

Clinical Trial Protocol

Iranian Registry of Clinical Trials

18 Sep 2026

The effects of Spiritual-Religious care on Hope and Life satisfaction in The Elderly patients with coronary artery disease who were referred to Imam Khomeini hospital in Mahallat city

Protocol summary

Summary

Objective: To determine the effect of religious spiritual care of optimism and life satisfaction in elderly patients with coronary artery disease who were referred to Imam Khomeini hospital in city planning areas of study: non-randomized, single-blinded, placebo-uncontrolled, single-center, phase II trial, study population: elderly patients with coronary artery disease between the ages of 60 to 90 years, referred to Imam Khomeini Hospital Clinic city neighborhood at 1394 Main inclusion criteria: 1) the elderly coronary artery disease by cardiologist confirmed; 2) be able to withstand the physical and mental fitness sessions and do not have to answer questions; 3) non-severe mental disorders based on the contents of the medical records; 4) score greater than 7 test Understanding the AMT geriatric assessment; Main exclusion criteria: 1) absence of more than one session; 2) lack of desire or give up the child to participate in programs of pastoral care; 3) physical disorders such as pain and fatigue that prevents participation in the study; sample size: 50, b) intervention study on religious spiritual care of elderly patients with cardiovascular disease study group meeting for about an hour during 5 (c) intervention: October until the end of November (d) the primary outcome of the study: increase optimism and satisfaction of life of patients with cardiovascular disease.

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT2015090223862N1**
Registration date: **2015-10-19, 1394/07/27**
Registration timing: **na**

Last update:

Update count: **0**

Registration date

2015-10-19, 1394/07/27

Registrant information

Name

Mahboubeh Farasat

Name of organization / entity

University of Social Welfare and Rehabilitation

Country

Iran (Islamic Republic of)

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Recruitment status

Not enough for processing

Funding source

Financial resources provided by the researcher

Expected recruitment start date

2015-06-22, 1394/04/01

Expected recruitment end date

2015-03-31, 1394/01/11

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

The effects of Spiritual-Religious care on Hope and Life satisfaction in The Elderly patients with coronary artery disease who were referred to Imam Khomeini hospital in Mahallat city

Public title

The effects of Spiritual-Religious care on Hope and Life

satisfaction in The Elderly patients with Coronary Artery Disease who were referred to Imam Khomeini Hospital in Mahallat city	
Purpose	Supportive
Inclusion/Exclusion criteria	Inclusion criteria: 1) in elderly patients with coronary artery disease over 60 years; 2) the elderly coronary artery disease confirmed by a cardiologist; 3) willingness to cooperate with the investigator and be involved in research; 4) the ability to communicate appropriately during the initial interview with the researcher have; 5) have literacy and be able to speak Persian, 6) are Shi'a Muslims; 7) non-severe mental disorders based on the contents of the medical records, 8) business cognitive Assessment AMT score more than 7 seniors; , Exclusion criteria: 1) absence of more than one session; 2) lack of desire or give up the child to participate in programs of pastoral care; 3) physical disorders such as pain and fatigue that prevents participation; 4) If the elderly study dies; 5) history of participation in religious spiritual interventions such intervention study; 6) participate in stress management interventions promote hope at the same time; Environmental research: the study of the heart and Imam Khomeini Hospital Clinic city neighborhood where the samples will be selected and then the intervention will take place in the auditorium of the hospital (Hospital Imam Khomeini city neighborhoods and of the hospital clinic, which beds it was attended by specialists in cardiology and internal active morning and afternoon).
Age	From 34 years old to 4 years old
Gender	Both
Phase	N/A
Groups that have been masked	No information
Sample size	Target sample size: 50
Randomization (investigator's opinion)	Not randomized
Randomization description	
Blinding (investigator's opinion)	Single blinded
Blinding description	
Placebo	Not used
Assignment	Parallel
Other design features	
Secondary Ids	empty
Ethics committees	
<u>1</u>	
Ethics committee	Name of ethics committee University of Social Welfare and Rehabilitation Street address kodakyar Ave, daneshjo Blvd, Evin, Tehran City Tehran Postal code 1985713834 Approval date 2015-10-09, 1394/07/17 Ethics committee reference number IR.USWR.REC.1394.181
Health conditions studied	
<u>1</u>	
Description of health condition studied	Coronary Artery Disease
ICD-10 code	I25.9
ICD-10 code description	Ischaemic heart disease (chronic) NOS
Primary outcomes	
<u>1</u>	
Description	Hope
Timepoint	Before the intervention - after intervention
Method of measurement	Snyder Hope Scale
<u>2</u>	
Description	Life satisfaction
Timepoint	Before the intervention- after intervention
Method of measurement	life satisfaction questionnaire (LSI-Z)
Secondary outcomes	
<u>1</u>	
Description	Hope and life satisfaction
Timepoint	before intervention
Method of measurement	Snyder Hope questionnaire and Life Satisfaction (LSI - Z) questionnaire
Intervention groups	
<u>1</u>	
Description	

Religious spiritual care for the intervention group for five 60-minute sessions in the form of Richards and Bergin

Category

Lifestyle

2

Description

The control group did not take any intervention will only completed questionnaires and again after one month, the questionnaire will be provided.

Category

Lifestyle

Recruitment centers

1

Recruitment center

Name of recruitment center

Imam Khomeini hospital in Mahallat city

Full name of responsible person

Mahboubbeh Farasat

Street address

Jomhoury street, Mahallat

City

Mahallat

Sponsors / Funding sources

1

Sponsor

Name of organization / entity

Arak University of Medical Sciences

Full name of responsible person

Doctor Mohammad Rafeie

Street address

Department of Health and Community Medicine,
School of Medicine, University of Medical Sciences,
Basij, Arak

City

Arak

Grant name

Grant code / Reference number

Is the source of funding the same sponsor organization/entity?

Yes

Title of funding source

Arak University of Medical Sciences

Proportion provided by this source

100

Public or private sector

empty

Domestic or foreign origin

empty

Category of foreign source of funding

empty

Country of origin

Type of organization providing the funding

empty

Person responsible for general inquiries

Contact

Name of organization / entity

Arak University of Medical Sciences

Full name of responsible person

Mahboubbeh Farasat

Position

nurse

Other areas of specialty/work

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Person responsible for scientific inquiries

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Mahboubbeh Farasat

Position

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Person responsible for updating data

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Sharing plan

Deidentified Individual Participant Data Set (IPD)

empty

Study Protocol

empty

Statistical Analysis Plan

empty

Informed Consent Form

empty

Clinical Study Report

empty

Analytic Code

empty

Data Dictionary

empty