

Clinical Trial Protocol

Iranian Registry of Clinical Trials

07 Jul 2026

Developing, implementing and evaluating a mother's training program for sexuality education to their 12 to 18 years old girls in Mahshahr city, Iran.

Protocol summary

Summary

Main objectives: 1. Developing a mother's training program for sexuality education to their 12 to 18 years old girls in Mahshahr city. 2. Implementation and evaluation the mother's training program for sexuality education to their 12 to 18 years old girls in Mahshahr city. Design: This is a before,after field trial on the mothers of adolescent girls aged 12 to 18 years in Mahshahr city. proportional multi stage sampling use to select the samples. sample size is 152 person. Inclusion criteria: Having 12 to 18 years old teenage girl studying at first period or second period highschool of Mahshahr city; passing at least a year of their residence in Mahshahr; Having consent to participate in the study. Exclusion criteria: unwillingness to continue cooperation. Setting and conduct: field data collected by using questionnaires and interviews. The project will be conducted in three phases: In the first phase, using focus group discussions,to collect mothers comments and views on sexuality education to girls (for a training needs assessment) and the training program will be desing. In the second phase, samples will participate in 6 session and measurement tools will be completed for them. In the third phase Evaluation of intervention program done by statistical analysis. Intervention: training Intervention. main outcome measures (variables): Mother's knowledge about sexuality; Mother's attitude about sexuality; Mother's skills for effective interpersonal relationships and effective communication.

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT2015060622575N1**

Registration date: **2015-08-19, 1394/05/28**

Registration timing: **retrospective**

Last update:

Update count: **0**

Registration date

2015-08-19, 1394/05/28

Registrant information

Name

Maasoumeh Majdpour

Name of organization / entity

Yasouj univercity of medical sciences

Country

Iran (Islamic Republic of)

Phone

+98 74 1223 3707

Email address

mmajdpour91@gmail.com

Recruitment status

Recruitment complete

Funding source

Yasouj University of Medical Sciences

Expected recruitment start date

2014-10-23, 1393/08/01

Expected recruitment end date

2014-11-21, 1393/08/30

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

Developing, implementing and evaluating a mother's training program for sexuality education to their 12 to 18 years old girls in Mahshahr city, Iran.

Public title

Developing, implementing and evaluating a mother's

training program for sexuality education to their 12 to 18 years old girls in Mahshahr city, Iran.

Purpose

Health service research

Inclusion/Exclusion criteria

Inclusion criteria: Having 12 to 18 years old teenage girl studying at first period or second period highschool of Mahshahr city; passing at least a year of their residence in Mahshahr; Having consent to participate in the study.

Exclusion criteria: unwillingness to continue cooperation

Age

No age limit

Gender

Female

Phase

N/A

Groups that have been masked

No information

Sample size

Target sample size: **152**

Randomization (investigator's opinion)

N/A

Randomization description

Blinding (investigator's opinion)

Not blinded

Blinding description

Placebo

Not used

Assignment

Single

Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee

Ethics committee of Yasouj University of Medical Sciences

Street address

Next to the Damideh health center, Yasouj

City

Yasouj

Postal code

Approval date

2015-02-22, 1393/12/03

Ethics committee reference number

930120308

Health conditions studied

1

Description of health condition studied

-

ICD-10 code

-

ICD-10 code description

-

Primary outcomes

1

Description

Mother's knowledge about sexuality

Timepoint

Before the intervention and 3 months after intervention

Method of measurement

Researcher made questionnaire to assess knowledge and attitude about sexuality education to adolescent girls

2

Description

Mother's attitude about sexuality

Timepoint

Before the intervention and 3 months after intervention

Method of measurement

Researcher made questionnaire to assess knowledge and attitude about sexuality education to adolescent girls

3

Description

Mother's skills for effective interpersonal relationships and effective communication

Timepoint

Before the intervention and 3 months after intervention

Method of measurement

Parent-child relationship Questionnaire(mother)

Secondary outcomes

empty

Intervention groups

1

Description

sexuality education in lecture method, 2 sessions each session lasting 2 hours and Communication skills training in lecture method , 4 sessions, each session lasting 2 hours

Category

Other

Recruitment centers

1

Recruitment center

Name of recruitment center

Mahshahr Education administration

Full name of responsible person

Masoumeh Majdpour

Street address

Number 91, Arak street, Industrial area, Mahshahr

City

Mahshahr

Sponsors / Funding sources

1

Sponsor

Name of organization / entity

Vice Chancellor for research of Yasouj University of Medical Sciences

Full name of responsible person

Mohsen Shams

Street address

Next to the Damydeh health center, Yasouj

City

Yasouj

Grant name

-

Grant code / Reference number

-

Is the source of funding the same sponsor organization/entity?

Yes

Title of funding source

Vice Chancellor for research of Yasouj University of Medical Sciences

Proportion provided by this source

100

Public or private sector

empty

Domestic or foreign origin

empty

Category of foreign source of funding

empty

Country of origin

Type of organization providing the funding

empty

Person responsible for general inquiries

Contact

Name of organization / entity

Yasouj University of Medical Sciences

Full name of responsible person

Masoumeh Majdpour

Position

Master degree student of health education

Other areas of specialty/work

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Mohsen Shams

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Person responsible for updating data

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Full name of responsible person

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Position

Master degree student of health education

Other areas of specialty/work

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Web page address

Sharing plan

Deidentified Individual Participant Data Set (IPD)

empty

Study Protocol

empty

Statistical Analysis Plan

empty

Informed Consent Form

empty

Clinical Study Report

empty

Analytic Code
empty

Data Dictionary
empty