

Clinical Trial Protocol

Iranian Registry of Clinical Trials

20 Jul 2026

Effects of Probiotics for the Prevention and Treatment of Radiation-induced Diarrhea in Patients with Cancer

Protocol summary

Summary

The present study was conducted to evaluate the effects of probiotic and probiotic plus honey on radiation-induced diarrhea. Sixty-three adult patients with pelvic cancer who undergo radiotherapy for four weeks are enrolled. The presence of any acute or chronic gastrointestinal condition associated with diarrhea before recruitment and getting pelvic radiotherapy in the past are the exclusion criteria. They randomize to receive probiotic, probiotic plus honey or placebo from one week before radiotherapy for five weeks. Diarrhea grade and stool consistency are recorded weekly according to the Common Toxicity Criteria system and the Bristol scales, respectively. Also some hematological and immunological factors are evaluated.

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT2015030421338N1**

Registration date: **2015-04-11, 1394/01/22**

Registration timing: **retrospective**

Last update:

Update count: **0**

Registration date

2015-04-11, 1394/01/22

Registrant information

Name

Mahnaz Roayaei

Name of organization / entity

Isfahan University of Medical Sciences

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Iran (Islamic Republic of)

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roayaei@med.mui.ac.ir

Recruitment status

Recruitment complete

Funding source

Isfahan University of Medical Sciences.

Expected recruitment start date

2012-09-22, 1391/07/01

Expected recruitment end date

2013-05-22, 1392/03/01

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

Effects of Probiotics for the Prevention and Treatment of Radiation-induced Diarrhea in Patients with Cancer

Public title

Effects of Probiotics on diarrhea

Purpose

Treatment

Inclusion/Exclusion criteria

The inclusion criteria: Patients with pelvic cancers (colorectal, prostate, endometrial, bladder, ovary, cervical, bone sarcoma) who undergo pelvic radiotherapy. The exclusion criteria: The presence of any acute or chronic gastrointestinal condition associated with diarrhea before recruitment and getting pelvic radiotherapy in the past.

Age

From **18 years** old to **85 years** old

Gender

Both

Phase

N/A

Groups that have been masked

No information

Sample size

Target sample size: 63

Randomization (investigator's opinion)

Randomized

Randomization description

Blinding (investigator's opinion)

Not blinded

Blinding description

Placebo

Used

Assignment

Parallel

Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee

Center of Medical Research - Isfahan University of Medical Sciences

Street address

Isfahan University of Medical Sciences, Hezar Jarib Street, Isfahan, Iran

City

Isfahan

Postal code

81745319

Approval date

2012-10-17, 1391/07/26

Ethics committee reference number

491005

Health conditions studied

1

Description of health condition studied

Neoplasms

ICD-10 code

C17, C18,

ICD-10 code description

Malignant neoplasm of small intestine, Malignant neoplasm of colon, Malignant neoplasm of rectosigmoid junction, Malignant neoplasm of rectum

Primary outcomes

1

Description

Diarrhea grade

Timepoint

Weekly from one week before radiotherapy until end of treatment

Method of measurement

Common Toxicity Criteria system

2

Description

Stool consistency score

Timepoint

Weekly from one week before radiotherapy until end of treatment

Method of measurement

Bristol scales

3

Description

Blood cell counts

Timepoint

Weekly from one week before radiotherapy until end of treatment

Method of measurement

cell counter machine

4

Description

Serum IgA level

Timepoint

Weekly from one week before radiotherapy until end of treatment

Method of measurement

Autoanalyzer machine

Secondary outcomes

1

Description

Blotting

Timepoint

Weekly during treatment

Method of measurement

Question from the patient

Intervention groups

1

Description

group two take a combination of probiotic and honey (two probiotic capsules and 30 grams honey per day, one capsule and 15 grams honey in the morning after breakfast and another one capsule in the evening, and 15 grams honey at night)

Category

Treatment - Drugs

2

Description

group three are the control group receive two placebo capsules (containing 500 mg of corn starch) per day, one

capsule in the morning after breakfast and another one in the evening

Category

Treatment - Drugs

3

Description

group one take probiotics)contained: Lactobacillus casei 1.5 × 10⁹ CFU, Lactobacillus acidophilus 1.5 × 10¹⁰ CFU, Lactobacillus rhamnosus 3.5 × 10⁹ CFU, Lactobacillus bulgaricus 2.5 × 10⁸ CFU, Bifidobacterium breve 1 × 10¹⁰ CFU, Bifidobacterium longum 5 × 10⁸ CFU and Streptococcus thermophilus 1.5 × 10⁸ CFU per 500 mg(; two probiotic capsules per day, one capsule in the morning after breakfast and another one in the evening

Category

Treatment - Drugs

Recruitment centers

1

Recruitment center

Name of recruitment center

Sayyed-Al-Shohada Hospital

Full name of responsible person

Dr. Mahnaz Roayaei

Street address

Sayyed-Al-Shohada Hospital, Motahari Street, Isfahan, Iran

City

Isfahan

Sponsors / Funding sources

1

Sponsor

Name of organization / entity

Isfahan University of Medical Sciences

Full name of responsible person

Hadi Toghiani

Street address

Isfahan University of Medical Sciences, Hezar Jarib Street, Isfahan. ran

City

Isfahan

Grant name

Grant code / Reference number

Is the source of funding the same sponsor organization/entity?

Yes

Title of funding source

Isfahan University of Medical Sciences

Proportion provided by this source

100

Public or private sector

empty

Domestic or foreign origin

empty

Category of foreign source of funding

empty

Country of origin

Type of organization providing the funding

empty

Person responsible for general inquiries

Contact

Name of organization / entity

University of Isfahan

Full name of responsible person

Hajar-Alsadat Mansouri-Tehrani

Position

MSc in Biotechnology

Other areas of specialty/work

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Web page address

Person responsible for scientific inquiries

Contact

Name of organization / entity

Isfahan University of Medical Sciences

Full name of responsible person

Dr. Mahnaz Roayaei

Position

Assistant Professor / PhD in Radiotherapist

Other areas of specialty/work

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Web page address**Sharing plan****Deidentified Individual Participant Data Set (IPD)**

empty

Study Protocol

empty

Statistical Analysis Plan

empty

Informed Consent Form

empty

Clinical Study Report

empty

Analytic Code

empty

Data Dictionary

empty