

Clinical Trial Protocol

Iranian Registry of Clinical Trials

29 Jul 2026

The Effect of Peer-based support on health-promoting behaviors in breast cancer survivors in academi hospitals and research centers in Urmia in 2015-16

Protocol summary

Summary

Objectives: Determine the effect of Peer-based support on health-promoting behaviors in breast cancer survivors in academi hospitals and research centers in Urmia. Setting and conduct: This study will be performed on 140 breast cancer survivors in academi hospitals and research centers in Urmia in 2015-16. Data collection tool will be individual information form, Health-promoting life style profile inventory. Inclusion criteria: age between 20 and 60; definitive diagnosis of breast cancer etc. Exclusion criteria : absence of more than two sessions of meetings ,have any stressful event for the patient or the immediate family of the patient. Intervention: Those women will be randomly entered into the study groups (70 Person in each group). The intervention group in six peer-led group discussions, participated once a week, and interventional control group will not receive. Main outcome measures: Improve health-promoting behaviors.

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT2016080720778N17**
Registration date: **2016-09-06, 1395/06/16**
Registration timing: **retrospective**

Last update:

Update count: **0**

Registration date

2016-09-06, 1395/06/16

Registrant information

Name

Fatemeh Moghaddam Tabrizi

Name of organization / entity

Uromia University of Medical sciences

Country

Iran (Islamic Republic of)

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+98 44 3275 4964

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Recruitment status

Recruitment complete

Funding source

Private

Expected recruitment start date

2015-12-22, 1394/10/01

Expected recruitment end date

2016-04-11, 1395/01/23

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

The Effect of Peer-based support on health-promoting behaviors in breast cancer survivors in academi hospitals and research centers in Urmia in 2015-16

Public title

The Effect of Peer-based support on health-promoting behaviors in breast cancer survivors

Purpose

Supportive

Inclusion/Exclusion criteria

Inclusion criteria: age between 20 and 60; definitive diagnosis of breast cancer; not having other cancer; patients Mastectomy undergoing chemotherapy or radiotherapy; grade 1, 2 and a 3 breast cancer; not having severe depression Exclusion criteria: absence of more than two sessions of meeting ; have any stressful

event for the patient or the immediate family of the patient

Age

From **20 years** old to **60 years** old

Gender

Female

Phase

N/A

Groups that have been masked

No information

Sample size

Target sample size: **140**

Randomization (investigator's opinion)

Randomized

Randomization description**Blinding (investigator's opinion)**

Not blinded

Blinding description**Placebo**

Not used

Assignment

Parallel

Other design features**Secondary Ids**

empty

Ethics committees**1****Ethics committee****Name of ethics committee**

urmia university of medical sciences

Street address

Orjhans Street, Resalat Blvd

City

Urmia

Postal code

5714783734

Approval date

2015-11-22, 1394/09/01

Ethics committee reference number

IR.UMSU.rec.1394238

Health conditions studied**1****Description of health condition studied**

breast cancer

ICD-10 code

C50.8

ICD-10 code description

Overlapping lesion of breast

Primary outcomes**1****Description**

Health-promoting behaviors

Timepoint

Before and 2 month after Intervention

Method of measurement

Health-promoting lifestyle profile

Secondary outcomes

empty

Intervention groups**1****Description**

Interventional control group did not receive.

Category

Treatment - Drugs

2**Description**

Peer-led group discussions

Category

Lifestyle

Recruitment centers**1****Recruitment center****Name of recruitment center**

Omid Medical Research Center

Full name of responsible person

Javad Khashabi

Street address

Farhangian,

City

Urmia

Sponsors / Funding sources**1****Sponsor****Name of organization / entity**

Urmia University of Medical Sciences

Full name of responsible person

Lila Najafi

Street address

Azadeghan Street

City

Urmia

Grant name**Grant code / Reference number****Is the source of funding the same sponsor organization/entity?**

Yes

Title of funding source

Urmia University of Medical Sciences
Proportion provided by this source
100
Public or private sector
empty
Domestic or foreign origin
empty
Category of foreign source of funding
empty
Country of origin
Type of organization providing the funding
empty

Person responsible for general inquiries

Contact

Name of organization / entity
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Sharing plan

Deidentified Individual Participant Data Set (IPD)

empty

Study Protocol

empty

Statistical Analysis Plan

empty

Informed Consent Form

empty

Clinical Study Report

empty

Analytic Code

empty

Data Dictionary

empty