

# Clinical Trial Protocol

## Iranian Registry of Clinical Trials

26 Feb 2026

### The effect of oral Afrodit drop on sexual function and Menopause Rating Scale in menopausal women referred to selected health centers related to Tehran University of Medical Sciences

#### Protocol summary

##### Summary

The objective of the study is to assess the effect of Afrodit oral Capsule on sexual function and Menopause Rating Scale in menopausal women referred to selected health centers affiliated to Tehran University of Medical Sciences. Major inclusion criteria includes: Not having physical and psychological diseases in women and their husbands, having at least one sexual contact during the intervention for 4 weeks and Exclusion criteria includes: Not having sex during the study, Taking any additional medication during the study, Not taking the drug under investigation for more than 4 days during the study. More than 250 volunteered menopausal women will be interviewed using sabastburg sexual function Questionnaire and Menopause Rating Scale. About 70 of those who have sexual dysfunction will be invited to participate in the study and fill in a written consent form. Subjects will be randomly divided into two 35 intervention and control groups. The intervention group will receive Afrodit Capsule, three times a day for 4 weeks and the control group will receive placebo, at the same dose. Sabasburg sexual function Index questionnaire score and will be measured and Menopause Rating Scale compared in the two groups before and 4 weeks after the intervention.

#### General information

##### Acronym

##### IRCT registration information

IRCT registration number: **IRCT201107122172N11**  
Registration date: **2012-03-17, 1390/12/27**  
Registration timing: **na**

Last update:

Update count: **0**

##### Registration date

2012-03-17, 1390/12/27

##### Registrant information

###### Name

Simin Taavoni

###### Name of organization / entity

Iran University of Medical Sciences

###### Country

Iran (Islamic Republic of)

###### Phone

+98 21 8820 8161

###### Email address

staavoni@iums.ac.ir

##### Recruitment status

**Not enough for processing**

##### Funding source

Research Institute for Islamic & Complementary Medicine

##### Expected recruitment start date

2012-12-21, 1391/10/01

##### Expected recruitment end date

2012-06-01, 1391/03/12

##### Actual recruitment start date

empty

##### Actual recruitment end date

empty

##### Trial completion date

empty

##### Scientific title

The effect of oral Afrodit drop on sexual function and Menopause Rating Scale in menopausal women referred to selected health centers related to Tehran University of Medical Sciences

##### Public title

The effect of oral Afrodit Capsule on sexual function and Menopause Rating Scale in menopausal women referred to selected health centers related to Tehran University of

Medical Sciences

## Purpose

Supportive

## Inclusion/Exclusion criteria

Inclusion criteria: At least 1 year past the menopause; have sex at least once during the 4 weeks; Not having known physical or mental illness; having physical and mental health in husband; Having a stable partner before and during intervention; No additional drugs during the study (including hormone therapy or any drugs that affect sexual function) Exclusion criteria: Not having sex during study; not use the Capsules to 4 days during the intervention Exclusion criteria: Not having sex during study; not use the drops to 4 days during the intervention

## Age

From **50 years** old to **60 years** old

## Gender

Female

## Phase

1-2

## Groups that have been masked

*No information*

## Sample size

Target sample size: **70**

## Randomization (investigator's opinion)

Randomized

## Randomization description

## Blinding (investigator's opinion)

Triple blinded

## Blinding description

## Placebo

Used

## Assignment

Parallel

## Other design features

## Secondary Ids

empty

## Ethics committees

### 1

#### Ethics committee

##### Name of ethics committee

Research Institute for Islamic & Complementary  
Medicine

##### Street address

No.9, Pirniya1, Ave-Northern Lalehzar, street  
Jomhoory eslami, Tehran

##### City

Tehran

##### Postal code

#### Approval date

2011-09-17, 1390/06/26

#### Ethics committee reference number

14537

## Health conditions studied

### 1

#### Description of health condition studied

sexual disfunctions , menopause symptoms, Symptoms of Menopause

#### ICD-10 code

F52.8, F52

#### ICD-10 code description

Other sexual dysfunction, not caused by organic disorder or disease,

## Primary outcomes

### 1

#### Description

sexual function score

#### Timepoint

before intervention and one month after intervention

#### Method of measurement

sanastburg sexual function questionnaire

### 2

#### Description

Added at 2013-04-27:Symptoms of Menopause Score

#### Timepoint

Added at 2013-04-27: before intervention and one month after intervention

#### Method of measurement

Added at 2013-04-27: .Primary outcome method of measurement:Menopause Rating Scale(MRS

### 3

#### Description

Added at 2013-04-27:

#### Timepoint

Added at 2013-04-27:

#### Method of measurement

Added at 2013-04-27:

## Secondary outcomes

empty

## Intervention groups

### 1

#### Description

In intervention group 60 oral Afrodite Capsule tree daily for 4 weeks

#### Category

Treatment - Drugs

### 2

#### Description

In control group 60 placebo capsule tree daily for 4

weeks  
**Category**  
Placebo

## Recruitment centers

1

### Recruitment center

**Name of recruitment center**

Emam khomeyni health center

**Full name of responsible person**

Eshtehardi, Shiva

**Street address**

Saat Square, Old Karaj Road, Ghods City

**City**

Ghods

2

### Recruitment center

**Name of recruitment center**

Emam Hoseyn health center

**Full name of responsible person**

Eskandari, Zahrah

**Street address**

Shahid Alami street, Azadi Square, Old Karaj Road,  
Ghods City

**City**

Ghods

## Sponsors / Funding sources

1

### Sponsor

**Name of organization / entity**

Research Institute for Islamic & Complementary  
Medicine

**Full name of responsible person**

Dr. Ashrafedin Gooshegir

**Street address**

No.9, Pirniya1, Ave-Northern Lalehzar, street  
Jomhoory eslami,Tehran

**City**

Tehran

**Grant name**

**Grant code / Reference number**

**Is the source of funding the same sponsor  
organization/entity?**

Yes

**Title of funding source**

Research Institute for Islamic & Complementary Medicine

**Proportion provided by this source**

100

**Public or private sector**

*empty*

**Domestic or foreign origin**

*empty*

**Category of foreign source of funding**

*empty*

**Country of origin**

**Type of organization providing the funding**

*empty*

## Person responsible for general inquiries

### Contact

**Name of organization / entity**

Nursing and Midwifery Faculty, tehran University of  
Medical Sciences

**Full name of responsible person**

simin Taavoni

**Position**

M.Sc in Medical Education, M.Sc in Midwifery  
Education, Academic Faculty Member & Resaercher

**Other areas of specialty/work**

**Street address**

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## Person responsible for scientific inquiries

### Contact

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## Person responsible for updating data

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## Sharing plan

**Deidentified Individual Participant Data Set (IPD)**

*empty*

**Study Protocol**

*empty*

**Statistical Analysis Plan**

*empty*

**Informed Consent Form**

*empty*

**Clinical Study Report**

*empty*

**Analytic Code**

*empty*

**Data Dictionary**

*empty*