

Clinical Trial Protocol

Iranian Registry of Clinical Trials

17 Sep 2026

The Effect of Group Education on Self efficacy and Craving Tendencie in Drug Abuser Treatment Center

Protocol summary

Summary

Regarding the high number of drug users and the high incidence of recurrent phenomenon on the one hand and the need to increase prevention programs for drug users on the other hand, the researchers aimed to study the effects of group education on self efficacy and tempting tendencies in people leaving drug addiction in Gorgan 5th Azar treatment training center. This is a non-randomized clinical trial. The research plan was taken in two groups (experimental and control groups); containing two pre test and post test stages. First, the control group filled two questionnaires of carving tendency and self sufficiency. They filled the questionnaires again after one month. Then, members of the experimental group are selected. They filled two questionnaires of carving tendency and self sufficiency. Afterwards, a training group program including 8 sessions is hold (each session 1.5 hours; two sessions per week). One month later, after completion of the group training sessions, questionnaires were completed again by the experimental group.

General information

Acronym

not used

IRCT registration information

IRCT registration number: **IRCT2015091323683N2**

Registration date: **2017-02-20, 1395/12/02**

Registration timing: **retrospective**

Last update:

Update count: **0**

Registration date

2017-02-20, 1395/12/02

Registrant information

Name

Naiemeh Seyedfatemi

Name of organization / entity

Iran University of Medical Sciences

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Iran (Islamic Republic of)

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Recruitment status

Recruitment complete

Funding source

Iran University of Medical Sciences

Expected recruitment start date

2016-02-20, 1394/12/01

Expected recruitment end date

2016-06-20, 1395/03/31

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

The Effect of Group Education on Self efficacy and Craving Tendencie in Drug Abuser Treatment Center

Public title

The Effect of Group Education on Self efficacy and Craving Tendencie in Drug Abuser Treatment Center

Purpose

Supportive

Inclusion/Exclusion criteria

Input criteria: The age of 18-65 years old; ability to read and write; experiences of taking different drugs; both male and female genders without known physical disease; passing a maximum time of one month from their referring to the center. Output criteria: Existence of a sudden stress factor; being absent in more than three

meeting sessions; attending the rehabilitation and abstinence based session.

Age

From **18 years** old to **65 years** old

Gender

Both

Phase

N/A

Groups that have been masked

No information

Sample size

Target sample size: **100**

Randomization (investigator's opinion)

Not randomized

Randomization description

Blinding (investigator's opinion)

Double blinded

Blinding description

Placebo

Not used

Assignment

Parallel

Other design features

not used

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee

Iran University of Medical Sciences, School of Nursing and Midwifery

Street address

Street Martyr Yassami, Vanak Square, Valiasr Street

City

Tehran

Postal code

1996713883

Approval date

2015-11-07, 1394/08/16

Ethics committee reference number

IR.IUMS.REC.1394.9211196201

Health conditions studied

1

Description of health condition studied

Relationship of Group Education on Self Efficacy and Craving Tendencie in Drug Abusers Treatment center

ICD-10 code

ICD-10 code description

Primary outcomes

1

Description

Primary Outcom 1: Self Efficacy

Timepoint

A pre test, Immediately after the 8 session of post test training

Method of measurement

DAASE Index

2

Description

Primary Outcom 2: Craving Tendencie

Timepoint

A pre test, one month later than usual care clinics, post test

Method of measurement

Craving Beliefs Questionnaire CBQ

Secondary outcomes

empty

Intervention groups

1

Description

Intervention 1: In these sessions, in addition to discussing the symptoms and problems caused by drugs in the, the explanations about the warning signs of relapse, identification of stressful and dangerous situations, ways to overcome interpersonal conflicts, social pressures to cope with temptation based on mindfulness, using the favorable consumers' experience, and correction of undesirable factors were also discussed. The sessions also address the reinforcement of the coping skills, strengthening the control of painful emotions such as anxiety and anger, and the basic tasks in supportive methods.

Category

Other

2

Description

Intervention 2: In the control group, only common clinical program runs. After the completion of training courses, training manual given to this group.

Category

Treatment - Other

Recruitment centers

1

Recruitment center

Name of recruitment center

Fifth of Azar Medical, Addiction Training Center

Full name of responsible person

Fateme Sheikhejad

Street address

Street Fifth of Azar
City
Gorgan

Sponsors / Funding sources

1

Sponsor

Name of organization / entity

Iran University of Medical Science, Vice Chancellor for
Rrcearch

Full name of responsible person

Dr Seyed Javad Mosavi

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Iran University of Medical Science, Shahid Hemat
Highway,Tehran, IRAN

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Tehran

Grant name

Grant code / Reference number

Is the source of funding the same sponsor organization/entity?

Yes

Title of funding source

Iran University of Medical Science, Vice Chancellor for
Rrcearch

Proportion provided by this source

100

Public or private sector

empty

Domestic or foreign origin

empty

Category of foreign source of funding

empty

Country of origin

Type of organization providing the funding

empty

Person responsible for general inquiries

Contact

Name of organization / entity

Iran University of Medical Sciences, School of Nursing
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Full name of responsible person

Mrs. Doctor Naima Seyedfatemi

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Sharing plan

Deidentified Individual Participant Data Set (IPD)

empty

Study Protocol

empty

Statistical Analysis Plan

empty

Informed Consent Form

empty

Clinical Study Report

empty

Analytic Code

empty

Data Dictionary
empty