

Clinical Trial Protocol

Iranian Registry of Clinical Trials

10 Jun 2026

Comparison of the effect of group versus integrated (individual and group) counseling of women on quality gap in marital counseling and attitudes toward childbearing from the perspective of them

Protocol summary

Summary

The object of this study is to Comparison of the effect of group versus integrated (individual and group) counseling of women on quality gap in marital counseling and attitudes toward childbearing from the perspective of them. Specific objectives include the mean change score marriage counseling quality gap and the mean change in attitude to childbearing in women receiving group and integrated counseling after intervention. The study of women attending premarital counseling at health centers in Mashhad, Non-probability- easy sampling and The sample size in each group is 54 people. The two groups of group and integrated counseling Participants are divided into groups of 12. 15. Content includes emotional and sexual relationships, healthy pregnancy and childbearing That in the group receiving group counseling, six hours (three sessions with an interval of one week) in accordance with the principles and techniques of counseling offered. This topic Mass in the group receiving integrated counseling, in four hours, the group counseling offered and 2 hours required for individual counseling on the above issues have been considered. Primary and secondary variables associated with the use of questionnaires before and after the intervention can be calibrated. Inclusion criteria for this study include: Iranian and resident of the city of Mashhad; have a consent to participate in research; be literate; mental and physical disabilities or pshycological disorders that hinder learning is obvious; dont exit. Exclusion criteria were as follows: women who have remarried; there is no desire to continue research; not to fully participate in counseling sessions (Absence of more than ninety minutes of meetings). The main variables in this study are the quality gap and attitudes toward childbearing.

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT2015120825438N1**
Registration date: **2016-01-25, 1394/11/05**
Registration timing: **na**

Last update:

Update count: **0**

Registration date

2016-01-25, 1394/11/05

Registrant information

Name

Seyyedeh Adeleh Rahmanian

Name of organization / entity

Mashhad University Of Medical Sciences

Country

Iran (Islamic Republic of)

Phone

+98 51 3859 1511

Email address

rahmaniana921@mums.ac.ir

Recruitment status

Not enough for processing

Funding source

90% of research funding, implementing partners and 10% of credit research and evidence-based care

Expected recruitment start date

2015-12-22, 1394/10/01

Expected recruitment end date

2015-04-21, 1394/02/01

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

Comparison of the effect of group versus integrated (individual and group) counseling of women on quality gap in marital counseling and attitudes toward childbearing from the perspective of them

Public title

marital counseling

Purpose

Prevention

Inclusion/Exclusion criteria

Inclusion criteria for this study include: Iranian and resident of the city of Mashhad; have a consent to participate in research; be literate; mental and physical disabilities or psychological disorders that hinder learning is obvious; don't exit. Exclusion criteria were as follows: women who have remarried; there is no desire to continue research; not to fully participate in counseling sessions (Absence of more than ninety minutes of meetings).

Age

No age limit

Gender

Female

Phase

2

Groups that have been masked

No information

Sample size

Target sample size: **108**

Randomization (investigator's opinion)

