

# Clinical Trial Protocol

## Iranian Registry of Clinical Trials

24 Jun 2026

### Efficacy of combination therapy with oral fluconazole and topical cryotherapy on cutaneous leishmaniasis lesions in comparison to topical cryotherapy alone

#### Protocol summary

##### Summary

In the present study combination treatment with oral fluconazole and cryotherapy is compared to cryotherapy alone to evaluate for any increased efficacy. New cases of smear positive cutaneous leishmaniasis with negative past history of leishmaniasis sequentially enroll in the groups of the study at the time of presentation for treatment while those with pregnancy or lactation, location on the face and ear or more than 10 lesions are excluded. The study is designed as a randomized double blind clinical trial with required number of 30 participant in each group of cases and controls. To blind for the patient and assessors the drug and placebo were packed identically in the pharmacy as 50 mg capsules so that the only difference is the assigned letter A or B. Statistical analyst is also blinded. Allocation to groups achieved according to randomized block design (AB and BA). Duration of drug treatment is 6 weeks but cryotherapy continues till complete re-epithelialization. Each enrolling patient (case or control) is examined and required parameters of the lesions including the diameter, degree of induration and area of ulcer are registered at the beginning of the treatment and weekly. Evaluation for primary outcome (final recovery) is done at the end of 6th week when another smear of leishmania is done and 4 weeks later. Definition for outcome is as follows: Complete recovery equals to absence of induration and complete re-epithelialization during the treatment period and the following 4 weeks; No recovery is defined as positive smear or less than 50% reduction in induration and partial recovery means negative smear and more than 50% reduction in induration.

#### General information

##### Acronym

##### IRCT registration information

IRCT registration number: **IRCT2014112320052N1**

Registration date: **2015-10-27, 1394/08/05**

Registration timing: **registered\_while\_recruiting**

Last update:

Update count: **0**

##### Registration date

2015-10-27, 1394/08/05

##### Registrant information

###### Name

Ahmad Reza Parhizkar

###### Name of organization / entity

###### Country

Iran (Islamic Republic of)

###### Phone

+98 71 5331 6300

###### Email address

parhizkara@sums.ac.ir

##### Recruitment status

###### Recruitment complete

##### Funding source

Vice-Chancellery of Research of Fasa University of Medical Sciences

##### Expected recruitment start date

2014-11-22, 1393/09/01

##### Expected recruitment end date

2016-01-20, 1394/10/30

##### Actual recruitment start date

empty

##### Actual recruitment end date

empty

##### Trial completion date

empty

##### Scientific title

Efficacy of combination therapy with oral fluconazole and topical cryotherapy on cutaneous leishmaniasis lesions in comparison to topical cryotherapy alone

IR.FUMS.REC.13.94

## Public title

The effect of combination therapy with oral fluconazole and topical cryotherapy on cutaneous leishmaniasis

## Purpose

Treatment

## Inclusion/Exclusion criteria

Inclusion criteria: New case of smear positive cutaneous leishmaniasis; Negative past history of leishmaniasis; Weight above 10 kilogram; No treatment for leishmaniasis during the previous 3 months; Disease duration of less than 3 months. Exclusion criteria: Pregnancy and lactation; Skin lesions located on face and ear; More than 10 skin lesions; Present or past history of renal or cardiac diseases; Lupoid or sporotrichoid leishmaniasis; Clients with Immunodeficiency, HIV or Diabetes

