

Clinical Trial Protocol

Iranian Registry of Clinical Trials

08 Jul 2026

Study of Family-based Intervention with a CBT Approach Effectiveness on Experienced Elderly Abuse Reduction

Protocol summary

Summary

This investigation was conducted to study the effectiveness of Family Based Cognitive Behavioral Social Work (FBCBSW) intervention on experienced elder abuse. Thirty elderly abused persons in Karaj, Iran who lived with family, randomly allocated into "case" (n=15) and "control" (n=15) groups in a randomized-clinical-controlled-trial. Case group received a 5-session FBCBSW intervention while control group received no intervention. Domestic Elder Abuse Assessment (DEAA) questionnaire used to evaluate elder abuse at baseline and 30 days after intervention and participants' scores in DEAA will consider as the main outcome. T-test will be used to compare experienced elder abuse in case and control groups.

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT2014120420206N1**

Registration date: **2015-05-07, 1394/02/17**

Registration timing: **retrospective**

Last update:

Update count: **0**

Registration date

2015-05-07, 1394/02/17

Registrant information

Name

Zahra Khanlari

Name of organization / entity

University of Social Welfare and Rehabilitation sciences

Country

Iran (Islamic Republic of)

Phone

+98 26 3281 7821

Email address

za.khanlari@uswr.ac.ir

Recruitment status

Recruitment complete

Funding source

financing have been paid in two ways:1. by the researcher.2.by the Aging Research Center, Tehran University of Social Welfare and Rehabilitation sciences.

Expected recruitment start date

2014-08-23, 1393/06/01

Expected recruitment end date

2015-02-04, 1393/11/15

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

Study of Family-based Intervention with a CBT Approach Effectiveness on Experienced Elderly Abuse Reduction

Public title

Social work intervention for reducing elder abuse

Purpose

Prevention

Inclusion/Exclusion criteria

Inclusion criteria: age 60 years old and over; having abuse experience by family based on "Domestic Elder Abuse Assessment" questionnaire; no history of diagnosed mental illness; the elderly and their families had satisfaction to participate in the study.

Age

From **60 years** old to **90 years** old

Gender

Both

Phase

N/A

Groups that have been masked

No information

Sample size

Target sample size: 27

Randomization (investigator's opinion)

Randomized

Randomization description

Blinding (investigator's opinion)

Not blinded

Blinding description

Placebo

Not used

Assignment

Parallel

Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee

University of Social Welfare and Rehabilitation sciences

Street address

street Koodakyar, Blvd student, Evin, Tehran, Iran

City

Tehran

Postal code

1985713834

Approval date

2014-10-19, 1393/07/27

Ethics committee reference number

2/13238/93/801Ī

Health conditions studied

1

Description of health condition studied

elder abuse

ICD-10 code

ICD-10 code description

Primary outcomes

1

Description

Elder Abuse in the Family

Timepoint

Immediately after the intervention and 30 days after intervention

Method of measurement

"Domestic Elder Abuse Assessment" (DEAA) questionnaire

Secondary outcomes

1

Description

Neglect care

Timepoint

Immediately after the intervention and 30 days after intervention

Method of measurement

"Domestic Elder Abuse Assessment" questionnaire

2

Description

Financial abuse

Timepoint

Immediately after the intervention and 30 days after intervention

Method of measurement

"Domestic Elder Abuse Assessment" questionnaire

3

Description

Financial neglect

Timepoint

Immediately after the intervention and 30 days after intervention

Method of measurement

"Domestic Elder Abuse Assessment" questionnaire

4

Description

Emotional neglect

Timepoint

Immediately after the intervention and 30 days after intervention

Method of measurement

"Domestic Elder Abuse Assessment" questionnaire

5

Description

Psychological abuse

Timepoint

Immediately after the intervention and 30 days after intervention

Method of measurement

"Domestic Elder Abuse Assessment" questionnaire

6

Description

Physical abuse

Timepoint

Immediately after the intervention and 30 days after intervention

Method of measurement

"Domestic Elder Abuse Assessment" questionnaire

7

Description

Rejection

Timepoint

Immediately after the intervention and 30 days after intervention

Method of measurement

"Domestic Elder Abuse Assessment" questionnaire

8

Description

Depriving

Timepoint

Immediately after the intervention and 30 days after intervention

Method of measurement

"Domestic Elder Abuse Assessment" questionnaire

Intervention groups

1

Description

Family-based Intervention social work with a CBT Approach in family in 5 5 sessions 2 hours Each sessions will be held in a week.This is brief intervention.content intervention included :Raise awareness family members of elderly abuse and starter and ways to avoid them,Raise awareness family members of neglect and of alternative behaviors, Raise awareness family members about principles and how to care for elderly , raise awareness family members about the causes conflict and training some of techniques of conflict resolution. Training methods retrieved from cognitive behavioral approach techniques and included: Ice-breaking techniques for dating and forming professional relationships, brainstorming, cognitive restructuring, role playing, group discussion and presentation homework.

Category

Behavior

2

Description

The control group do not received intervention

Category

N/A

Recruitment centers

1

Recruitment center

Name of recruitment center

Social Security retirement center workers and pensioners

Full name of responsible person

Mr. Sokhanvar

Street address

No. 20, alleys martyr Aslani, between the Myanjadhand 45 Golshahr, Street doctor Shariaty,

Karaj

City

Karaj

Sponsors / Funding sources

1

Sponsor

Name of organization / entity

Aging Research Center, Tehran University of Social Welfare and Rehabilitation sciences.

Full name of responsible person

Ms.Dr.Maliheh Saboor

Street address

street Koodakyar, Blvd student, Evin, Tehran, Iran

City

Tehran

Grant name

Grant code / Reference number

Is the source of funding the same sponsor organization/entity?

Yes

Title of funding source

Aging Research Center, Tehran University of Social Welfare and Rehabilitation sciences.

Proportion provided by this source

100

Public or private sector

empty

Domestic or foreign origin

empty

Category of foreign source of funding

empty

Country of origin

Type of organization providing the funding

empty

Person responsible for general inquiries

Contact

Name of organization / entity

University of Social Welfare and Rehabilitation sciences

Full name of responsible person

Zahra Khanlari

Position

Master Student

Other areas of specialty/work

Street address

street Koodakyar, Blvd student, Evin, Tehran, Iran

City

Tehran

Postal code

Phone

+98 212218008392

Fax

Email

za.khanlari@uswr.ac.ir khanlaryzahra@gmail.com

Web page address

Person responsible for scientific inquiries

Contact

Name of organization / entity

University of Social Welfare and Rehabilitation sciences

Full name of responsible person

Masomeh Maarwvand

Position

Ph.D.

Other areas of specialty/work**Street address**

street Koodakyar, Blvd student, Evin, Tehran, Iran

City

Tehran

Postal code**Phone**

+98 212218008392

Fax**Email**

ma.maarefvand@uswr.ac.ir

Web page address

Person responsible for updating data

Contact

Name of organization / entity

University of Social Welfare and Rehabilitation sciences

Full name of responsible person

Zahra Khanlari

Position

Master Student

Other areas of specialty/work**Street address**

street Koodakyar, Blvd student, Evin, Tehran, Iran

City

Tehran

Postal code**Phone**

+98 21 2218 0064

Fax**Email**

za.khanlari@uswr.ac.ir

Web page address

Sharing plan

Deidentified Individual Participant Data Set (IPD)

empty

Study Protocol

empty

Statistical Analysis Plan

empty

Informed Consent Form

empty

Clinical Study Report

empty

Analytic Code

empty

Data Dictionary

empty