Randomized

Randomization description**Blinding (investigator's opinion)**

Not blinded

Blinding description**Placebo**

Not used

Assignment

Parallel

Other design features**Secondary Ids**

empty

Ethics committees**1****Ethics committee****Name of ethics committee**

Ethics Committee Mashhad University of Medical Sciences

Street address

Administration Center(Qoreishi Building), Daneshgah St, Mashhad

City

Mashhad

Postal code

3944-91388

Approval date

2015-11-07, 1394/08/16

Ethics committee reference number

IR.MUMS.REC.1394.490

Health conditions studied**1****Description of health condition studied**

marital counseling

ICD-10 code

XXI

ICD-10 code description

Factors influencing health status and contact with health services

Primary outcomes**1****Description**

quality gap in marital counseling

Timepoint

Beginning of the first session - End of third session

Method of measurement

Derived from the Servqual questionnaire

2**Description**

attitudes toward childbearing

Timepoint

Beginning of first session - A week after third session

Method of measurement

attitude to childbearing questionnaire

Secondary outcomes**1****Description**

Attitude to emotional relationships couples

Timepoint

The beginning of the first session - the end of the third session

Method of measurement

couples' emotional relationship questionnaire

2**Description**

Knowledge and attitudes to sexual relationships

Timepoint

The beginning of the first session - the end of the third session

Method of measurement

Skas questionnaire

3

Description

knowledge and attitude to healthy pregnancy

Timepoint

Beginning of the first session - A week after third session

Method of measurement

knowledge and attitude to healthy pregnancy questionnaires

Intervention groups

1

Description

In the group receiving marriage counseling group , three two-hour sessions to be held within a week . The six hours of discussions are about Emotional and sexuality relationships, health care related to pregnancy and childbearing. In fact, in this Intervention the presentation of two hours of premarital counseling classes at health centers has increased to six hours. Moreover, the method of presentation is Counseling that is based on client need to spend the training mode is active. To provide group counseling principles and techniques needed to be trained researcher. The topic of childbearing , which is now a major issue in our country on the issue of family planning is an alternative intervention.

Category

Lifestyle

2

Description

In the group receiving combination counseling (the combination of group and individual counseling), three two-hour sessions to be held within a week. Four hours of group counseling and individual counseling is two hours. Content of emotional and sexuality relationships, health care related to pregnancy and childbearing in four hours using techniques group counseling will be provided. Two hours of individual counseling is also given time to client to obtain information about content and receive answers. People who have serious problems in the field of the above issues will be referred to a psychologist.

Category

Lifestyle

Recruitment centers

1

Recruitment center

Name of recruitment center

Student Health Center

Full name of responsible person

Dr.Zamani

Street address

Farhang Square, Danesh Amouz 10, Danesh Amouz Blvd, Vakil Abad Blvd

City

Mashhad

2

Recruitment center

Name of recruitment center

Health Centre (2)

Full name of responsible person

Dr.Mahmoudi

Street address

next to the park Vahdat, beginning Vahdat Blvd, Mashhad

City

Mashhad

Sponsors / Funding sources

1

Sponsor

Name of organization / entity

Vice chancellor for research, Mashhad University of Medical Sciences

Full name of responsible person

Dr Saieed Eslami

Street address

Administration Center(Qoreishi Building), Daneshgah St, Mashhad

City

Mashhad

Grant name

Grant code / Reference number

Is the source of funding the same sponsor organization/entity?

Yes

Title of funding source

Vice chancellor for research, Mashhad University of Medical Sciences

Proportion provided by this source

100

Public or private sector

empty

Domestic or foreign origin

empty

Category of foreign source of funding

empty

Country of origin

Type of organization providing the funding

empty

Person responsible for general inquiries

Contact

Name of organization / entity

Mashhad University of Medical Science

Full name of responsible person

Seyyedeh Adeleh Rahmanian

Position

Masters student

Other areas of specialty/work

Street address

Faculty of Nursing – Midwifery, Doktora Crossroads,

Daneshgah St
City
Mashhad
Postal code
9137913199
Phone
+98 51 3859 1511
Fax
+98 51 3859 7313
Email
nms.it[at]mums.ac.ir; rahmaniana921@mums.ac.ir
Web page address
<http://nurse.mums.ac.ir>

Person responsible for scientific inquiries

Contact
Name of organization / entity
Mashhad University of Medical Sciences
Full name of responsible person
Dr Talat Khadivzadeh
Position
PhD in Reproductive Health
Other areas of specialty/work
Street address
Faculty of Nursing – Midwifery, Doktora Crossroads,
Daneshgah St
City
Mashhad
Postal code
9137913199
Phone
+98 51 3859 1511
Fax
+98 51 3859 7313
Email
nms.it[at]mums.ac.ir; khadivzadeht@mums.ac.ir
Web page address
<http://nurse.mums.ac.ir/>

Person responsible for updating data

Contact
Name of organization / entity
Mashhad University of Medical Sciences / School of
Nursing and midwifery
Full name of responsible person
Seyyedeh Adeleh Rahmanian
Position
Masters student
Other areas of specialty/work
Street address
Faculty of Nursing – Midwifery, Doktora Crossroads,
Daneshgah St
City
Mashhad
Postal code
9137913199
Phone
+98 51 3859 1511
Fax
+98 51 3859 7313
Email
nms.it[at]mums.ac.ir; RAHMANIANA921@MUMS.AC.IR
Web page address
<http://nurse.mums.ac.ir/>

Sharing plan

Deidentified Individual Participant Data Set (IPD)
empty
Study Protocol
empty
Statistical Analysis Plan
empty
Informed Consent Form
empty
Clinical Study Report
empty
Analytic Code
empty
Data Dictionary
empty