Clinical Trial Protocol
Iranian Registry of Clinical Trials

07 Nov 2026

The effectiveness of logo therapy on life expectancy of AIDS patients

Protocol summary

Summary
This experimental study was designed to examine effect of logo therapy on life expectancy of patients with AIDS who referred to counseling and behavioral disorders center of Guilan welfare positive club. Exclusion criteria included: age less than 18 and over than 50, at least educational level, without treating for depression. Schneider life expectancy questionnaire filled in by all 180 HIV patients, those with lower score randomly and equally divided into two groups. The intervention group participated in 10 sessions of logo therapy while comparison group did not receive any training. At the end of sessions both groups filled the same questionnaire again. The participants were compared with each other in terms of life expectancy score. Based on the results of the study, logo therapy is an effective and approved strategy for improving life expectancy in AIDS patients.

General information

Acronym
IRCT registration information
IRCT registration number: **IRCT2015031221445N1**
Registration date: **2015-05-04, 1394/02/14**
Registration timing: **retrospective**

Last update:
Update count: **0**
Registration date
2015-05-04, 1394/02/14

Registrant information
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Recruitment status
Recruitment complete
Funding source
Walfare Organization of Guilan

Expected recruitment start date
2014-03-21, 1393/01/01
Expected recruitment end date
2014-06-22, 1393/04/01
Actual recruitment start date
empty
Actual recruitment end date
empty
Trial completion date
empty

Scientific title
The effectiveness of logo therapy on life expectancy of AIDS patients

Public title
Effects of logo therapy on AIDS
Purpose
Supportive
Inclusion/Exclusion criteria
Inclusion criteria: at least educational level; without treating for depression exclusion criteria: unwillingness to participate
Age
No age limit
Gender
Both

Phase
N/A
Groups that have been masked
No information
Sample size
Target sample size: **24**

Randomization (investigator's opinion)
Randomized
Randomization description
Blinding (investigator's opinion)
Single blinded
Blinding description
Placebo
Not used
Assignment
Parallel
Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee
Name of ethics committee
Walfare Organization of Guilan
Street address
Parastar St.
City
Rasht
Postal code
Approval date
2010-09-23, 1389/07/01
Ethics committee reference number
21751

Health conditions studied

1

Description of health condition studied
Human immunodeficiency virus [HIV] disease
ICD-10 code
B.20
ICD-10 code description
Human immunodeficiency virus [HIV] disease

Primary outcomes

1

Description
Life expectancy
Timepoint
Before intervention, after intervention
Method of measurement
Schneider life expectancy questionnaire

Secondary outcomes

empty

Intervention groups

1

Description
Intervention group: The intervention group participated in 10 sessions each two hours of logo therapy.
Category
Lifestyle

2

Description
Comparison group did not receive any training
Category
Lifestyle

Recruitment centers

1

Recruitment center
Name of recruitment center
Positive Club of Welfare Organization
Full name of responsible person
Tahereh Yektaee
Street address
Parastar St.
City
Rasht

Sponsors / Funding sources

1

Sponsor
Name of organization / entity
Welfare Organization of Guilan
Full name of responsible person
Nadereh Besharati
Street address
Parastar St.
City
Rasht
Grant name
Grant code / Reference number
Is the source of funding the same sponsor organization/entity?
Yes
Title of funding source
Welfare Organization of Guilan
Proportion provided by this source
100
Public or private sector
empty
Domestic or foreign origin
empty
Category of foreign source of funding
empty
Country of origin
Type of organization providing the funding
empty

Person responsible for general inquiries

Contact

Name of organization / entity
Tehran university of medical sciences

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Sharing plan

Deidentified Individual Participant Data Set (IPD)
empty

Study Protocol
empty

Statistical Analysis Plan
empty

Informed Consent Form
empty

Clinical Study Report
empty

Analytic Code
empty

Data Dictionary
empty