sciences

Expected recruitment start date

2012-10-22, 1391/08/01

Expected recruitment end date

2014-02-20, 1392/12/01

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

Effect of traditional music therapy on mental status of schizophrenic patients hospitalized in Sina Hospital Jooneghan

Public title

Effect of traditional music therapy on mental status of schizophrenic patients hospitalized in Sina Hospital Jooneghan

Purpose

Treatment

Inclusion/Exclusion criteria

Inclusion criteria: Physical ability; the diagnosis of chronic schizophrenia; aged between 18 and 70 years
Exclusion criteria: Mental retardation; change in the treatment regimen during the study

Age

From **18 years** old to **70 years** old

Gender

Both

Phase

N/A

Groups that have been masked*No information***Sample size**Target sample size: **60****Randomization (investigator's opinion)**

N/A

Randomization description**Blinding (investigator's opinion)**

Not blinded

Blinding description**Placebo**

Used

Assignment

Parallel

Other design features**Secondary Ids**

empty

Ethics committees**1****Ethics committee****Name of ethics committee**

Shahrekord University of Medical Sciences

Street address

Shahrekord University of Medical Sciences, Kashani Street, Shahrekord

City

Shahrekord

Postal code**Approval date**

2012-10-11, 1391/07/20

Ethics committee reference number

91-7-20

Health conditions studied**1****Description of health condition studied**

Schizophrenia

ICD-10 code

F20.5

ICD-10 code description

Residual schizophrenia

Primary outcomes**1****Description**

Positive and negative symptoms

Timepoint

At the beginning and the end of the study

Method of measurement

Positive and negative symptoms questionnaire

Secondary outcomes

empty

Intervention groups**1****Description**

Music therapy group: The patients in this group participated in group traditional music therapy sessions, 5 sessions each week for two months in addition to routine treatment.

Category

Treatment - Other

2**Description**

Control group: The patients in this group received routine treatment.

Category

Treatment - Drugs

Recruitment centers**1****Recruitment center****Name of recruitment center**

Sina Hospital in Jooneghan

Full name of responsible person

Neda Parvin

Street address

Rahmatiee, Shahrekord University of Medical Sciences, Shahrekord

City

Shahrekord

Sponsors / Funding sources**1****Sponsor****Name of organization / entity**

Shahrekord University of Medical Sciences, Shahrekord

Full name of responsible person

Dr Mahmood Mobasheri

Street address

Shahrekord University of Medical Sciences, Kashani Street, Shahrekord

City

Shahrekord

Grant name**Grant code / Reference number****Is the source of funding the same sponsor organization/entity?**

Yes

Title of funding source

Shahrekord University of Medical Sciences, Shahrekord

Proportion provided by this source

100

Public or private sector

empty

Domestic or foreign origin

empty

Category of foreign source of funding

empty

Country of origin

Type of organization providing the funding

empty

Person responsible for general inquiries

Contact

Name of organization / entity

Shahrekord University of Medical Sciences

Full name of responsible person

Neda Parvin

Position

Lecturer, faculty member

Other areas of specialty/work

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Sharing plan

Deidentified Individual Participant Data Set (IPD)

empty

Study Protocol

empty

Statistical Analysis Plan

empty

Informed Consent Form

empty

Clinical Study Report

empty

Analytic Code

empty

Data Dictionary

empty