

Clinical Trial Protocol

Iranian Registry of Clinical Trials

26 Jul 2026

The effect of coping skills training on quality of life in adolescents daughters of mothers with breast cancer

Protocol summary

Summary

Objective: Effectiveness of coping skills training on daughters of mothers who suffers from breast cancer on their quality of life. Design: Non-random, not blind, controlled phase, double center study. Study population: Female adolescents (15 :18 years) of mothers who suffer from breast cancer. Method: In this study,after obtaining approval from the ethics committee of the university's ethics committee, to collect samples described above. Samples of experimental group have been selected from Imam Khomeini Hospital and samples of the control have been selected from Rasoul Akram Hospital. Teaching materials to experimental group are being thought in 4 session (2 hours for each session) while pediatric psychiatrist have been attended in all 4 session. Control group have not being thought. General Pediatric Quality Of Life questionnaire have been completed before and after intervention in experimental group. This questionnaire have been completed at the base line and 4 weeks later by control group. Inclusion criteria: they have not chronic disease or cancer, previously unknown as psychological physical and cognitive disorders. Exclusion criteria: occurrence of stressful events, attendance in specific courses related to subject of our study,not attending in more than one session. Sample size: 96 Intervention: teaching coping skills during 4 session. The primary outcome: the effect of coping skills training on quality of life of those girls whose mothers are suffering from breast cancer.

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT2015102024617N1**

Registration date: **2015-12-27, 1394/10/06**

Registration timing: **retrospective**

Last update:

Update count: **0**

Registration date

2015-12-27, 1394/10/06

Registrant information

Name

Mina Mianji

Name of organization / entity

Iran University of medical Sciences

Country

Iran (Islamic Republic of)

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Email address

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Recruitment status

Recruitment complete

Funding source

Vice chancellor for research, Iran University of Medical Sciences

Expected recruitment start date

2015-10-23, 1394/08/01

Expected recruitment end date

2015-12-22, 1394/10/01

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

The effect of coping skills training on quality of life in adolescents daughters of mothers with breast cancer

Public title

The effect of coping skills training on quality of life in adolescents daughters (15 :18 years) of mothers with breast cancer !

Purpose

Supportive

Inclusion/Exclusion criteria

Inclusion criteria: they have not chronic disease or cancer, previously unknown as psychological physical and cognitive disorders. Exclusion criteria: occurrence of stressful events, attendance in specific courses related to subject of our study, not attending in more than one session.

Age

From **15 years** old to **17 years** old

Gender

Female

Phase

3

Groups that have been masked

No information

Sample size

Target sample size: **96**

Randomization (investigator's opinion)

N/A

Randomization description

Blinding (investigator's opinion)

Not blinded

Blinding description

Placebo

Not used

Assignment

Parallel

Other design features

Secondary Ids

1

Registry name

-

Secondary trial Id

-

Registration date

empty

Ethics committees

1

Ethics committee

Name of ethics committee

Ethics committee of Iran University of Medical Sciences

Street address

Side of Millad towera, Hemmat highway

City

Tehran

Postal code

Approval date

2015-10-14, 1394/07/22

Ethics committee reference number

IR.IUMS.REC.1394.26577

Health conditions studied

1

Description of health condition studied

pediatric Quality of life

ICD-10 code

ICD-10 code description

Primary outcomes

1

Description

Quality of life

Timepoint

Before intervention, 1 month after intervention

Method of measurement

Pediatric Quality of Life Inventory Tm 4.0 Questionnaire

Secondary outcomes

1

Description

-

Timepoint

-

Method of measurement

-

Intervention groups

1

Description

Intervention group: coping skills training in 4 session in 2 hours per session

Category

Lifestyle

2

Description

Control group Not application

Category

N/A

Recruitment centers

1

Recruitment center

Name of recruitment center

Imam Khomeini Hospital

Full name of responsible person

Dr.Habibolah Mahmoodzadeh

Street address

Imam Khomeini Hospital, End of boulevard Keshavarz, Valiasr Square

City

Tehran

2

Recruitment center

Name of recruitment center

Hazrat Rasoul Hospital

Full name of responsible person

Dr.Mohamad Jabari

Street address

Niyayesh Street, Shahrara, Satarkhan Street

City

Tehran

Sponsors / Funding sources

1

Sponsor

Name of organization / entity

Vice chancellor for research, Iran University of Medical Sciences

Full name of responsible person

Dr.Morteza Naserbakht

Street address

Avenue Valiasr, Street Rashid Yasemi, School of Nursing and Midwifery

City

Tehran

Grant name

-

Grant code / Reference number

-

Is the source of funding the same sponsor organization/entity?

Yes

Title of funding source

Vice chancellor for research, Iran University of Medical Sciences

Proportion provided by this source

100

Public or private sector

empty

Domestic or foreign origin

empty

Category of foreign source of funding

empty

Country of origin

Type of organization providing the funding

empty

Person responsible for general inquiries

Contact

Name of organization / entity

Medicine Science University

Full name of responsible person

Mina Mianji

Position

Master of pediatric nursing

Other areas of specialty/work

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Web page address

Sharing plan

Deidentified Individual Participant Data Set (IPD)

empty

Study Protocol

empty

Statistical Analysis Plan

empty

Informed Consent Form

empty

Clinical Study Report

empty

Analytic Code

empty

Data Dictionary

empty