# Clinical Trial Protocol
# Iranian Registry of Clinical Trials

09 Nov 2026

## Effect of Cognitive - Behavioral Group therapy in promotion of mental health in opiate addicts

## Protocol summary

**Summary**
The aim of current study is the effectiveness of cognitive-behavioral group therapy on promoting of mental health in opioid addicts. This study is a pretest- posttest study with control group. The research community is all of opioid addicts in Kermanshah city and the required sample is 36 opioid addicts. After convenience sampling, the subjects are randomly divided into two groups: cognitive behavior therapy (18 person) and control groups(18 person). Data are collected with general health questionnaire at baseline and post-test and one month after the end of treatment

## General information

**Acronym**
**IRCT registration information**
IRCT registration number: **IRCT2016010325817N1**
Registration date: **2016-01-20, 1394/10/30**
Registration timing: **retrospective**

Last update:
Update count: **0**
**Registration date**
2016-01-20, 1394/10/30

**Registrant information**
**Name**
Ali Akbar Parvizi Far
**Name of organization / entity**
**Country**
Iran (Islamic Republic of)
**Phone**
+98 918 330 8692
**Email address**
aa.parvizif@kums.ac.ir

**Recruitment status**
**Recruitment complete**

**Funding source**
Vice – Chancellery of Research & Technology Affairs of Kermanshah University of Medical Science

**Expected recruitment start date**
2014-09-29, 1393/07/07
**Expected recruitment end date**
2015-09-29, 1394/07/07
**Actual recruitment start date**
empty
**Actual recruitment end date**
empty
**Trial completion date**
empty

**Scientific title**
Effect of Cognitive - Behavioral Group therapy in promotion of mental health in opiate addicts

**Public title**
Effect of Cognitive - Behavioral Group therapy in promotion of mental health in opiate addicts
**Purpose**
Treatment
**Inclusion/Exclusion criteria**
Inclusion criteria are: Having at least a high school diploma ; Non-use of psychiatric medications or other treatment before or during the intervention Exclusion criteria include: The presence of significant psychiatric disorder ; Thoughts of suicide
**Age**
No age limit
**Gender**
Male

**Phase**
N/A
**Groups that have been masked**
*No information*
**Sample size**
Target sample size: **36**
**Randomization (investigator's opinion)**

Randomized

**Randomization description**

**Blinding (investigator's opinion)**

Not blinded

**Blinding description**

**Placebo**

Not used

**Assignment**

Parallel

**Other design features**

## Secondary Ids

empty

## Ethics committees

### 1

**Ethics committee**

**Name of ethics committee**

Kermanshah University of Medical Science

**Street address**

Vice – Chancellery of Research & Technology Affairs, building No.2,shahid beheshti blvd, Kermanshah

**City**

Kermanshah

**Postal code**

6715847141

**Approval date**

2015-11-11, 1394/08/20

**Ethics committee reference number**

KUMS.Res.1394.167

## Health conditions studied

### 1

**Description of health condition studied**

Mental and behavioural disorders due to use of opioids

**ICD-10 code**

f11

**ICD-10 code description**

Mental and behavioural disorders due to use of opioids

## Primary outcomes

### 1

**Description**

Mental health

**Timepoint**

befor intervention, tree month after intervention and one month after end of intervention

**Method of measurement**

general health questionnaire

## Secondary outcomes

empty

## Intervention groups

### 1

**Description**

The experimental group received 12 sessions(90 minutes) of cognitive behavioral therapy

**Category**

Behavior

### 2

**Description**

the control group will received only routine treatment

**Category**

N/A

## Recruitment centers

### 1

**Recruitment center**

**Name of recruitment center**

Farabi Hospital of Kermanshah

**Full name of responsible person**

**Street address**

**City**

Kermanshah

## Sponsors / Funding sources

### 1

**Sponsor**

**Name of organization / entity**

Kermanshah University of Medical Science

**Full name of responsible person**

Dr. Hamze

**Street address**

Vice – Chancellery of Research & Technology Affairs of Kermanshah University of Medical Science

**City**

Kermanshah

**Grant name**

**Grant code / Reference number**

**Is the source of funding the same sponsor organization/entity?**

Yes

**Title of funding source**

Kermanshah University of Medical Science

**Proportion provided by this source**

100

**Public or private sector**

*empty*

**Domestic or foreign origin**

*empty*

**Category of foreign source of funding**

*empty*

**Country of origin**

**Type of organization providing the funding**

*empty*

## Person responsible for general inquiries

**Contact**

**Name of organization / entity**
Kermanshah University of Medical Sciences

**Full name of responsible person**
Seyed Mojtaba Ahmadi

**Position**
post graduate

**Other areas of specialty/work**

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## Person responsible for scientific inquiries

**Contact**

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**Full name of responsible person**
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**Position**
phd

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## Person responsible for updating data

**Contact**

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Kermanshah University of Medical Sciences

**Full name of responsible person**
Azade Barzkar

**Position**

**Other areas of specialty/work**

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## Sharing plan

**Deidentified Individual Participant Data Set (IPD)**
*empty*

**Study Protocol**
*empty*

**Statistical Analysis Plan**
*empty*

**Informed Consent Form**
*empty*

**Clinical Study Report**
*empty*

**Analytic Code**
*empty*

**Data Dictionary**
*empty*