Clinical Trial Protocol
Iranian Registry of Clinical Trials

08 Nov 2026

Study of effect cognitive rehabilitation memory on Instrumental activities of daily living skills in elderly with Mild cognitive impairment refer to Imam Reza clinic.shiraz.1393

Protocol summary

Summary

(1)Objective: study of effect cognitive rehabilitation memory on Instrumental activities of daily living skills in elderly with Mild cognitive impairment refer to Imam Reza clinic. Shiraz.1393.(2) Design: Randomizing،2_3 trail phase، not blinded، without placebo.(3)Setting and control: After selecting their patients they were divided into intervention and control group randomly. the intervention group were instructed and fill out questionnaires. The control group filling out questionnaires but they not be manipulated. All patients completed the questionnaires after 6 months.(4) Sample volume: 72 (5) Participants including major eligibility criteria: Inclusion criteria:Diagnosis of Mild cognitive impairment according to neurologist and elderly psychiatrist; not be diagnosed Major depression disorder; no other cognitive problems; the range of age 55_75years old; Ability for reading and writing 5 class at least; no disables physical illness. Exclusion criteria: Non inclination of patients for partnership in study; non participate in therapy session. (6)Intervention: Six 45minute weekly sessions will be held. In the sessions teaches about memory and internal/ external tecnics of memory. At the end of each session brochurs are given to individuals. The brochures are consist of subjects of session and homework. (7):Main outcome: Improvement of Instrumental activities of daily living skills in elderly with mild cognitive impairment.(8)Intervention time: 2014.10.23_2015.02.19

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT2014122820461N1**
Registration date: **2015-01-19, 1393/10/29**
Registration timing: **registered_while_recruiting**
Last update:
Update count: **0**

Registration date

2015-01-19, 1393/10/29

Registrant information

Name
Fatemeh Rafeie
Name of organization / entity
Shiraz university of medical science
Country
Iran (Islamic Republic of)
Phone
+98 713235255966
Email address
rafieie@sums.ac.ir

Recruitment status

Recruitment complete

Funding source

Shiraz medical science university

Expected recruitment start date

2014-10-23, 1393/08/01

Expected recruitment end date

2015-02-19, 1393/11/30

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

Study of effect cognitive rehabilitation memory on Instrumental activities of daily living skills in elderly with Mild cognitive impairment refer to Imam Reza clinic.shiraz.1393

Public title

The effect of cognitive rehabilitation memory on Instrumental activities of daily living skills in elderly with minimaly defect of memory of shiraz

Purpose
Treatment

Inclusion/Exclusion criteria
Inclusion criteria:Diagnosis of Mild cognitive impairment according to neurologist and elderly psychiatrist; Not be diagnosed Major depression disorder;No other cognitive problems;The range of age 55_75years old;Ability for reading and writing 5 class at least;No disablers physical illness. Exclusion criteria:Non inclination of patients for partnership in study;non participate in therapy session.

Age
From **55 years** old to **75 years** old

Gender
Both

Phase
2-3

Groups that have been masked
No information

Sample size
Target sample size: **72**

Randomization (investigator's opinion)
N/A

Randomization description

Blinding (investigator's opinion)
Not blinded

Blinding description

Placebo
Not used

Assignment
Parallel

Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee
Shiraz medical sciense university

Street address
zand street.opposite of Felestin.Shiraz

City
Shiraz

Postal code

Approval date
2014-09-28, 1393/07/06

Ethics committee reference number
CT-9370-7150

Health conditions studied

1

Description of health condition studied
Mild cognitive impairment

ICD-10 code
F06.7

ICD-10 code description
Mild cognitive disorder

Primary outcomes

1

Description
Instrumental activities daily living skills

Timepoint
befour of treatment and 6 month after of treatment

Method of measurement
Lawton questionnair

Secondary outcomes

empty

Intervention groups

1

Description
Control group:Any intervention done on control group

Category
N/A

2

Description
Intervention: Six 45minute weekly sessions will be held. In the sessions teaches about memory and internal/ external tecnics of memory. At the end of each session brochurs are given to individuals. The brochures are consist of subjects of session and homework

Category
Behavior

Recruitment centers

1

Recruitment center

Name of recruitment center
Imam Reza clinic.shiraz

Full name of responsible person
Dr. Arash Mani

Street address
Namazi square .Shiraz

City
Shiraz

Sponsors / Funding sources

1

Sponsor

Name of organization / entity
Vice chancellor for research shiraz university of

medicalscience

Full name of responsible person
dr.post forosh

Street address
Medical science university bilding.zand street.shiraz

City
shiraz

Grant name

Grant code / Reference number

Is the source of funding the same sponsor organization/entity?
Yes

Title of funding source
Vice chancellor for research shiraz university of medicalscience

Proportion provided by this source
100

Public or private sector
empty

Domestic or foreign origin
empty

Category of foreign source of funding
empty

Country of origin

Type of organization providing the funding
empty

Person responsible for general inquiries

Contact

Name of organization / entity
Shiraz university of medical sciense

Full name of responsible person
Fatemeh Rafeie

Position
student

Other areas of specialty/work

Street address
Eram dormitory No 6،Eram academic complex،Daneshjoo Blv ،Shiraz.

City
Shiraz

Postal code

Phone
+98 71 3628 2700

Fax

Email
rafieie@sums.ac.ir rafeie.fatemeh@yahoo.com

Web page address

Person responsible for scientific inquiries

Contact

Name of organization / entity
Shiraz university of medical science

Full name of responsible person
Dr.Arash Mani

Position
Phd in cognitive neuroscience

Other areas of specialty/work

Street address
shiraz university of medical science

City
shiraz

Postal code

Phone
+98 71 3627 9319

Fax

Email
Mania@sums.ac.ir

Web page address

Person responsible for updating data

Contact

Name of organization / entity
Shiraz university of medical science

Full name of responsible person
Fatemeh Rafeie

Position
student

Other areas of specialty/work

Street address
: Eram dormitory No 6،Eram academic complex،Daneshjoo Blv ،Shiraz.

City
shiraz

Postal code

Phone
+98 71 3628 2700

Fax

Email
rafieie@sums.ac.irrafeie.fatemeh@yahoo.com

Web page address

Sharing plan

Deidentified Individual Participant Data Set (IPD)
empty

Study Protocol
empty

Statistical Analysis Plan
empty

Informed Consent Form
empty

Clinical Study Report
empty

Analytic Code
empty

Data Dictionary
empty