

Clinical Trial Protocol

Iranian Registry of Clinical Trials

30 Jun 2026

The effectiveness of logo therapy on life expectancy of AIDS patients

Protocol summary

Summary

This experimental study was designed to examine effect of logo therapy on life expectancy of patients with AIDS who referred to counseling and behavioral disorders center of Guilan welfare positive club. Exclusion criteria included: age less than 18 and over than 50, at least educational level, without treating for depression. Schneider life expectancy questionnaire filled in by all 180 HIV patients, those with lower score randomly and equally divided into two groups. The intervention group participated in 10 sessions of logo therapy while comparison group did not receive any training. At the end of sessions both groups filled the same questionnaire again. The participants were compared with each other in terms of life expectancy score. Based on the results of the study, logo therapy is an effective and approved strategy for improving life expectancy in AIDS patients.

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT2015031221445N1**

Registration date: **2015-05-04, 1394/02/14**

Registration timing: **retrospective**

Last update:

Update count: **0**

Registration date

2015-05-04, 1394/02/14

Registrant information

Name

Fataneh Bakhshi

Name of organization / entity

Tehran university of medical sciences

Country

Iran (Islamic Republic of)

Phone

+98 21 8898 9128

Email address

f-bakhshi@razi.tums.ac.ir

Recruitment status

Recruitment complete

Funding source

Welfare Organization of Guilan

Expected recruitment start date

2014-03-21, 1393/01/01

Expected recruitment end date

2014-06-22, 1393/04/01

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

The effectiveness of logo therapy on life expectancy of AIDS patients

Public title

Effects of logo therapy on AIDS

Purpose

Supportive

Inclusion/Exclusion criteria

Inclusion criteria: at least educational level; without treating for depression exclusion criteria: unwillingness to participate

Age

No age limit

Gender

Both

Phase

N/A

Groups that have been masked

No information

Sample size

Target sample size: **24**

Randomization (investigator's opinion)

Randomized

Randomization description**Blinding (investigator's opinion)**

Single blinded

Blinding description**Placebo**

Not used

Assignment

Parallel

Other design features**Secondary Ids**

empty

Ethics committees**1****Ethics committee****Name of ethics committee**

Welfare Organization of Guilan

Street address

Parastar St.

City

Rasht

Postal code**Approval date**

2010-09-23, 1389/07/01

Ethics committee reference number

21751

Health conditions studied**1****Description of health condition studied**

Human immunodeficiency virus [HIV] disease

ICD-10 code

B.20

ICD-10 code description

Human immunodeficiency virus [HIV] disease

Primary outcomes**1****Description**

Life expectancy

Timepoint

Before intervention, after intervention

Method of measurement

Schneider life expectancy questionnaire

Secondary outcomes

empty

Intervention groups**1****Description**

Intervention group: The intervention group participated in 10 sessions each two hours of logo therapy.

Category

Lifestyle

2**Description**

Comparison group did not receive any training

Category

Lifestyle

Recruitment centers**1****Recruitment center****Name of recruitment center**

Positive Club of Welfare Organization

Full name of responsible person

Tahereh Yektaee

Street address

Parastar St.

City

Rasht

Sponsors / Funding sources**1****Sponsor****Name of organization / entity**

Welfare Organization of Guilan

Full name of responsible person

Nadereh Besharati

Street address

Parastar St.

City

Rasht

Grant name**Grant code / Reference number****Is the source of funding the same sponsor organization/entity?**

Yes

Title of funding source

Welfare Organization of Guilan

Proportion provided by this source

100

Public or private sector

empty

Domestic or foreign origin

empty

Category of foreign source of funding

empty

Country of origin**Type of organization providing the funding**

empty

Person responsible for general inquiries

Contact

Name of organization / entity

Tehran university of medical sciences

Full name of responsible person

Fataneh Bakhshi

Position

PhD candidate of health education & promotion

Other areas of specialty/work**Street address**

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Fax

Sharing plan

Deidentified Individual Participant Data Set (IPD)

empty

Study Protocol

empty

Statistical Analysis Plan

empty

Informed Consent Form

empty

Clinical Study Report

empty

Analytic Code

empty

Data Dictionary

empty