## Age

From **5 years** old to **100 years** old

## Gender

Both

## Phase

N/A

## Groups that have been masked

*No information*

## Sample size

Target sample size: **60**

## Randomization (investigator's opinion)

Randomized

## Randomization description

## Blinding (investigator's opinion)

Double blinded

## Blinding description

## Placebo

Used

## Assignment

Parallel

## Other design features

## Secondary Ids

empty

## Ethics committees

### 1

#### Ethics committee

##### Name of ethics committee

Ethics committee of Fasa University of Medical Sciences

##### Street address

Fasa University of Medical Sciences, Ebn-Sina Square

##### City

Fasa

##### Postal code

#### Approval date

2015-05-05, 1394/02/15

#### Ethics committee reference number

## Health conditions studied

### 1

#### Description of health condition studied

Cutaneous Leishmaniasis

#### ICD-10 code

B55.1

#### ICD-10 code description

Cutaneous leishmaniasis

## Primary outcomes

### 1

#### Description

Recovery rate

#### Timepoint

6 weeks (at the end of drug therapy) and 10 weeks after the start of trial

#### Method of measurement

Degree of induration, Smear positivity, Ulcer area

## Secondary outcomes

### 1

#### Description

Leishmania Smear

#### Timepoint

at the beginning and the end of 6th week of treatment

#### Method of measurement

Laboratory report

### 2

#### Description

Induration Severity

#### Timepoint

Weekly till 6th week and 4 weeks later

#### Method of measurement

palpation and measuring diameter and height of induration

### 3

#### Description

Area of ulceration

#### Timepoint

Weekly till 6th week and 4 weeks later

#### Method of measurement

observation measuring in centimetr square

### 4

#### Description

Lesion diameter

#### Timepoint

Weekly till 6th week and 4 weeks later

#### Method of measurement

observation measured in centimeter by ruler

## 5

### **Description**

Type of cutaneous Leishmania

### **Timepoint**

at the beginning of the trial

### **Method of measurement**

observation

## 6

### **Description**

Number of skin lesions

### **Timepoint**

at the start of the trial

### **Method of measurement**

observation

## 7

### **Description**

Time elapsed to present since the beginning of the lesion

### **Timepoint**

at the start of the trial

### **Method of measurement**

Asking the participant

## 8

### **Description**

Adverse events

### **Timepoint**

Weekly till 6th week and 4 weeks later

### **Method of measurement**

Asking the participant and examination

## **Intervention groups**

### 1

#### **Description**

Intervention: Fluconazole 1 cap 50 mg for each 8kg body weight daily (maximum 400mg) for 6 weeks + Cryotherapy weekly till complete recovery

#### **Category**

Treatment - Drugs

### 2

#### **Description**

Control: placebo 1 cap 50 mg for each 8kg body weight daily (maximum 400mg) for 6 weeks + Cryotherapy weekly till complete recovery

#### **Category**

Placebo

## **Recruitment centers**

### 1

#### **Recruitment center**

##### **Name of recruitment center**

Fatemieh OPD Clinic

##### **Full name of responsible person**

Dr Ahmad Reza Parhizkar

##### **Street address**

Parastar Boulevard

##### **City**

Fasa

## **Sponsors / Funding sources**

### 1

#### **Sponsor**

##### **Name of organization / entity**

Vice Chancellor for research of Fasa University of Medical Sciences

##### **Full name of responsible person**

Dr Ehsan BahramAli

##### **Street address**

Fasa University of Medical Sciences, Ebn-Sina Square

##### **City**

Fasa

#### **Grant name**

#### **Grant code / Reference number**

93143

#### **Is the source of funding the same sponsor organization/entity?**

Yes

#### **Title of funding source**

Vice Chancellor for research of Fasa University of Medical Sciences

#### **Proportion provided by this source**

100

#### **Public or private sector**

*empty*

#### **Domestic or foreign origin**

*empty*

#### **Category of foreign source of funding**

*empty*

#### **Country of origin**

#### **Type of organization providing the funding**

*empty*

## **Person responsible for general inquiries**

#### **Contact**

##### **Name of organization / entity**

Fasa Univaersity of Medical Sciences

##### **Full name of responsible person**

Dr Ahmad Reza Parhizkar

##### **Position**

Clinical Dermatologist

##### **Other areas of specialty/work**

##### **Street address**

Vali-Asr Hospital, Ebn-Sina Square

##### **City**

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##### **Postal code**

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**Web page address**

## Person responsible for scientific inquiries

**Contact****Name of organization / entity**

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**Full name of responsible person**

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**Position**

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## Sharing plan

**Deidentified Individual Participant Data Set (IPD)**

*empty*

**Study Protocol**

*empty*

**Statistical Analysis Plan**

*empty*

**Informed Consent Form**

*empty*

**Clinical Study Report**

*empty*

**Analytic Code**

*empty*

**Data Dictionary**

*empty*