

Clinical Trial Protocol

Iranian Registry of Clinical Trials

17 Sep 2026

The effectiveness of short-term psychodynamic therapy on sexual desire and sexual satisfaction in women with depression

Protocol summary

Summary

The aim of this study is to determine the effectiveness of short-term psychosocial therapy on sexual desire and marital satisfaction in women with depression. This clinical trial study with control group will be conducted on women referred to marital medicine clinic of Imam Reza Hospital in Kermanshah City, who have been diagnosed with sexual dysfunction and have conditions to enter the study. At first, the samples will be pre-tested and the extent of sexual dysfunction, sexual satisfaction and depression will be measured using Beck Depression, Enrich Marital Satisfaction and Evaluating Sexual Function questionnaires. All the participants are placed in the control group and experimental group based on odd and even numbers respectively. Then the therapy will be taken based on intensive short-term dynamic psychotherapy (ISTDP) by a clinical psychologist with a valid certificate of a short-term psycho-therapeutic course from New Design Institute twice a week in ten 10-minute sessions at marital medicine clinic. After each session, the researcher will review the content of the session and examine the extent of matching and synchronization of the strategies and procedures used in therapy with the therapy protocol. As well as sessions of therapy will be selected randomly and evaluated by the colleagues.

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT2017082425433N4**

Registration date: **2017-09-10, 1396/06/19**

Registration timing: **prospective**

Last update:

Update count: **0**

Registration date

2017-09-10, 1396/06/19

Registrant information

Name

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Name of organization / entity

Kermanshah University of Medical Sciences

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Recruitment status

Recruitment complete

Funding source

Kermanshah University of Medical Sciences

Expected recruitment start date

2017-11-21, 1396/08/30

Expected recruitment end date

2017-12-21, 1396/09/30

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

The effectiveness of short-term psychodynamic therapy on sexual desire and sexual satisfaction in women with depression

Public title

The effectiveness of short-term psychodynamic therapy on sexual desire and sexual satisfaction in women with depression

Purpose

Treatment

Inclusion/Exclusion criteria

Inclusion criteria: Being married, diagnosis of sexual dysfunction by a specialist, diagnosis of depression by a psychologist and a score greater than 40 in depression scale. Exclusion criteria: receiving simultaneous medical or psychological therapies.

Age

From **17 years** old to **59 years** old

Gender

Female

Phase

N/A

Groups that have been masked

No information

Sample size

Target sample size: **40**

Randomization (investigator's opinion)

N/A

Randomization description

Blinding (investigator's opinion)

Not blinded

Blinding description

Placebo

Not used

Assignment

Parallel

Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee

Ethics committee of Kermanshah University of Medical Sciences

Street address

Vice Chancellor of Research, No 2 Building ,
Kermanshah University of Medical Sciences, Martyr
Shahid Beheshti, Kermanshahi

City

Kermanshahi

Postal code

Approval date

2017-08-16, 1396/05/25

Ethics committee reference number

KUMS.REC.1396.259

Health conditions studied

1

Description of health condition studied

Depression

ICD-10 code

F30-F39

ICD-10 code description

This block contains disorders in which the fundamental

disturbance is a change in affect or mood to depression (with or without associated anxiety) or to elation. The mood change is usually accompanied by a change in the overall level of activity; most of

Primary outcomes

1

Description

Depression

Timepoint

Before treatment

Method of measurement

Beak Depression Questionnaire

Secondary outcomes

1

Description

sexual desire

Timepoint

Before treatment

Method of measurement

Sexual Function Questionnaire

2

Description

sexual satisfaction

Timepoint

Before treatment

Method of measurement

Enrique sexual satisfaction Questionnaire

Intervention groups

1

Description

Intervention group: Short-term Psychodynamic Therapy

Category

Behavior

2

Description

control group: Relaxation

Category

Behavior

Recruitment centers

1

Recruitment center

Name of recruitment center

Marital medicine clinic of Imam Reza Hospital

Full name of responsible person

Dr javad Razgouchi

Street address
Imam Reza Hospital
City
Kermanshah

fateme.dehghan1368@gmail.com
Web page address

Sponsors / Funding sources

1

Sponsor

Name of organization / entity
Vice chancellor for research Kermanshah University of Medical Sciences
Full name of responsible person
Korosh Hamzai
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Vice President of Research, Building 2, Kermanshah University of Medical Sciences, Martyr Shahed Behesht, Kermanshah
City
Kermanshah

Grant name

Grant code / Reference number

Is the source of funding the same sponsor organization/entity?

Yes

Title of funding source

Vice chancellor for research Kermanshah University of Medical Sciences

Proportion provided by this source

100

Public or private sector

empty

Domestic or foreign origin

empty

Category of foreign source of funding

empty

Country of origin

Type of organization providing the funding

empty

Person responsible for general inquiries

Contact

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Sharing plan

Deidentified Individual Participant Data Set (IPD)

empty

Study Protocol

empty

Statistical Analysis Plan

empty

Informed Consent Form

empty

Clinical Study Report

empty

Analytic Code
empty

Data Dictionary
empty