Clinical Trial Protocol
Iranian Registry of Clinical Trials

08 Nov 2026

Effects of family-patients hope promoting interventions based on religious recommendations on quality of lif of CHF patients

Protocol summary

Summary

Effects of family-patients hope promoting interventions based on religious recommendations on quality of lif of CHF patients Purpose: The purpose of this research will be to define the efficacy of hope promoting interventions based on religious recommendations on quality of life among Congestive Heart Failure patients who were referred to hospitals affiliated to Isfahan University of Medical Sciences in 2013. Design:This study is a randomized clinical trial with control group and will be implemented as a pre-test, post-test and follow up(1 month). Major Inclusion and Exclusion criteria and Setting and conduct: 46 Muslim persons that their ages are 18 years and older, With a diagnosis of heart failure in classes 1 and 2, Who have no serious medical illness, and willing to participate in the study will be selected. If they do not consent to continue participation in the study and use other methods of complementary medicine will be excluded, then they will be located randomly in two intervention and Control groups.
Intervention:Intervention group will be accompanied in 6 seasons of 1 hour of the hope promoting interventions that will be held in 6 centers of hospitals affiliated to Isfahan University of Medical Sciences, and the Ferrans and Powers Quality of Life Index (Main outcome variable measure) will be completed in 3 steps, pretest, post test and follow up (1 month) in two groups.

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT2014100619413N1**
Registration date: **2014-12-09, 1393/09/18**
Registration timing: **retrospective**

Last update:
Update count: **0**

Registration date

2014-12-09, 1393/09/18

Registrant information

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Name of organization / entity
Isfahan University of Medical Sciences
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Recruitment status

Recruitment complete

Funding source

Vice Chancellor for Research of Isfahan University of Medical Sciences, Isfahan, Iran.

Expected recruitment start date

2013-10-02, 1392/07/10

Expected recruitment end date

2014-01-28, 1392/11/08

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

Effects of family-patients hope promoting interventions based on religious recommendations on quality of lif of CHF patients

Public title

Effects of hope promoting interventions on quality of lif of CHF patients

Purpose

Supportive

Inclusion/Exclusion criteria
Inclusion criteria for patients : Age 18 years and older; Catching heart failure class 1 and 2 by the specialist; Catching Heart failure for at least one year; Full Consciousness and knowledge of the time, place and person, and having no dementia; Interested in participating in the study (Dewolfe etal.2011, p.2); Being Muslim; Not having speech problems, mental (confirmed by a specialist) and hearing (Aboutalebi Daryasary et al 1390, p .204); Not having other serious medical illness that impact on quality of life and mental health (confirmed by a doctor) (sotudeh asl et al 1390, p 29). Inclusion criteria for family members: Age 18 and older; Interested in participating in the study; Being Muslim; The ability to read and write; A family member, spouse, child, parent, brother or sister who have the greatest participation in the care of his patients; Exclusion criteria: Cancel the cooperation by patient or his family during the study; Use other methods of complementary medicine by the patient or family members during the study; Death of patient or caregiver during the intervention that another not be able to continue to study; Absence of a patient or family member in more than one session of 6 sessions.

Age
From **18 years** old to **75 years** old

Gender
Both

Phase
N/A

Groups that have been masked
No information

Sample size
Target sample size: **46**

Randomization (investigator's opinion)
Randomized

Randomization description

Blinding (investigator's opinion)
Not blinded

Blinding description

Placebo
Not used

Assignment
Parallel

Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee
Isfahan University of Medical Sciences

Street address
Isfahan- St. hezar gerib- Isfahan University of Medical Sciences

City
Isfahan

Postal code
8174673461

Approval date
2010-09-23, 1389/07/01

Ethics committee reference number
392463

Health conditions studied

1

Description of health condition studied
Congestive heart failure

ICD-10 code
I50.9

ICD-10 code description
Heart failure, unspecified

Primary outcomes

1

Description
Quality of Life

Timepoint
Before intervention- Immediately after the intervention- One month after the intervention

Method of measurement
Ferrans and Powers Quality of Life Index

Secondary outcomes

1

Description
does not have

Timepoint
does not have

Method of measurement
does not have

Intervention groups

1

Description
In study group and their family, 60 min sessions of hope promoting interventions based on religious recommendations will held twice a week for three weeks. The interventions have two-step of Creating Hope and Increasing Hope (Parcham & Mohagheghian2010,p.99). At the end of each session, the booklet contains the content of the session with the task of future session will give to Patients. The content of the intervention sessions include the following: The first session Purpose: Stated objectives and rules, The relationship between disease and despair, The importance and value of patient care according to the Quran and other religious instructions, Request consideration of several important purpose in life by Patients, Compare signs of frustration in Patients with what is stated in the Quran and other religious

instructions, Express the importance and value of having hope and frustration Criticism. Task: Note how the Qur'an and other religious teachings affect their spirit and vision of despair. The second session Purpose: Reminder of God's blessings in personal life and attention to the Qur'an Stories of Hope and life of Imams and divine parents to find hope. Task: Prepare a list of miracles that had occurred in their lives. The third session Purpose: Benchmarking of divine parents and belief in the resurrection and hope to benefit from the mundane intercession of saints in order to consolidate hope. Task: Note their relationship with a divine parent or try to communicate with one of the parents, for example, the Imam Hussein and Imam Mahdi, Hazrat Abolfazl and etc. The fourth session Purpose: Explain the effect of individual strategies such as prayer, remembrance of God, intimacy with the Quran to strengthening of hope. Task: Use at least one of the approaches and describes its impact on their hope. The fifth Session Purpose: Explain the effect of social strategies such as charity, forgiveness and etc to strengthening of hope. Task: Use at least one of the approaches and describes its impact on their hope and hope of others. The sixth Session Purpose: Identification naughty and sensuality as human enemies and Identification obstacles to reach goals in order to maintain the hope, review of past sessions and acknowledgments.

Category
Other

2

Description
Two training sessions about the disease will be held to control group.

Category
Treatment - Other

Recruitment centers

1

Recruitment center

Name of recruitment center
Amin Hospital

Full name of responsible person
Mrs. Poor baqher

Street address
Isfahan, st. Ibne- sina

City
Isfahan

Sponsors / Funding sources

1

Sponsor

Name of organization / entity
Vice Chancellor for Research of Isfahan University of Medical Sciences, Isfahan, Iran.

Full name of responsible person
Ashraf Kazemi

Street address
Vice Chancellor for Research of Isfahan University of Medical Sciences

City
Isfahan

Grant name

Grant code / Reference number

Is the source of funding the same sponsor organization/entity?
Yes

Title of funding source
Vice Chancellor for Research of Isfahan University of Medical Sciences, Isfahan, Iran.

Proportion provided by this source
100

Public or private sector
empty

Domestic or foreign origin
empty

Category of foreign source of funding
empty

Country of origin

Type of organization providing the funding
empty

Person responsible for general inquiries

Contact

Name of organization / entity
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Full name of responsible person
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Sharing plan

Deidentified Individual Participant Data Set (IPD)
empty
Study Protocol
empty
Statistical Analysis Plan
empty
Informed Consent Form
empty
Clinical Study Report
empty
Analytic Code
empty
Data Dictionary
empty