

Clinical Trial Protocol

Iranian Registry of Clinical Trials

21 Jul 2026

The impact of enabling plan empowerment of mothers have mentally retarded student pupil in order to improve the quality of life components in special schools

Protocol summary

Summary

The effect of Family Empowerment Project on educable mentally retarded girls' quality of life parameters in special schools. Determination of the effect of Family Empowerment Project on "family interaction" in families with educable mentally retarded girls in special schools. Determination of the effect of Family Empowerment Project on "parenting capability" in families with educable mentally retarded girls in special schools. Determining the effect of Family Empowerment Project on "emotional health" in families with educable mentally retarded girls in special schools. Determination of the effect of Family Empowerment Project on "physical health" in families with educable mentally retarded girls in special schools. Determination of the effect of Family Empowerment Project on "support for the disabled" in families with disabled children in special schools. Determination of the effect of Family Empowerment Project on "mothers' resilience" in families with disabled children in special schools. The sample population was comprised of 75 mothers with mentally retarded girls who were enrolled by census. In the present study, participants will be assigned to one group, research instruments will be filled out before and after intervention, and no matching will be done. Inclusion criterion into the study is having an educable mentally retarded girl. Mothers of children with other disabilities will not be enrolled into this study. Empowerment intervention will be implemented by training methods such as lecturing using educational media, posters, booklets, videos, and pamphlets. The primary outcome is too seek the improvement of quality of life parameters; secondary outcome will be measurement of mothers' resilience rate, religious attitude, and aggression rate.

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT2015080923566N1**

Registration date: **2015-11-08, 1394/08/17**

Registration timing: **retrospective**

Last update:

Update count: **0**

Registration date

2015-11-08, 1394/08/17

Registrant information

Name

Sakineh Askari Shahid

Name of organization / entity

Yasuj University of Medical Sciences

Country

Iran (Islamic Republic of)

Phone

+98 74 3323 2837

Email address

askari8808@yahoo.com

Recruitment status

Recruitment complete

Funding source

Yasuj University of Medical Sciences (YUMS)

Expected recruitment start date

2015-03-07, 1393/12/16

Expected recruitment end date

2015-07-23, 1394/05/01

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title
The impact of enabling plan empowerment of mothers have mentally retarded student pupil in order to improve the quality of life components in special schools

Public title
Enabling the family of the mentally retarded to improve the components of life.

Purpose
Other

Inclusion/Exclusion criteria
Having a trainable mentally retarded daughter

Age
From **24 years** old to **54 years** old

Gender
Female

Phase
N/A

Groups that have been masked
No information

Sample size
Target sample size: **75**

Randomization (investigator's opinion)
N/A

Randomization description

Blinding (investigator's opinion)
Not blinded

Blinding description

Placebo
Not used

Assignment
Single

Other design features

Secondary Ids

1

Registry name
.

Secondary trial Id
.

Registration date
2017-11-21, 1396/08/30

Ethics committees

1

Ethics committee

Name of ethics committee
Yasuj University of Medical Sciences (YUMS)

Street address
Research Deputy of Research, building No.2, university of medical sciences, Motahari Blvd, Yasuj, Iran.

City
Yasuj

Postal code

Approval date

2015-01-23, 1393/11/03

Ethics committee reference number
93012003015

Health conditions studied

1

Description of health condition studied
The association between empowerment of mothers with educable mentally retarded girls and improvement of quality of life parameters

ICD-10 code
Z80-Z99

ICD-10 code description
Persons with potential health hazards related to family and personal history and certain conditions influencing health status

Primary outcomes

1

Description
Quality of life

Timepoint
Before intervention and four weeks after intervention.

Method of measurement
Family Quality of Life Scale

2

Description
Family Interaction:

Timepoint
Before intervention and four weeks after intervention

Method of measurement
Family Quality of Life Scale General Description

3

Description
Parenting

Timepoint
Before intervention and four weeks after intervention

Method of measurement
Family Quality of Life Scale General Description

4

Description
Emotional Well-being

Timepoint
Before intervention and four weeks after intervention

Method of measurement
Family Quality of Life Scale

5

Description
Physical / Material Well-being

Timepoint

Before intervention and four weeks after intervention
Method of measurement
Family Quality of Life Scale

6

Description
Disability-Related Support
Timepoint
Before intervention and four weeks after intervention
Method of measurement
Family Quality of Life Scale

7

Description
Self-belief
Timepoint
Before intervention and four weeks after intervention
Method of measurement
Family Quality of Life Scale

Secondary outcomes

1

Description
Estimate the self efficacy
Timepoint
Eight weeks after intervention
Method of measurement
self efficacy Scale

Intervention groups

1

Description
The enabling intervention is to be held using Empowerment intervention will be implemented by training methods such as lecturing using educational media, posters, booklets, videos, and pamphlets in four one and a half hours session, in four weeks. The questionnaire will be filled before and after the intervention. Moreover, they will be compared before and after the intervention with each other. Lifestyle intervention
Category
Lifestyle

Recruitment centers

1

Recruitment center
Name of recruitment center
LaLeh 1 special needs school
Full name of responsible person
Sakine Askari Shahed
Street address
City
Yasuj

Sponsors / Funding sources

1

Sponsor
Name of organization / entity
Yasuj University of Medical Sciences
Full name of responsible person
Moosavie Abdo Mohammed
Street address
Motahari Blvd.University of Medical Sciences yasuj
City
Yasouj
Grant name
Grant code / Reference number
Is the source of funding the same sponsor organization/entity?
Yes
Title of funding source
Yasuj University of Medical Sciences
Proportion provided by this source
100
Public or private sector
empty
Domestic or foreign origin
empty
Category of foreign source of funding
empty
Country of origin
Type of organization providing the funding
empty

Person responsible for general inquiries

Contact
Name of organization / entity
Yasuj University of Medical Sciences
Full name of responsible person
Sakineh Askari Shaid
Position
MA student
Other areas of specialty/work
Street address
Kohgiluyeh and Boyerahmad, NO35, Shohada1str,Yasuj, Iran
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Person responsible for scientific inquiries

Contact
Name of organization / entity
Yasuj University of Medical Sciences
Full name of responsible person

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Position

PhD.health education

Other areas of specialty/work

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School of health, 15thGolestan, EmamHossain Blvd

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Person responsible for updating data

Contact

Name of organization / entity

Yasuj University of Medical Sciences

Full name of responsible person

Skineh Askari Shahid

Position

MA Student Health Promotion

Other areas of specialty/work

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Kohgiloyeh and Boyerahmad, NO35.shohada1Str,
1stShohada,Yasouj, Iran

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Sharing plan

Deidentified Individual Participant Data Set (IPD)

empty

Study Protocol

empty

Statistical Analysis Plan

empty

Informed Consent Form

empty

Clinical Study Report

empty

Analytic Code

empty

Data Dictionary

empty