

# Clinical Trial Protocol

## Iranian Registry of Clinical Trials

19 Jun 2026

### Comparison of two method of training through Interactive Multimedia training CD and Booklet with face to face training on quality of life in patients undergoing Hysterectomy Hospitals affiliated to Shiraz

#### Protocol summary

##### Summary

After receiving permission from the University and preparing CDs and Booklets with same content, 72 eligible patients enrolled into the study and were divided into three groups. Demographic Questionnaire and the SF36 was completed one day before surgery by three groups. The control group received no intervention. On the same day the training booklet with face to face training and Educational CD Was presented to two groups of patients. After 6 weeks, the Quality of life of all three groups were measured by SF36 Questionnaire and Finally, the data were analyzed.

#### General information

##### Acronym

##### IRCT registration information

IRCT registration number: **IRCT2015032521314N2**

Registration date: **2015-09-04, 1394/06/13**

Registration timing: **retrospective**

Last update:

Update count: **0**

##### Registration date

2015-09-04, 1394/06/13

##### Registrant information

##### Name

Raheleh Pakyari

##### Name of organization / entity

Shiraz University of Medical Sciences

##### Country

Iran (Islamic Republic of)

##### Phone

+98 71 3221 2023

##### Email address

pakyari@sums.ac.ir

##### Recruitment status

**Recruitment complete**

##### Funding source

Shiraz University of Medical Sciences

##### Expected recruitment start date

2014-07-27, 1393/05/05

##### Expected recruitment end date

2014-11-26, 1393/09/05

##### Actual recruitment start date

empty

##### Actual recruitment end date

empty

##### Trial completion date

empty

##### Scientific title

Comparison of two method of training through Interactive Multimedia training CD and Booklet with face to face training on quality of life in patients undergoing Hysterectomy Hospitals affiliated to Shiraz

##### Public title

Comparison of two method Multimedia CDs and Booklets with face to face education on quality of life in patients with Hysterectomy

##### Purpose

Supportive

##### Inclusion/Exclusion criteria

Inclusion Criteria: Age older than 35 ;Be Married ;Her husband is monogamous; The surgery be only limited to Trans Abdominal Hysterectomy; The patients be literate; Patients have the facilities for the use of Educational CD; Patients be pre Menopausal The exclusion Criteria: Any Mental illness in the patients or their partners; Chronic diseases

##### Age

From **35 years** old

##### Gender

Female

**Phase**

N/A

**Groups that have been masked***No information***Sample size**Target sample size: **72****Randomization (investigator's opinion)**

Randomized

**Randomization description****Blinding (investigator's opinion)**

Not blinded

**Blinding description****Placebo**

Not used

**Assignment**

Parallel

**Other design features****Secondary Ids**

empty

**Ethics committees****1****Ethics committee****Name of ethics committee**

Ethics Committee of Shiraz University of Medical Sciences

**Street address**

Zand Blvd

**City**

Shiraz

**Postal code**

71345-1978

**Approval date**

2010-09-23, 1389/07/01

**Ethics committee reference number**

93-7090

**Health conditions studied****1****Description of health condition studied**

Relationship between the two methods of training through Interactive Multimedia training CD and Booklet learning with face to face education on the Quality of life in patients undergoing Hysterectomy

**ICD-10 code****ICD-10 code description****Primary outcomes****1****Description**

Quality of Life

**Timepoint**

A day before, 6 weeks after intervention

**Method of measurement**

SF36 Questionnaire

**Secondary outcomes**

empty

**Intervention groups****1****Description**

Face to face training with Booklet in control group

**Category**

Behavior

**2****Description**

Multi Media CD in case group

**Category**

Behavior

**Recruitment centers****1****Recruitment center****Name of recruitment center**

Zainabiyya Hospital Shiraz

**Full name of responsible person**

Pakyari rahele

**Street address**

Khatoon Square

**City**

Shiraz

**Sponsors / Funding sources****1****Sponsor****Name of organization / entity**

Vice chancellor for research, shiraz University of Medical Sciences

**Full name of responsible person**

Basir Hashemi

**Street address**

Zand street

**City**

Shiraz

**Grant name****Grant code / Reference number****Is the source of funding the same sponsor organization/entity?**

Yes

**Title of funding source**

Vice chancellor for research, shiraz University of Medical Sciences

**Proportion provided by this source**

100

**Public or private sector***empty*

**Domestic or foreign origin**

*empty*

**Category of foreign source of funding**

*empty*

**Country of origin****Type of organization providing the funding**

*empty*

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School of Nursing and Midwifery fateme zahra

**Full name of responsible person**

Naeemi Fakhralzman Hosseini

**Position**

PhD programs in distance education

**Other areas of specialty/work****Street address**

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Master of Science of Nursing

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Fakhralzman Naeemi Hosseini

**Position**

PhD programs in distance education

**Other areas of specialty/work****Street address**

Namazi square

**City**

Shiraz

**Sharing plan****Deidentified Individual Participant Data Set (IPD)**

*empty*

**Study Protocol**

*empty*

**Statistical Analysis Plan**

*empty*

**Informed Consent Form**

*empty*

**Clinical Study Report**

*empty*

**Analytic Code**

*empty*

**Data Dictionary**

*empty*