Clinical Trial Protocol
Iranian Registry of Clinical Trials

17 Sep 2026

Study of Family-based Intervention with a CBT Approach Effectiveness on Experienced Elderly Abuse Reduction

Protocol summary

Summary

This investigation was conducted to study the effectiveness of Family Based Cognitive Behavioral Social Work (FBCBSW) intervention on experienced elder abuse. Thirty elderly abused persons in Karaj, Iran who lived with family, randomly allocated into “case” (n=15) and “control” (n=15) groups in a randomized-clinical-controlled-trial. Case group received a 5-session FBCBSW intervention while control group received no intervention. Domestic Elder Abuse Assessment (DEAA) questionnaire used to evaluate elder abuse at baseline and 30 days after intervention and participants' scores in DEAA will consider as the main outcome. T-test will be used to compare experienced elder abuse in case and control groups.

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT2014120420206N1**
Registration date: **2015-05-07, 1394/02/17**
Registration timing: **retrospective**

Last update:
Update count: **0**

Registration date

2015-05-07, 1394/02/17

Registrant information

Name

Zahra Khanlari

Name of organization / entity

University of Social Welfare and Rehabilitation sciences

Country

Iran (Islamic Republic of)

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+98 26 3281 7821

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Recruitment status

Recruitment complete

Funding source

financing have been paid in two ways:1. by the researche.r2.by the Aging Research Center, Tehran University of Social Welfare and Rehabilitation sciences.

Expected recruitment start date

2014-08-23, 1393/06/01

Expected recruitment end date

2015-02-04, 1393/11/15

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

Study of Family-based Intervention with a CBT Approach Effectiveness on Experienced Elderly Abuse Reduction

Public title

Social work intervention for reducing elder abuse

Purpose

Prevention

Inclusion/Exclusion criteria

Inclusion criteria: age 60 years old and over; having abuse experience by family based on "Domestic Elder Abuse Assessment" questionnaire; no history of diagnosed mental illness; the elderly and their families had satisfaction to participate in the study.

Age

From **60 years** old to **90 years** old

Gender

Both

Phase

N/A

Groups that have been masked

No information

Sample size

Target sample size: **27**

Randomization (investigator's opinion)

Randomized

Randomization description

Blinding (investigator's opinion)

Not blinded

Blinding description

Placebo

Not used

Assignment

Parallel

Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee

University of Social Welfare and Rehabilitation sciences

Street address

street Koodakyar, Blvd student, Evin, Tehran, Iran

City

Tehran

Postal code

1985713834

Approval date

2014-10-19, 1393/07/27

Ethics committee reference number

2/13238/93/801/Ĩ

Health conditions studied

1

Description of health condition studied

elder abuse

ICD-10 code

ICD-10 code description

Primary outcomes

1

Description

Elder Abuse in the Family

Timepoint

Immediately after the intervention and 30 days after intervention

Method of measurement

"Domestic Elder Abuse Assessment" (DEAA) questionnaire

Secondary outcomes

1

Description

Neglect care

Timepoint

Immediately after the intervention and 30 days after intervention

Method of measurement

"Domestic Elder Abuse Assessment" questionnaire

2

Description

Financial abuse

Timepoint

Immediately after the intervention and 30 days after intervention

Method of measurement

"Domestic Elder Abuse Assessment" questionnaire

3

Description

Financial neglect

Timepoint

Immediately after the intervention and 30 days after intervention

Method of measurement

"Domestic Elder Abuse Assessment" questionnaire

4

Description

Emotional neglect

Timepoint

Immediately after the intervention and 30 days after intervention

Method of measurement

"Domestic Elder Abuse Assessment" questionnaire

5

Description

Psychological abuse

Timepoint

Immediately after the intervention and 30 days after intervention

Method of measurement

"Domestic Elder Abuse Assessment" questionnaire

6

Description

Physical abuse

Timepoint

Immediately after the intervention and 30 days after intervention

Method of measurement

"Domestic Elder Abuse Assessment" questionnaire

7

Description
Rejection
Timepoint
Immediately after the intervention and 30 days after intervention
Method of measurement
"Domestic Elder Abuse Assessment" questionnaire

8

Description
Depriving
Timepoint
Immediately after the intervention and 30 days after intervention
Method of measurement
"Domestic Elder Abuse Assessment" questionnaire

Intervention groups

1

Description
Family-based Intervention social work with a CBT Approach in family in 5 5 sessions 2 hours Each sessions will be held in a week.This is brief intervention.content intervention included :Raise awareness family members of elderly abuse and starter and ways to avoid them,Raise awareness family members of neglect and of alternative behaviors, Raise awareness family members about principles and how to care for elderly , raise awareness family members about the causes conflict and training some of techniques of conflict resolution. Training methods retrieved from cognitive behavioral approach techniques and included: Ice-breaking techniques for dating and forming professional relationships, brainstorming, cognitive restructuring, role playing, group discussion and presentation homework.
Category
Behavior

2

Description
The control group do not received intervention
Category
N/A

Recruitment centers

1

Recruitment center
Name of recruitment center
Social Security retirement center workers and pensioners
Full name of responsible person
Mr. Sokhanvar
Street address
No. 20, alleys martyr Aslani, between the Myanjadhand 45 Golshahr, Street doctor Shariaty, Karaj
City
Karaj

Sponsors / Funding sources

1

Sponsor
Name of organization / entity
Aging Research Center, Tehran University of Social Welfare and Rehabilitation sciences.
Full name of responsible person
Ms.Dr.Maliheh Saboor
Street address
street Koodakyar, Blvd student, Evin, Tehran, Iran
City
Tehran
Grant name
Grant code / Reference number
Is the source of funding the same sponsor organization/entity?
Yes
Title of funding source
Aging Research Center, Tehran University of Social Welfare and Rehabilitation sciences.
Proportion provided by this source
100
Public or private sector
empty
Domestic or foreign origin
empty
Category of foreign source of funding
empty
Country of origin
Type of organization providing the funding
empty

Person responsible for general inquiries

Contact
Name of organization / entity
University of Social Welfare and Rehabilitation sciences
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Position
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Person responsible for scientific inquiries

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Sharing plan

Deidentified Individual Participant Data Set (IPD)
empty

Study Protocol
empty

Statistical Analysis Plan
empty

Informed Consent Form
empty

Clinical Study Report
empty

Analytic Code
empty

Data Dictionary
empty