

Clinical Trial Protocol

Iranian Registry of Clinical Trials

16 Sep 2026

The Effect of Functional Analytic Psychotherapy (FAP) on Quality of Life and Self-esteem of Prostitutes: single-subject design

Protocol summary

Summary

The purpose of the present study is to determine the effect of Functional Analytic Psychotherapy on life quality and self-esteem of prostitutes. The inclusion criteria are being prostitute; no other psychological interventions; not using psychiatry medicines; not addicted 5- guidance school and higher grade; be in 20-40 years old range and exclusion criteria include clients dissatisfaction to continue and irregular presence in psychotherapy sessions. The statistical population is women prostitutes referred to prostitutes counselling centers in Isfahan city and sample size is 2. The primary outcome of this study is quality of life and self-esteem of prostitutes. Quality of life SF-36 questionnaire and Coopersmith self-esteem inventory are used to collect data prior to intervention in sessions of 1, 2 and 3(baseline). Then the intervention starts which is consisted of 16 sessions of Functional Analytic Psychotherapy twice a week and primary outcomes are assessed in sessions of 6, 9, 12, 15 and 18. Finally, in two follow-up, which are applied 15 days and one month after last session of intervention, primary outcomes are assessed

General information

Acronym

FAP

IRCT registration information

IRCT registration number: **IRCT2015102624719N1**

Registration date: **2015-12-06, 1394/09/15**

Registration timing: **retrospective**

Last update:

Update count: **0**

Registration date

2015-12-06, 1394/09/15

Registrant information

Name

Parvin Mirenayat

Name of organization / entity

Islamic Azad University of Isfahan(Khorasgan)

Country

Iran (Islamic Republic of)

Phone

Email address

parvin_mirenayat@yahoo.com

Recruitment status

Recruitment complete

Funding source

Islamic Azad University of Isfahan(Khorasgan)

Expected recruitment start date

2015-04-05, 1394/01/16

Expected recruitment end date

2015-04-20, 1394/01/31

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

The Effect of Functional Analytic Psychotherapy (FAP) on Quality of Life and Self-esteem of Prostitutes: single-subject design

Public title

The effect of Functional Analytic Psychotherapy on life quality and self-esteem of prostitutes in Isfahan city

Purpose

Treatment

Inclusion/Exclusion criteria

Inclusion criteria: being prostitute; no other psychological interventions; not using psychiatry medicines; not addicted; guidance school and higher grade; be in 20-40 years old range Exclusion criteria: clients dissatisfaction to continue therapy; irregular presence in psychotherapy

sessions

Age
From **20 years** old to **40 years** old

Gender
Female

Phase
N/A

Groups that have been masked
No information

Sample size
Target sample size: **2**

Randomization (investigator's opinion)
N/A

Randomization description

Blinding (investigator's opinion)
Not blinded

Blinding description

Placebo
Not used

Assignment
Single

Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee
Islamic Azad University of Isfahan(Khorasgan)

Street address
Arghavanieh, Jey St.

City
Isfahan

Postal code

Approval date
2015-02-07, 1393/11/18

Ethics committee reference number
23820701931004

Health conditions studied

1

Description of health condition studied
prostitution

ICD-10 code
-

ICD-10 code description
-

Primary outcomes

1

Description
quality of life

Timepoint

sessions of 1,2 and 3 prior to the intervention (baseline) ,
sessions of 6, 9, 12, 15 and 18 in the intervention phase.
in two follow-up which are applied 15 days and one
month after last session of intervention

Method of measurement

Quality of life SF-36 questionnaire

2

Description

self-esteem

Timepoint

sessions of 1,2 and 3 prior to the intervention (baseline) ,
sessions of 6, 9, 12, 15 and 18 in the intervention phase.
in two follow-up which are applied 15 days and one
month after last session of intervention

Method of measurement

coopersmith self-esteem inventory

Secondary outcomes

empty

Intervention groups

1

Description

16 sessions of Functional Analytic Psychotherapy for 45
minutes twice a week

Category

Other

Recruitment centers

1

Recruitment center

Name of recruitment center
counseling center for vulnerable women 1

Full name of responsible person
Miss Keshavarz

Street address

City
Isfahan

Sponsors / Funding sources

1

Sponsor

Name of organization / entity
Islamic Azad University of Isfahan(Khorasgan)

Full name of responsible person
Dr. Toghiani

Street address
Arghavanieh, Jey St.

City
Isfahan

Grant name

Grant code / Reference number

Is the source of funding the same sponsor organization/entity?

Yes

Title of funding source

Islamic Azad University of Isfahan(Khorasgan)

Proportion provided by this source

100

Public or private sector

empty

Domestic or foreign origin

empty

Category of foreign source of funding

empty

Country of origin

Type of organization providing the funding

empty

Person responsible for general inquiries

Contact

Name of organization / entity

Islamic Azad University of Isfahan(Khorasgan)

Full name of responsible person

Parvin Mirenayat

Position

M.A/student

Other areas of specialty/work

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Sharing plan

Deidentified Individual Participant Data Set (IPD)

empty

Study Protocol

empty

Statistical Analysis Plan

empty

Informed Consent Form

empty

Clinical Study Report

empty

Analytic Code

empty

Data Dictionary

empty