

Clinical Trial Protocol

Iranian Registry of Clinical Trials

16 Sep 2026

Study of effect cognitive rehabilitation memory on Instrumental activities of daily living skills in elderly with Mild cognitive impairment refer to Imam Reza clinic.shiraz.1393

Protocol summary

Summary

(1)Objective: study of effect cognitive rehabilitation memory on Instrumental activities of daily living skills in elderly with Mild cognitive impairment refer to Imam Reza clinic. Shiraz.1393.(2) Design: Randomizing,2_3 trail phase, not blinded, without placebo.(3)Setting and control: After selecting their patients they were divided into intervention and control group randomly. the intervention group were instructed and fill out questionnaires. The control group filling out questionnaires but they not be manipulated. All patients completed the questionnaires after 6 months.(4) Sample volume: 72 (5) Participants including major eligibility criteria: Inclusion criteria:Diagnosis of Mild cognitive impairment according to neurologist and elderly psychiatrist; not be diagnosed Major depression disorder; no other cognitive problems; the range of age 55_75years old; Ability for reading and writing 5 class at least; no disables physical illness. Exclusion criteria: Non inclination of patients for partnership in study; non participate in therapy session. (6)Intervention: Six 45minute weekly sessions will be held. In the sessions teaches about memory and internal/ external tecnics of memory. At the end of each session brochurs are given to individuals. The brochures are consist of subjects of session and homework. (7):Main outcome: Improvement of Instrumental activities of daily living skills in elderly with mild cognitive impairment.(8)Intervention time: 2014.10.23_2015.02.19

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT2014122820461N1**
Registration date: **2015-01-19, 1393/10/29**
Registration timing: **registered_while_recruiting**

Last update:

Update count: **0**

Registration date

2015-01-19, 1393/10/29

Registrant information

Name

Fatemeh Rafeie

Name of organization / entity

Shiraz university of medical science

Country

Iran (Islamic Republic of)

Phone

+98 713235255966

Email address

rafeie@sums.ac.ir

Recruitment status

Recruitment complete

Funding source

Shiraz medical science university

Expected recruitment start date

2014-10-23, 1393/08/01

Expected recruitment end date

2015-02-19, 1393/11/30

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

Study of effect cognitive rehabilitation memory on Instrumental activities of daily living skills in elderly with Mild cognitive impairment refer to Imam Reza clinic.shiraz.1393

Public title

The effect of cognitive rehabilitation memory on Instrumental activities of daily living skills in elderly with minimally defect of memory of shiraz

Purpose

Treatment

Inclusion/Exclusion criteria

Inclusion criteria:Diagnosis of Mild cognitive impairment according to neurologist and elderly psychiatrist; Not be diagnosed Major depression disorder;No other cognitive problems;The range of age 55_75years old;Ability for reading and writing 5 class at least;No disablers physical illness. Exclusion criteria:Non inclination of patients for partnership in study;non participate in therapy session.

Age

From **55 years** old to **75 years** old

Gender

Both

Phase

2-3

Groups that have been masked

No information

Sample size

Target sample size: **72**

Randomization (investigator's opinion)

N/A

Randomization description

Blinding (investigator's opinion)

Not blinded

Blinding description

Placebo

Not used

Assignment

Parallel

Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee

Shiraz medical science university

Street address

zand street.opposite of Felestin.Shiraz

City

Shiraz

Postal code

Approval date

2014-09-28, 1393/07/06

Ethics committee reference number

CT-9370-7150

Health conditions studied

1

Description of health condition studied

Mild cognitive impairment

ICD-10 code

F06.7

ICD-10 code description

Mild cognitive disorder

Primary outcomes

1

Description

Instrumental activities daily living skills

Timepoint

befour of treatment and 6 month after of treatment

Method of measurement

Lawton questionnaire

Secondary outcomes

empty

Intervention groups

1

Description

Control group:Any intervention done on control group

Category

N/A

2

Description

Intervention: Six 45minute weekly sessions will be held. In the sessions teaches about memory and internal/ external tecnics of memory. At the end of each session brochurs are given to individuals. The brochures are consist of subjects of session and homework

Category

Behavior

Recruitment centers

1

Recruitment center

Name of recruitment center

Imam Reza clinic.shiraz

Full name of responsible person

Dr. Arash Mani

Street address

Namazi square .Shiraz

City

Shiraz

Sponsors / Funding sources

1

Sponsor

Name of organization / entity

Vice chancellor for research shiraz university of

medicalscience

Full name of responsible person

dr.post forosh

Street address

Medical science university bilding.zand street.shiraz

City

shiraz

Grant name

Grant code / Reference number

Is the source of funding the same sponsor organization/entity?

Yes

Title of funding source

Vice chancellor for research shiraz university of medicalscience

Proportion provided by this source

100

Public or private sector

empty

Domestic or foreign origin

empty

Category of foreign source of funding

empty

Country of origin

Type of organization providing the funding

empty

Person responsible for general inquiries

Contact

Name of organization / entity

Shiraz university of medical sciense

Full name of responsible person

Fatemeh Rafeie

Position

student

Other areas of specialty/work

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Web page address

Sharing plan

Deidentified Individual Participant Data Set (IPD)

empty

Study Protocol

empty

Statistical Analysis Plan

empty

Informed Consent Form

empty

Clinical Study Report

empty

Analytic Code

empty

Data Dictionary

empty