

Clinical Trial Protocol

Iranian Registry of Clinical Trials

18 Sep 2026

The effect of group spiritual care on caregiving burden and quality of life in family caregivers of elders with Alzheimer's disease

Protocol summary

Summary

Objective: To determine the effect of group spiritual care on caregiving burden and quality of life in family caregivers of elders with Alzheimer's disease. Inclusion criteria include: moslem, minimum one year experience of care, personal statement on the role of primary caregiver for the elderly, without diagnose mental disorder. Study population include family caregivers of elders with Alzheimer's disease of Iran Alzheimer Association in 2014. Participants will 100 family caregivers who select from study population based on inclusion criteria and randomly allocate in three control and intervention groups. Interventions consist of five sessions of Spiritual training based on Richards and Bergin's technique in five days. Each session continue for 45 to 60 minutes. Caregiving burden and quality of life measure before, after intervention. Rate of caregiving burden and quality of life compare before and after intervention in intervention and control groups.

Country

Iran (Islamic Republic of)

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Recruitment status

Recruitment complete

Funding source

University of Social Welfare and Rehabilitation Sciences

Expected recruitment start date

2014-12-06, 1393/09/15

Expected recruitment end date

2014-12-21, 1393/09/30

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT2014111119898N1**

Registration date: **2014-12-26, 1393/10/05**

Registration timing: **retrospective**

Last update:

Update count: **0**

Registration date

2014-12-26, 1393/10/05

Registrant information

Name

Behrooz Mahdavi

Name of organization / entity

University of Social Welfare and Rehabilitation

Scientific title

The effect of group spiritual care on caregiving burden and quality of life in family caregivers of elders with Alzheimer's disease

Public title

The effect of spiritual care on caregiver burden and quality if life

Purpose

Supportive

Inclusion/Exclusion criteria

Inclusion criteria: Acceptance to be as a research participants; literacy to read and write in Persian; ability to talking with Persian language; moslem; minimum one year experience of care; personal statement on the role of primary caregiver for the elderly; Exclusion criteria: Absence of more than two sessions; if you are under the care of elderly people die during the study; caregivers who has medical background of depression or

schizophrenia; caregivers who doesn't complete their questionnaires

Age

No age limit

Gender

Both

Phase

N/A

Groups that have been masked

No information

Sample size

Target sample size: **100**

Randomization (investigator's opinion)

Randomized

Randomization description

Blinding (investigator's opinion)

Not blinded

Blinding description

Placebo

Not used

Assignment

Parallel

Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee

University of Social Welfare and Rehabilitation Sciences

Street address

Koodakyar Ave, Daneshjoo Blv, Evin, Tehran

City

tehran

Postal code

Approval date

2014-06-10, 1393/03/20

Ethics committee reference number

USWR.REC.1393165

Health conditions studied

1

Description of health condition studied

Alzheimer

ICD-10 code

G30.9

ICD-10 code description

Alzheimer disease, unspecified

Primary outcomes

1

Description

Caregiver Burden

Timepoint

Before intervention and five sessions after interventions

Method of measurement

Robinson Caregiver Strain Index

2

Description

Quality Of Life

Timepoint

Before intervention and five sessions after interventions

Method of measurement

Caregiver's QOL Scale

Secondary outcomes

1

Description

Age, Gender, Education, Economic situation

Timepoint

Before intervention

Method of measurement

Demographic Questionnaire

Intervention groups

1

Description

Intervention group: The intervention will include of five sessions of spiritual-religious group therapy with emphasis on the Richards and Bergin's spiritual therapy technique and based on Islamic Zikrs (holy Quran and Hadith with positive approach). Each session including 5-7 people and last from 45 min to one hour in average of five days.

Category

Behavior

2

Description

Control 1 group: This group without special intervention will participate in team meetings for 5 weeks, 45-60 minutes per session. Just to talk about everyday issues.

Category

N/A

3

Description

Control 2 group: Without intervention

Category

N/A

Recruitment centers

1

Recruitment center

Name of recruitment center

Alzheimer's Association of Iran

Full name of responsible person

Street address

City

Tehran

Sponsors / Funding sources

1

Sponsor

Name of organization / entity

University of Social Welfare and Rehabilitation Sciences

Full name of responsible person

Dr.Roshanak Vameghi

Street address

Koodakyar Ave, Daneshjoo Blv, Evin, Tehran

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tehran

Grant name

Grant code / Reference number

Is the source of funding the same sponsor organization/entity?

Yes

Title of funding source

University of Social Welfare and Rehabilitation Sciences

Proportion provided by this source

100

Public or private sector

empty

Domestic or foreign origin

empty

Category of foreign source of funding

empty

Country of origin

Type of organization providing the funding

empty

Person responsible for general inquiries

Contact

Name of organization / entity

University of Social Welfare and Rehabilitation Sciences

Full name of responsible person

Behrooz Mahdavi

Position

MSc student

Other areas of specialty/work

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Person responsible for updating data

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Web page address

Sharing plan

Deidentified Individual Participant Data Set (IPD)

empty

Study Protocol

empty

Statistical Analysis Plan

empty

Informed Consent Form

empty
Clinical Study Report
empty
Analytic Code

empty
Data Dictionary
empty