

Clinical Trial Protocol

Iranian Registry of Clinical Trials

25 Jun 2026

The Effect of relationship enhancement program on marital Satisfaction in couples of addicted person

Protocol summary

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Summary

The goal of this study was to investigate , relationship enhancement program on marital satisfaction in addicted couples. inclusion criteria: have an addicted spouse, passing 5 or 6 years of marriage, minimum age 25 years, and at least diploma education. thirty couples were chosen from all addicted couples who had referred to Bouali health house in Tehran province . randomly , they were attributed in two groups who were received relationship enhancement program (15 people) and a group who were not received this program (15 people).. intervention groups had received relationship enhancement program during 8 session. at last ,satisfaction will be analyzed .

Recruitment status

Recruitment complete

Funding source

Payamnoor University

Expected recruitment start date

2014-11-22, 1393/09/01

Expected recruitment end date

2015-02-20, 1393/12/01

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT2015042420961N2**

Registration date: **2015-06-07, 1394/03/17**

Registration timing: **retrospective**

Last update:

Update count: **0**

Registration date

2015-06-07, 1394/03/17

Registrant information

Name

Sheida Sharifi Saki

Name of organization / entity

Payamnoor University

Country

Iran (Islamic Republic of)

Phone

+98 21 8837 2732

Email address

Scientific title

The Effect of relationship enhancement program on marital Satisfaction in couples of addicted person

Public title

The Effect of relationship enhancement program on marital Satisfaction in couples of addicted person

Purpose

Treatment

Inclusion/Exclusion criteria

inclusion criteria: having an addicted spouse; passing 5 or 6 years of marriage; minimum age 25 years; and at least diploma education

Age

No age limit

Gender

Female

Phase

N/A

Groups that have been masked

No information

Sample size

Target sample size: **30**

Randomization (investigator's opinion)

Randomized

Randomization description

Blinding (investigator's opinion)

Not blinded

Blinding description

Placebo

Not used

Assignment

Parallel

Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee

Payamnoor University

Street address

Payamnoor University, Mahmoud Norian St, North Dibaghi St, Tehran

City

Tehran

Postal code

Approval date

2015-03-17, 1393/12/26

Ethics committee reference number

۷۱۰۹۶ / ۵

2

Ethics committee

Name of ethics committee

Payamnoor University

Street address

tehran.payamnoor university,mahmoud norian st

City

tehran

Postal code

Approval date

2010-09-23, 1389/07/01

Ethics committee reference number

۷۱۰۹۶ / ۵

Health conditions studied

1

Description of health condition studied

Substance abuse

ICD-10 code

F10-F19

ICD-10 code description

Mental and behavioural disorders due to psychoactive substance use

Primary outcomes

1

Description

marital Satisfaction

Timepoint

pre-post test

Method of measurement

Enrich marital satisfaction scale

Secondary outcomes

empty

Intervention groups

1

Description

intervention group participated in education of enrichment communication during 8 session. content of sessions including of: Familiarity with the group members and principles and provisions of group, Familiarity with the communication enrichment program, active listening skills, conflict solving skills, self- change skills and help to spouse in changing.

Category

Behavior

2

Description

control group not received training

Category

N/A

Recruitment centers

1

Recruitment center

Name of recruitment center

Buali Health House

Full name of responsible person

Sheida Sharifi Saki

Street address

Shaghayegh Bldg, blvd Darya, Gharb Town

City

Tehr

Sponsors / Funding sources

1

Sponsor

Name of organization / entity

Payamnoor University of Tehran

Full name of responsible person

Dr. Alireza Aghayousefi

Street address

Payamnoor University, Mahmoud Norian St, North

Dibaghi St, Tehran

City

Tehran

Grant name

Grant code / Reference number

Is the source of funding the same sponsor organization/entity?

Yes

Title of funding source

Payamnoor University of Tehran

Proportion provided by this source

100

Public or private sector

empty

Domestic or foreign origin

empty

Category of foreign source of funding

empty

Country of origin

Type of organization providing the funding

empty

Person responsible for general inquiries

Contact

Name of organization / entity

Payamnoor University

Full name of responsible person

Sheida Sharifi Saki

Position

phd student

Other areas of specialty/work

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Person responsible for updating data

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Web page address

Sharing plan

Deidentified Individual Participant Data Set (IPD)

empty

Study Protocol

empty

Statistical Analysis Plan

empty

Informed Consent Form

empty

Clinical Study Report

empty

Analytic Code

empty

Data Dictionary

empty