

Clinical Trial Protocol

Iranian Registry of Clinical Trials

03 Jul 2026

Evaluation of the effect of copings strategies education on quality of life and adaptation of patients after liver transplantation referred to Shiraz Motahari Clinic 2014.

Protocol summary

Summary

Purpose: evaluation of the effect of education of copings strategies on patients' adaptation and quality of life after liver transplantation referred to Motahari clinic in Shiraz, 2014. Design: randomized Population: all patients older than 20 years that are resident in Shiraz (temporary or permanent) and liver transplantation has been done for them and they have been referred for visit after transplantation. Inclusion criteria: age older than 20 y/o, absence of mental disease according to reports or medical records, absence of disabilities and physical handicap before transplantation, willingness to participate in the study. Exclusion criteria: presence in less than 2 educational sessions, refuse to cooperate in any stage of study, appearance any physical, emotional or social unexpected problems through intervention. Samples: 60 patients. 30 (case group), 30 (control group). Intervention: education of copings strategies in 7 sessions (1 hour) and present the educational CDs to 2 groups.

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT2015052822457N1**

Registration date: **2015-12-17, 1394/09/26**

Registration timing: **retrospective**

Last update:

Update count: **0**

Registration date

2015-12-17, 1394/09/26

Registrant information

Name

Leila Beirami

Name of organization / entity

Shiraz University of Medical Sciences

Country

Iran (Islamic Republic of)

Phone

+98 71 3875 5986

Email address

beirami@sums.ac.ir

Recruitment status

Recruitment complete

Funding source

Shiraz University of Medical Sciences

Expected recruitment start date

2014-12-31, 1393/10/10

Expected recruitment end date

2015-05-05, 1394/02/15

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

Evaluation of the effect of copings strategies education on quality of life and adaptation of patients after liver transplantation referred to Shiraz Motahari Clinic 2014.

Public title

The effect of coping strategies on quality of life and coping in patients after liver transplantation

Purpose

Prevention

Inclusion/Exclusion criteria

The inclusion criteria: the age of more than twenty years old; lack of mental illness before transplantation according to patient's medical record; lack of physical disability before transplantation; being interested for

participating in research; lack of participation in training programs in the field of coping strategies before research. The exclusion criteria: Participation in less than two sessions; determent from following cooperation at every stage of research; detection of unforeseen physical or emotional or social problems during intervention.

Age

From **73 years** old to **33 years** old

Gender

Both

Phase

N/A

Groups that have been masked

No information

Sample size

Target sample size: **60**

Randomization (investigator's opinion)

Randomized

Randomization description

Blinding (investigator's opinion)

Not blinded

Blinding description

Placebo

Not used

Assignment

Parallel

Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee

Shiraz University of Medical Sciences

Street address

Seventh floor, Central Building of Shiraz University of Medical Sciences, Zand Street, Shiraz, Fars Province, Iran

City

shiraz

Postal code

Approval date

2015-03-16, 1393/12/25

Ethics committee reference number

CT-9370-7430

Health conditions studied

1

Description of health condition studied

Liver Transplant

ICD-10 code

(E00-E01-E)

ICD-10 code description

Endocrine, nutritional and metabolic diseases

Primary outcomes

1

Description

Compatibility

Timepoint

before and immediately after the intervention

Method of measurement

Questionnaire

2

Description

quality of life

Timepoint

Before and immediately after the intervention and one month after intervention

Method of measurement

Questionnaire

Secondary outcomes

empty

Intervention groups

1

Description

Intervention group: 7 educational secessions (each secession for 1 hour in a day, twice in a week) about coping strategies is recommended for them. At the beginning of each secession, relaxation technique is required for 10 minutes. At the end of each secession, researcher sum up all contents. At the end of study, the content of secessions in educational CDs offer to 2 groups (case and control).

Category

Other

2

Description

Control group: this group doesn't receive any intervention.

Category

Other

Recruitment centers

1

Recruitment center

Name of recruitment center

Motahari clinic in Shiraz

Full name of responsible person

Dr Mehdi Shamsaee

Street address

Namazi hospital, Namazi square, Shiraz, Fars Province, Iran

City

Sponsors / Funding sources

1

Sponsor

Name of organization / entity

Vice Chancellor for Research and Technology, Shiraz
University of Medical Sciences

Full name of responsible person

Dr Gholamreza Hatam

Street address

Seventh floor, Central Building of Shiraz University of
Medical Sciences, Zand Street, Shiraz, Fars Province,
Iran

City

Shiraz

Grant name

Grant code / Reference number

**Is the source of funding the same sponsor
organization/entity?**

Yes

Title of funding source

Vice Chancellor for Research and Technology, Shiraz
University of Medical Sciences

Proportion provided by this source

100

Public or private sector

empty

Domestic or foreign origin

empty

Category of foreign source of funding

empty

Country of origin

Type of organization providing the funding

empty

Person responsible for general inquiries

Contact

Name of organization / entity

Shiraz University of Medical Sciences

Full name of responsible person

Leila Beirami

Position

M.A student

Other areas of specialty/work

Street address

School of Nursing Hazrat Fateme, Namazi hospital,
Namazi square, Shiraz, Fars Province, Iran

City

Shiraz

Postal code

71345-1978

Phone

+98 71 3647 4254

Fax

Email

beirami@sums.ac.ir

Web page address

Person responsible for scientific inquiries

Contact

Name of organization / entity

Shiraz University of Medical Sciences

Full name of responsible person

Dr Shahrzad Yektatalab

Position

Department of Nursing

Other areas of specialty/work

Street address

School of Nursing Hazrat Fateme, Namazi hospital,
Namazi square, Shiraz, Fars Province, Iran

City

Shiraz

Postal code

Phone

+98 71 3647 4254

Fax

Email

shahrzadyekta@yahoo.com

Web page address

Person responsible for updating data

Contact

Name of organization / entity

Shiraz University of Medical Sciences

Full name of responsible person

Dr Shahrzad Yektatalab

Position

department of nursing

Other areas of specialty/work

Street address

School of Nursing Hazrat Fateme, Namazi hospital,
Namazi square, Shiraz, Fars Province, Iran

City

Shiraz

Postal code

Phone

+98 71 3628 2978

Fax

Email

shahrzadyekta@yahoo.com

Web page address

Sharing plan

Deidentified Individual Participant Data Set (IPD)

empty

Study Protocol

empty

Statistical Analysis Plan

empty

Informed Consent Form

empty

Clinical Study Report

empty

Analytic Code

empty

Data Dictionary

empty