

Clinical Trial Protocol

Iranian Registry of Clinical Trials

10 Jun 2026

Effect of increase in duration of Aprepitant consumption from 3 to 6 days on the prevention of nausea and vomiting in women receiving combination of Anthracycline/Cyclophosphamide chemotherapy: A randomized, crossover, clinical trial

Protocol summary

Summary

1) Objective: Better control of chemotherapy induced nausea and vomiting by increasing the duration of Aprepitant consumption in women with breast cancer who receive AC (Anthracycline/Cyclophosphatase) regimen chemotherapy. 2) Design: Randomized, crossover, controlled clinical trial, designed to evaluate the effect of increase in duration of Aprepitant usage from 3 days to 6 days on prevention of nausea and vomiting in women receiving combination of Anthracycline/Cyclophosphatase chemotherapy. 3) Setting and conduct: This trial is conducted in cancer referral university hospital in Isfahan (Iran's third largest city, located in the center of Iran), Iran 4) Participant including major eligibility criteria: patients who are under 50 years of age, diagnosed with breast cancer and scheduled to receive 4 courses AC regimens are included in the study. The following general exclusion criteria are considered: gastritis; diabetes and brain tumor. 5) Intervention: Fifty patients with breast cancer will enroll in this study through convenience sampling method. They will randomize into two groups. According to the design of the study, group 1 will receive treatment A (3 days regimen) in the first course of chemotherapy and treatment B (6 days regimen) in the second course; group 2 will receive treatment B follow by treatment A. 6) Main outcome measures criteria: Main outcome is complete response (CR) that is defined as no nausea and no episode of vomiting during the study period. For nausea and vomiting assessment, we used Eastern Cooperative Oncology Group (ECOG) COMMON TOXICITY CRITERIA questionnaire.

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT2015040121574N1**

Registration date: **2015-06-20, 1394/03/30**

Registration timing: **retrospective**

Last update:

Update count: **0**

Registration date

2015-06-20, 1394/03/30

Registrant information

Name

Negah Chabi Ahvazi

Name of organization / entity

Esfahan university of medical science

Country

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Phone

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Recruitment status

Recruitment complete

Funding source

Isfahan University of Medical Sciences

Expected recruitment start date

2015-04-21, 1394/02/01

Expected recruitment end date

2015-05-22, 1394/03/01

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

Effect of increase in duration of Aprepitant consumption from 3 to 6 days on the prevention of nausea and vomiting in women receiving combination of Anthracycline/Cyclophosphamide chemotherapy: A randomized, crossover, clinical trial

Public title

Investigation of the effect of increasing days of abitant capsul use in control of chemotherapy induced nausea and vomiting with AC regimen in women with breast cancer

Purpose

Prevention

Inclusion/Exclusion criteria

General inclusion criteria: Less than 50 years of age, diagnosed with breast cancer and scheduled to receive 4 courses Anthracycline/Cyclophosphamide (AC) regimens. General exclusion criteria: previous history of gastritis, diabetes and brain tumor.

Age

From **24 years** old to **50 years** old

Gender

Female

Phase

0

Groups that have been masked

No information

Sample size

Target sample size: **49**

Randomization (investigator's opinion)

Randomized

Randomization description**Blinding (investigator's opinion)**

Not blinded

Blinding description**Placebo**

Not used

Assignment

Crossover

Other design features**Secondary Ids**

empty

Ethics committees**1****Ethics committee****Name of ethics committee**

Ethics committee of Efahan university of medical sciences

Street address

Isfahan university of medical sciences, Hezar Jerib street, Esfahan

City

Esfahan

Postal code**Approval date**

2010-09-23, 1389/07/01

Ethics committee reference number

393449

Health conditions studied**1****Description of health condition studied**

Chemotherapy induced nausea and vomiting

ICD-10 code

T45.1

ICD-10 code description

Antineoplastic and immunosuppressive drugs, Poisoning by primarily systemic and haematological agents, not elsewhere classified Antineoplastic and immunosuppressive drugs

2**Description of health condition studied**

Breast cancer

ICD-10 code

C50

ICD-10 code description

Malignant neoplasm of breast

Primary outcomes**1****Description**

Complete response

Timepoint

6 days after beginning of intervention

Method of measurement

Questionnaire based on ECOG criteria

Secondary outcomes

empty

Intervention groups**1****Description**

6 days consumption of Abitant capsul

Category

Treatment - Drugs

2**Description**

3 days consumption of Abitant capsul

Category

Treatment - Drugs

Recruitment centers**1****Recruitment center**

Name of recruitment center

Seyedoshohada Hosspital

Full name of responsible person

Dr.Simin Hemmati

Street address

Seyedoshohada Hosspital, Khayam street, Esfahan

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Web page address**Person responsible for scientific inquiries****Contact****Name of organization / entity**

Esfahan university of medical science

Full name of responsible person

Dr.Simin Hemmati

Position

Assistant professor

Other areas of specialty/work**Street address**

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Web page address**Sponsors / Funding sources****1****Sponsor****Name of organization / entity**

Vice chancellor for research, Esfahan university of medical science

Full name of responsible person

Dr.Simin Hemmati

Street address

Isfahan university of medical sciences, Hezar Jerib street, Esfahan

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Esfahan

Grant name**Grant code / Reference number****Is the source of funding the same sponsor organization/entity?**

Yes

Title of funding source

Vice chancellor for research, Esfahan university of medical science

Proportion provided by this source

100

Public or private sector*empty***Domestic or foreign origin***empty***Category of foreign source of funding***empty***Country of origin****Type of organization providing the funding***empty***Person responsible for general inquiries****Contact****Name of organization / entity**

Esfahan university of medical science

Full name of responsible person

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Assistant professor

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Web page address**Sharing plan****Deidentified Individual Participant Data Set (IPD)***empty***Study Protocol***empty***Statistical Analysis Plan***empty***Informed Consent Form***empty*

Clinical Study Report

empty

Analytic Code

empty

Data Dictionary

empty