Clinical Trial Protocol
Iranian Registry of Clinical Trials

18 Sep 2026

Comparison of telephonic and face to face follow up in prevention of suicidal reattempt in patients with suicide attempt history

Protocol summary

Summary

This study is a randomized controlled trial with parallel groups. Samples will be selected from men women admitted to the toxicological emergency of “Noor hospital” in 2013-2014 with regard to the inclusion and exclusion criteria. The inclusion criteria are age over 20years old; understand the trial programs and consent with it and at least history of two attempts of suicides. The exclusive criteria are death except suicide and have no consent after a period of time. The sample size is 50 and will be collected by random sampling and divided into two groups. follow up interviews by phone in one group and face to face in another group will be 2 and 4 weeks, 2, 3, 4, 5, 6, 8 months after last attempt.(20minutes each one). The follow ups will be done by a psychiatry resident and will be same in two groups. The follow up form will be filled by him. During each interview, we will ask about thoughts and new attempt of suicide, stress or, hopefulness and motivation, and the patients will refer to a psychiatrist, psychologist or social worker. The each session will be explain the importance of follow up and treatment and ways for delaying suicidal and negative thoughts then their questions will be answered. We will compared suicide attempt in two groups and understand which one is more effective.

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT2014110419806N1**
Registration date: **2015-03-15, 1393/12/24**
Registration timing: **retrospective**

Last update:
Update count: **0**

Registration date

2015-03-15, 1393/12/24

Registrant information

Name
Mohsen Amini
Name of organization / entity
Psychiatry department of Isfahan university of medical sciences
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Iran (Islamic Republic of)
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Recruitment status

Recruitment complete

Funding source
Isfahan University of Medical Sciences

Expected recruitment start date

2014-01-21, 1392/11/01

Expected recruitment end date

2014-05-23, 1393/03/02

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

Comparison of telephonic and face to face follow up in prevention of suicidal reattempt in patients with suicide attempt history

Public title

The effect of follow up in prevention of another suicide in people with recurrent attempt

Purpose

Prevention

Inclusion/Exclusion criteria

Inclusion criteria: male and female more than 20 years old; more than two suicide attempt in past history; ability to understand the conditions of study; signing the study informed consent; ability to have communication for fallow up; no history of cognitive disorder or dementia in cases(DSM4-TR criteria); no medical emergency state that needs emergency intervention (for example an urgent surgery). Exclusion criteria: changed address and phone number that causes no more communication; the patient will not want to continue the study death (except suicide).

Age
From **20 years** old to **139 years** old

Gender
Both

Phase
N/A

Groups that have been masked
No information

Sample size
Target sample size: **50**

Randomization (investigator's opinion)
Randomized

Randomization description

Blinding (investigator's opinion)
Not blinded

Blinding description

Placebo
Not used

Assignment
Parallel

Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee
Isfahan University of Medical Scienses

Street address
Isfahan University of Medical Scienses, Hezar jerib street

City
Isfahan

Postal code
81746-74361

Approval date
2014-06-20, 1393/03/30

Ethics committee reference number
393845

Health conditions studied

1

Description of health condition studied
Suicide attempt

ICD-10 code
Z91.5

ICD-10 code description
Personal history of self-harm

Primary outcomes

1

Description
Suicide reattempt

Timepoint
start of communication, 2 weeks; 4 weeks, 2 months, 3 months, 4 months, 5 months, 6 months and 8 months after communication

Method of measurement
Designed form for fallow up

Secondary outcomes

1

Description
Intrest and motivation

Timepoint
start of communication, 2 weeks; 4 weeks, 2 months, 3 months, 4 months, 5 months, 6 months and 8 months after communication

Method of measurement
Follow up form

2

Description
Hope

Timepoint
start of communication, 2 weeks; 4 weeks, 2 months, 3 months, 4 months, 5 months, 6 months and 8 months after communication

Method of measurement
Follow up form

3

Description
Suicidal thought

Timepoint
start of communication, 2 weeks; 4 weeks, 2 months, 3 months, 4 months, 5 months, 6 months and 8 months after communication

Method of measurement
Follow up form

Intervention groups

1

Description
In face to face follow up, we will evaluate mental status and problems of patient in a brief interview (about 20 minutes) and compare it with last session. Then we will

explain them medications or psychological treatments due to interview and their problems. We will speak about psychological treatments, CBT, problem solving, copying mechanisms due to their problems, them will answer their questions about that and he or she will refer to a psychologist, psychiatrist or social worker. We will follow up the result in next session. (In face to face follow up we will evaluate the mental status and problems of the patient, risks for patient's health, proposed therapeutic strategies and lead them to an appropriate treatment).

Category

Prevention

2

Description

In telephonic follow up, we will evaluate mental status and problems of patient in a brief interview (about 20 minutes) and compare it with last session. Then we will explain them medications or psychological treatments due to interview and their problems. We will speak about psychological treatments, CBT, problem solving, copying mechanisms due to their problems, them will answer their questions about that and he or she will refer to a psychologist, psychiatrist or social worker. We will follow up the result in next session. (In telephonic follow up we will evaluate the mental status and problems of the patient, risks for patient's health, proposed therapeutic strategies and lead them to an appropriate treatment).

Category

Prevention

Recruitment centers

1

Recruitment center

Name of recruitment center

Noor hospital

Full name of responsible person

Dr Mohsen Amini - psychiatry resident

Street address

Noor hospital, Ostndari street

City

Isfahan

Sponsors / Funding sources

1

Sponsor

Name of organization / entity

Isfahan University of Medical Scienses

Full name of responsible person

Mrs.Toghiani

Street address

Isfahan University of Medical Scienses, Hezarjerib street

City

Isfahan

Grant name

393845

Grant code / Reference number

Is the source of funding the same sponsor organization/entity?

Yes

Title of funding source

Isfahan University of Medical Scienses

Proportion provided by this source

100

Public or private sector

empty

Domestic or foreign origin

empty

Category of foreign source of funding

empty

Country of origin

Type of organization providing the funding

empty

Person responsible for general inquiries

Contact

Name of organization / entity

Psychiatry department of Isfahan University of Medical Scienses

Full name of responsible person

Dr. Mohsen Amini

Position

Psychiatry resident (medical doctor)

Other areas of specialty/work

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Web page address

Person responsible for scientific inquiries

Contact

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Psychiatry department of Isfahan University of Medical Scienses

Full name of responsible person

Dr Ghafoor Moosavi

Position

Psychiatrist(professor)

Other areas of specialty/work

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Person responsible for updating data

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Other areas of specialty/work
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Sharing plan

Deidentified Individual Participant Data Set (IPD)
empty
Study Protocol
empty
Statistical Analysis Plan
empty
Informed Consent Form
empty
Clinical Study Report
empty
Analytic Code
empty
Data Dictionary
empty