

Clinical Trial Protocol

Iranian Registry of Clinical Trials

28 Jul 2026

The effect of educational counseling on knowledge, attitude and practice of pregnant women who referring to Kerman city health care clinics toward urinary tract infection in 2015

Protocol summary

Summary

The effect of counseling education on knowledge, attitude and practice of pregnant women to health centers Kerman, Iran on urinary tract infection in pregnant women in the first trimester 1393-94-study random urinary infection and lack of standards Exclusion: wanting in completing the questionnaire, information from other sources by the end of sampling in the field of urinary tract infection, urinary infection during pregnancy, predisposing diseases including kidney disease, diabetes, immune system dysfunction is.

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT2015121824866N2**
Registration date: **2017-07-19, 1396/04/28**
Registration timing: **retrospective**

Last update:

Update count: **0**

Registration date

2017-07-19, 1396/04/28

Registrant information

Name

Katayoun Alidousti

Name of organization / entity

Kerman University of Medical Sciences

Country

Iran (Islamic Republic of)

Phone

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Email address

alidoosti@kmu.ac.ir

Recruitment status

Recruitment complete

Funding source

Kerman University of Medical Sciences

Expected recruitment start date

2015-05-22, 1394/03/01

Expected recruitment end date

2015-09-23, 1394/07/01

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

The effect of educational counseling on knowledge, attitude and practice of pregnant women who referring to Kerman city health care clinics toward urinary tract infection in 2015

Public title

The effect of educational counseling on knowledge, attitude and practice of pregnant women who referring to Kerman city health care clinics toward urinary tract infection in 2015

Purpose

Prevention

Inclusion/Exclusion criteria

Inclusion criterion: pregnant women in the first trimester of pregnancy without history of urinary infection during pregnancy. Exclusion criteria: unwillingness to complete a questionnaire; receiving information from other sources by the end of sampling in the field of urinary tract infection; history of urinary infection during pregnancy; predisposing diseases for urinary infection including kidney disease, diabetes mellitus and immune deficiency.

Age

From **14 years** old to **45 years** old

Gender

Female

Phase

N/A

Groups that have been masked

No information

Sample size

Target sample size: **120**

Randomization (investigator's opinion)

Randomized

Randomization description

Blinding (investigator's opinion)

Single blinded

Blinding description

Placebo

Not used

Assignment

Parallel

Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee

Kerman University of Medical Sciences

Street address

Kerman University of Medical Sciences, Jomhuri St.,
Shafa St.

City

Kerman

Postal code

Approval date

2015-02-20, 1393/12/01

Ethics committee reference number

635/93/5

Health conditions studied

1

Description of health condition studied

Urinary tract infection

ICD-10 code

O23.4

ICD-10 code description

Unspecified infection of urinary tract in pregnancy

Primary outcomes

1

Description

Knowledge

Timepoint

Before and one month after intervention

Method of measurement

Investigator made questionnaire

2

Description

Attitude

Timepoint

Before and one month after intervention

Method of measurement

Investigator made questionnaire

3

Description

Practice

Timepoint

Before and one month after intervention

Method of measurement

Investigator made questionnaire

Secondary outcomes

empty

Intervention groups

1

Description

The interventional group received 2 psychological-training counseling sessions of 45 to 60 minutes with the interval of a week regarding the anatomy of the urinary tract and reproductive health, nutrition and its effect on urinary tract infections, sex and its relationship with urinary tract infections and the complications of urinary tract infections in pregnancy. At the end of each session, FAQ was conducted, and at the end of the second consulting session, a pamphlet containing a summary of the expressed subjects were given to them. Then four supportive counseling sessions in frequent telephone follow-up were conducted for a month focusing on observing the trained issues.

Category

Lifestyle

2

Description

However, it was not conducted any intervention for the control group. The relevant questionnaire was completed by both groups before the intervention and one month later.

Category

Lifestyle

Recruitment centers

1

Recruitment center

Name of recruitment center

Health care clinics

Full name of responsible person

Sahar Yazdi

Street address

Kerman Nursing & Midwifery Faculty

City

Kerman

Sponsors / Funding sources

1

Sponsor

Name of organization / entity

Kerman University of Medical Sciences

Full name of responsible person

Abbas Pardakhti

Street address

Vice chancellor for Research and Technology, Kerman
University of Medical Sciences, Somayeh four way,
Shariaty street

City

Kerman

Grant name

93/495

Grant code / Reference number

Is the source of funding the same sponsor organization/entity?

Yes

Title of funding source

Kerman University of Medical Sciences

Proportion provided by this source

100

Public or private sector

empty

Domestic or foreign origin

empty

Category of foreign source of funding

empty

Country of origin

Type of organization providing the funding

empty

Person responsible for general inquiries

Contact

Name of organization / entity

Kerman University of Medical Sciences

Full name of responsible person

Sahar Yazdi

Position

MSc

Other areas of specialty/work

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Web page address

Sharing plan

Deidentified Individual Participant Data Set (IPD)

empty

Study Protocol

empty

Statistical Analysis Plan

empty

Informed Consent Form

empty

Clinical Study Report
empty
Analytic Code

empty
Data Dictionary
empty