Clinical Trial Protocol
Iranian Registry of Clinical Trials

09 Nov 2026

Effect of dignity therapy on hope level and human dignity in patients with major depressive disorder

Protocol summary

Summary

Objectives:Determination of effect of dignity therapy on hope level and dignity in patients with major depressive disorder.Design: Randomly and individually according to study, first The control group and then, the intervention group was to complete the sample size. Setting and conduct: 58 Patients with major depressive disorder, hospitalized at Ibn Sina hospital of Mashhad, will be assigned to dignity therapy (n=28) and control groups (n=30). Major Inclusion criteria:willingness to participate in study; The definitive diagnosis of major depressive disorder by a psychiatrist; The ability to at least read and write; The lack of mental and physical disorders simultaneously.Major Exclusion criteria: Unwillingness to continue to participate in the study; Lack of cooperation from the patient's family or friends to participate in the study and received a document generator; Introduction of another psychiatric diagnosis (by a psychiatrist) During the study. Interventions:Dignity therapy:In an interview for 30 to 45 minutes, The therapist will gives to patient the opportunity to remember aspects of life such as pride or things that he was and is a significant part of life history who likes.Then during two sessions of 45 to30 minutes, the patient conversations recorded, transcribed and edited And after confirmation of patient , in the form of a document generator will be returned to him toThe patient with people who are willing to share.The control group will receive usual care. main outcome measures (variables): Questionnaire human dignity and Herth Hope Index that they will be performed immediately before intervention and two month after.

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT2015112625250N1**
Registration date: **2016-01-12, 1394/10/22**
Registration timing: **retrospective**
Last update:
Update count: **0**

Registration date

2016-01-12, 1394/10/22

Registrant information

Name

Saeed Vaghee

Name of organization / entity

Mashhad university of Medical sciences

Country

Iran (Islamic Republic of)

Phone

+98 51 3859 1511

Email address

vaghee@mums.ac.ir

Recruitment status

Recruitment complete

Funding source

Vice chancellor for research, Mashhad University of Medical Sciences

Expected recruitment start date

2015-07-11, 1394/04/20

Expected recruitment end date

2015-11-01, 1394/08/10

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

Effect of dignity therapy on hope level and human dignity in patients with major depressive disorder

Public title

Effect of dignity therapy on hope level and human dignity

Purpose

Other

Inclusion/Exclusion criteria
Inclusion criteria: willingness to participate in study; The definitive diagnosis of major depressive disorder by a psychiatrist; The ability to at least read and write; The lack of mental and physical disorders simultaneously.Exclusion criteria: Unwillingness to continue to participate in the study; Lack of cooperation from the patient's family or friends to participate in the study and received a document generator3-Introduction of another psychiatric diagnosis (by a psychiatrist) During the study.

Age
From **18 years** old to **60 years** old

Gender
Both

Phase
2-3

Groups that have been masked
No information

Sample size
Target sample size: **58**

Randomization (investigator's opinion)
Randomized

Randomization description

Blinding (investigator's opinion)
Not blinded

Blinding description

Placebo
Not used

Assignment
Parallel

Other design features

Secondary Ids

1

Registry name
-

Secondary trial Id
-

Registration date
empty

Ethics committees

1

Ethics committee

Name of ethics committee
Ethics committee of Mashhad University of Medical Sciences

Street address
Vice chancellor for research, Mashhad University of Medical Sciences, next to the Hovezeh Cinema, University avenue, Mashhad

City
Mashhad

Postal code
9177899191

Approval date
2015-07-04, 1394/04/13

Ethics committee reference number
IR.MUMS.REC.1394.248

Health conditions studied

1

Description of health condition studied
Major Depressive Disorder

ICD-10 code
F32.2

ICD-10 code description
Severe depressive episode without psychotic symptoms

Primary outcomes

1

Description
hope

Timepoint
immediately before intervention and two month after the intervention

Method of measurement
Herth Hope Index

2

Description
human dignity

Timepoint
immediately before intervention and two month after the intervention

Method of measurement
Questionnaire human dignity

Secondary outcomes

empty

Intervention groups

1

Description
Intervention group: In an interview for 30 to 45 minutes, The therapist will give to patient the opportunity to remember aspects of life such as pride or things that he was and is a significant part of life history who likes.Then during two sessions of 45 to 30 minutes, the patient conversations recorded, transcribed and edited And after confirmation of patient , in the form of a document generator will be returned to him toThe patient with people who are willing to share.

Category
Other

2

Description
control group: They received usual care.

Category
Other

Recruitment centers

1

Recruitment center
Name of recruitment center
Mashhad, Ibn Sina psychiatric hospital
Full name of responsible person
Dr Fateme Mohareri
Street address
Next Astan Ghods Naghlie, end Hor Ameli of the street, Mashhad
City
Mashhad

Sponsors / Funding sources

1

Sponsor
Name of organization / entity
Vice Chancellor for research of Mashhad University of Medical Sciences
Full name of responsible person
Dr Mohsen Tafaghodi
Street address
Vice chancellor for research, Mashhad University of Medical Sciences, next to the Hovezeh cinema, Daneshgah avenue, Mashhad
City
Mashhad
Grant name
-
Grant code / Reference number
-
Is the source of funding the same sponsor organization/entity?
Yes
Title of funding source
Vice Chancellor for research of Mashhad University of Medical Sciences
Proportion provided by this source
100
Public or private sector
empty
Domestic or foreign origin
empty
Category of foreign source of funding
empty
Country of origin
Type of organization providing the funding
empty

Person responsible for general inquiries

Contact
Name of organization / entity
School of Nursing and Midwifery
Full name of responsible person
Saeed Vaghee
Position
Instructor of psychiatric nursing
Other areas of specialty/work
Street address
Plaque 1.237, Rudaki 2, Rezashahr, Mashhad
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Person responsible for scientific inquiries

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Person responsible for updating data

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Name of organization / entity
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Full name of responsible person
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Position
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Other areas of specialty/work
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Plaque 1.237, Rudaki 2, Rezashahr, Mashhad
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Email
Vaghees@mums.ac.ir

Web page address

Sharing plan

Deidentified Individual Participant Data Set (IPD)
empty
Study Protocol
empty
Statistical Analysis Plan
empty
Informed Consent Form
empty
Clinical Study Report
empty
Analytic Code
empty
Data Dictionary
empty