

Clinical Trial Protocol

Iranian Registry of Clinical Trials

28 Jun 2026

Effect of dignity therapy on hope level and human dignity in patients with major depressive disorder

Protocol summary

Summary

Objectives: Determination of effect of dignity therapy on hope level and dignity in patients with major depressive disorder. Design: Randomly and individually according to study, first The control group and then, the intervention group was to complete the sample size. Setting and conduct: 58 Patients with major depressive disorder, hospitalized at Ibn Sina hospital of Mashhad, will be assigned to dignity therapy (n=28) and control groups (n=30). Major Inclusion criteria: willingness to participate in study; The definitive diagnosis of major depressive disorder by a psychiatrist; The ability to at least read and write; The lack of mental and physical disorders simultaneously. Major Exclusion criteria: Unwillingness to continue to participate in the study; Lack of cooperation from the patient's family or friends to participate in the study and received a document generator; Introduction of another psychiatric diagnosis (by a psychiatrist) During the study. Interventions: Dignity therapy: In an interview for 30 to 45 minutes, The therapist will give to patient the opportunity to remember aspects of life such as pride or things that he was and is a significant part of life history who likes. Then during two sessions of 45 to 30 minutes, the patient conversations recorded, transcribed and edited. And after confirmation of patient, in the form of a document generator will be returned to him to the patient with people who are willing to share. The control group will receive usual care. main outcome measures (variables): Questionnaire human dignity and Herth Hope Index that they will be performed immediately before intervention and two month after.

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT2015112625250N1**

Registration date: **2016-01-12, 1394/10/22**

Registration timing: **retrospective**

Last update:

Update count: **0**

Registration date

2016-01-12, 1394/10/22

Registrant information

Name

Saeed Vaghee

Name of organization / entity

Mashhad university of Medical sciences

Country

Iran (Islamic Republic of)

Phone

+98 51 3859 1511

Email address

vaghee@mums.ac.ir

Recruitment status

Recruitment complete

Funding source

Vice chancellor for research, Mashhad University of Medical Sciences

Expected recruitment start date

2015-07-11, 1394/04/20

Expected recruitment end date

2015-11-01, 1394/08/10

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

Effect of dignity therapy on hope level and human dignity in patients with major depressive disorder

Public title

Effect of dignity therapy on hope level and human dignity

Purpose

Other

Inclusion/Exclusion criteria

Inclusion criteria: willingness to participate in study; The definitive diagnosis of major depressive disorder by a psychiatrist; The ability to at least read and write; The lack of mental and physical disorders simultaneously. Exclusion criteria: Unwillingness to continue to participate in the study; Lack of cooperation from the patient's family or friends to participate in the study and received a document generator. Introduction of another psychiatric diagnosis (by a psychiatrist) During the study.

Age

From **18 years** old to **60 years** old

Gender

Both

Phase

2-3

Groups that have been masked

No information

Sample size

Target sample size: **58**

Randomization (investigator's opinion)

Randomized

Randomization description

Blinding (investigator's opinion)

Not blinded

Blinding description

Placebo

Not used

Assignment

Parallel

Other design features

Secondary Ids

1

Registry name

-

Secondary trial Id

-

Registration date

empty

Ethics committees

1

Ethics committee

Name of ethics committee

Ethics committee of Mashhad University of Medical Sciences

Street address

Vice chancellor for research, Mashhad University of Medical Sciences, next to the Hovezeh Cinema, University avenue, Mashhad

City

Mashhad

Postal code

9177899191

Approval date

2015-07-04, 1394/04/13

Ethics committee reference number

IR.MUMS.REC.1394.248

Health conditions studied

1

Description of health condition studied

Major Depressive Disorder

ICD-10 code

F32.2

ICD-10 code description

Severe depressive episode without psychotic symptoms

Primary outcomes

1

Description

hope

Timepoint

immediately before intervention and two month after the intervention

Method of measurement

Herth Hope Index

2

Description

human dignity

Timepoint

immediately before intervention and two month after the intervention

Method of measurement

Questionnaire human dignity

Secondary outcomes

empty

Intervention groups

1

Description

Intervention group: In an interview for 30 to 45 minutes, The therapist will give to patient the opportunity to remember aspects of life such as pride or things that he was and is a significant part of life history who likes. Then during two sessions of 45 to 30 minutes, the patient conversations recorded, transcribed and edited And after confirmation of patient , in the form of a document generator will be returned to him to The patient with people who are willing to share.

Category

Other

2

Description

control group: They received usual care.

Category

Other

Recruitment centers**1****Recruitment center****Name of recruitment center**

Mashhad, Ibn Sina psychiatric hospital

Full name of responsible person

Dr Fateme Mohareri

Street address

Next Astan Ghods Naghlie, end Hor Ameli of the street, Mashhad

City

Mashhad

Sponsors / Funding sources**1****Sponsor****Name of organization / entity**

Vice Chancellor for research of Mashhad University of Medical Sciences

Full name of responsible person

Dr Mohsen Tafaghodi

Street address

Vice chancellor for research, Mashhad University of Medical Sciences, next to the Hovezeh cinema, Daneshgah avenue, Mashhad

City

Mashhad

Grant name

-

Grant code / Reference number

-

Is the source of funding the same sponsor organization/entity?

Yes

Title of funding source

Vice Chancellor for research of Mashhad University of Medical Sciences

Proportion provided by this source

100

Public or private sector*empty***Domestic or foreign origin***empty***Category of foreign source of funding***empty***Country of origin****Type of organization providing the funding***empty***Person responsible for general inquiries****Contact****Name of organization / entity**

School of Nursing and Midwifery

Full name of responsible person

Saeed Vaghee

Position

Instructor of psychiatric nursing

Other areas of specialty/work**Street address**

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Fax**Email**

Vaghees@mums.ac.ir

Web page address

empty

Sharing plan

Informed Consent Form

empty

Deidentified Individual Participant Data Set (IPD)

Clinical Study Report

empty

empty

Study Protocol

Analytic Code

empty

empty

Data Dictionary

Statistical Analysis Plan

empty