

Clinical Trial Protocol

Iranian Registry of Clinical Trials

16 Sep 2026

Evaluating the effect of parent's psycho education on indirect self destructive behavior among adolescence committed in suicide

Protocol summary

Summary

chronic self-destructiveness includes behaviors that person has a general tendency to act operations in which chance of following negative affects increases or chance of benefiting from positive effects decreases in the future. These behaviors are neglected because of being intangible and assuming as normal tasks. They are meaningfully connected with suicide attempts. High amount of adolescents who have attempted suicide and growing trend of that indicates the necessity of Preventive actions. Aim of this study is to analyze influence of parents' psycho-education on amount of chronic self-destructive behaviors of adolescents. In this study, effect of psycho-education of parents as an independent variable on amount of chronic self-destructive behaviors in adolescents attempting suicide will be analyzed using the intervention and control group. Sixty referring families to the medical centers having a child between 12 and 17 years old who have attempted suicide-without psychotic modes will be randomly allocated to two groups for participating in the study. Participants of intervention group will take part in the psycho education sessions and all participants will be evaluated with SDQ and CSDS questionnaires in pretest, post-test situations and also three months after the final session for following the results.

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT2014100819456N1**

Registration date: **2014-11-20, 1393/08/29**

Registration timing: **registered_while_recruiting**

Last update:

Update count: **0**

Registration date

2014-11-20, 1393/08/29

Registrant information

Name

Mahshid Rahimi

Name of organization / entity

Shiraz University of Medical Science

Country

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Recruitment status

Recruitment complete

Funding source

Shiraz University of Medical Sciences

Expected recruitment start date

2014-09-23, 1393/07/01

Expected recruitment end date

2015-01-19, 1393/10/29

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

Evaluating the effect of parent's psycho education on indirect self destructive behavior among adolescence committed in suicide

Public title

The effect of parent's psycho education on indirect self destructive behavior among adolescence

Purpose

Prevention

Inclusion/Exclusion criteria

Inclusion criteria: personal tendency for collaboration in

the study and evaluation completion up to the end of study; committing suicide in the last six months; being in the range of minimum 12 years and maximum 17 years old; having at least six successive educational levels (of literacy) for the participant at sessions. Exclusion criteria: unwillingness of person for collaboration in the study; absence during the sessions; existence of psychotic moods.

Age

From **12 years** old to **17 years** old

Gender

Both

Phase

2-3

Groups that have been masked

No information

Sample size

Target sample size: **60**

Randomization (investigator's opinion)

Randomized

Randomization description

Blinding (investigator's opinion)

Not blinded

Blinding description

Placebo

Not used

Assignment

Parallel

Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee

Shiraz University of Medical Science

Street address

Shiraz University of Medical Science, Zand st., Shiraz, Iran

City

Shiraz

Postal code

14336 - 71348

Approval date

2014-09-28, 1393/07/06

Ethics committee reference number

CT-9371-7151

Health conditions studied

1

Description of health condition studied

chronic self destructive behaviors

ICD-10 code

ICD-10 code description

Primary outcomes

1

Description

Chronic self destructive behaviors

Timepoint

Before intervention, after intervention, 3 months after intervention

Method of measurement

SDQ & CSDS questionnaire

Secondary outcomes

empty

Intervention groups

1

Description

Intervention group: Psychoeducation sessions will be held in the intervention group with the following titles: Suicide and self-destructive behaviors, patterns of communication, assertiveness, problem-solving and decision-making procedures

Category

Other

2

Description

no intervention in control group

Category

N/A

Recruitment centers

1

Recruitment center

Name of recruitment center

Hafez hospital

Full name of responsible person

Dr. Arash Mani

Street address

Hafez hospital, Chamran st., Shiraz

City

Shiraz

Sponsors / Funding sources

1

Sponsor

Name of organization / entity

Vice Chancellor for Research of Shiraz university of medical science

Full name of responsible person

Dr. Poustfroush

Street address

Shiraz university of medical science, Znad st., Shiraz

City
Shiraz

Grant name

Grant code / Reference number

Is the source of funding the same sponsor organization/entity?
Yes

Title of funding source
Vice Chancellor for Research of Shiraz university of medical science

Proportion provided by this source
100

Public or private sector
empty

Domestic or foreign origin
empty

Category of foreign source of funding
empty

Country of origin

Type of organization providing the funding
empty

Person responsible for general inquiries

Contact

Name of organization / entity
Shiraz University of Medical Sciences

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Sharing plan

Deidentified Individual Participant Data Set (IPD)
empty

Study Protocol
empty

Statistical Analysis Plan
empty

Informed Consent Form
empty

Clinical Study Report
empty

Analytic Code
empty

Data Dictionary
empty