

# Clinical Trial Protocol

## Iranian Registry of Clinical Trials

30 Jun 2026

### The effectiveness of logo therapy on life expectancy of AIDS patients

#### Protocol summary

##### Summary

This experimental study was designed to examine effect of logo therapy on life expectancy of patients with AIDS who referred to counseling and behavioral disorders center of Guilan welfare positive club. Exclusion criteria included: age less than 18 and over than 50, at least educational level, without treating for depression. Schneider life expectancy questionnaire filled in by all 180 HIV patients, those with lower score randomly and equally divided into two groups. The intervention group participated in 10 sessions of logo therapy while comparison group did not receive any training. At the end of sessions both groups filled the same questionnaire again. The participants were compared with each other in terms of life expectancy score. Based on the results of the study, logo therapy is an effective and approved strategy for improving life expectancy in AIDS patients.

#### General information

##### Acronym

##### IRCT registration information

IRCT registration number: **IRCT2015031221445N1**

Registration date: **2015-05-04, 1394/02/14**

Registration timing: **retrospective**

Last update:

Update count: **0**

##### Registration date

2015-05-04, 1394/02/14

##### Registrant information

##### Name

Fataneh Bakhshi

##### Name of organization / entity

Tehran university of medical sciences

##### Country

Iran (Islamic Republic of)

##### Phone

+98 21 8898 9128

##### Email address

f-bakhshi@razi.tums.ac.ir

##### Recruitment status

**Recruitment complete**

##### Funding source

Welfare Organization of Guilan

##### Expected recruitment start date

2014-03-21, 1393/01/01

##### Expected recruitment end date

2014-06-22, 1393/04/01

##### Actual recruitment start date

empty

##### Actual recruitment end date

empty

##### Trial completion date

empty

##### Scientific title

The effectiveness of logo therapy on life expectancy of AIDS patients

##### Public title

Effects of logo therapy on AIDS

##### Purpose

Supportive

##### Inclusion/Exclusion criteria

Inclusion criteria: at least educational level; without treating for depression exclusion criteria: unwillingness to participate

##### Age

No age limit

##### Gender

Both

##### Phase

N/A

##### Groups that have been masked

No information

##### Sample size

Target sample size: **24**

**Randomization (investigator's opinion)**

Randomized

**Randomization description****Blinding (investigator's opinion)**

Single blinded

**Blinding description****Placebo**

Not used

**Assignment**

Parallel

**Other design features****Secondary Ids**

empty

**Ethics committees****1****Ethics committee****Name of ethics committee**

Welfare Organization of Guilan

**Street address**

Parastar St.

**City**

Rasht

**Postal code****Approval date**

2010-09-23, 1389/07/01

**Ethics committee reference number**

21751

**Health conditions studied****1****Description of health condition studied**

Human immunodeficiency virus [HIV] disease

**ICD-10 code**

B.20

**ICD-10 code description**

Human immunodeficiency virus [HIV] disease

**Primary outcomes****1****Description**

Life expectancy

**Timepoint**

Before intervention, after intervention

**Method of measurement**

Schneider life expectancy questionnaire

**Secondary outcomes**

empty

**Intervention groups****1****Description**

Intervention group: The intervention group participated in 10 sessions each two hours of logo therapy.

**Category**

Lifestyle

**2****Description**

Comparison group did not receive any training

**Category**

Lifestyle

**Recruitment centers****1****Recruitment center****Name of recruitment center**

Positive Club of Welfare Organization

**Full name of responsible person**

Tahereh Yektaee

**Street address**

Parastar St.

**City**

Rasht

**Sponsors / Funding sources****1****Sponsor****Name of organization / entity**

Welfare Organization of Guilan

**Full name of responsible person**

Nadereh Besharati

**Street address**

Parastar St.

**City**

Rasht

**Grant name****Grant code / Reference number****Is the source of funding the same sponsor organization/entity?**

Yes

**Title of funding source**

Welfare Organization of Guilan

**Proportion provided by this source**

100

**Public or private sector**

empty

**Domestic or foreign origin**

empty

**Category of foreign source of funding**

empty

**Country of origin****Type of organization providing the funding**

empty

## Person responsible for general inquiries

### Contact

**Name of organization / entity**

Tehran university of medical sciences

**Full name of responsible person**

Fataneh Bakhshi

**Position**

PhD candidate of health education & promotion

**Other areas of specialty/work****Street address**

school of health

**City**

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## Person responsible for updating data

### Contact

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## Person responsible for scientific inquiries

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**Fax**

## Sharing plan

**Deidentified Individual Participant Data Set (IPD)**

*empty*

**Study Protocol**

*empty*

**Statistical Analysis Plan**

*empty*

**Informed Consent Form**

*empty*

**Clinical Study Report**

*empty*

**Analytic Code**

*empty*

**Data Dictionary**

*empty*