

Clinical Trial Protocol

Iranian Registry of Clinical Trials

16 Jul 2026

The effect of family psycho-education on the frequency of readmission in patients with schizophrenia hospitalized in razi psychiatric center in Urmia 2016

Protocol summary

Summary

The aim of this study is to determine the effect of family psych education on the frequency of hospitalization in patients with schizophrenia in Razi Psychiatric Center in Urmia. Study design: An experimental study with two groups (control and intervention). Study population: Patients with schizophrenia in Razi Psychiatric Center in Urmia. Main inclusion criteria: The definitive diagnosis of schizophrenia, having history of at least one time readmission. Exclusion criteria: Absence at more than one session of the training classes. Sample size: 50 person, and random allocation to two groups of 50 people. The intervention: family psych education, 5 training sessions, twice a week, for three weeks, each class lasts 60 to 80 minutes, so that each class will be attending with 7-6 patient and their family, one of the active members. Primary outcomes: frequency of readmission.

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT2016080726347N4**

Registration date: **2017-02-19, 1395/12/01**

Registration timing: **retrospective**

Last update:

Update count: **0**

Registration date

2017-02-19, 1395/12/01

Registrant information

Name

Soheyla Ahangarzade Rezaei

Name of organization / entity

Urmia University of Medical Sciences

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Recruitment status

Recruitment complete

Funding source

Urmia University of Medical Sciences

Expected recruitment start date

2016-08-22, 1395/06/01

Expected recruitment end date

2016-11-21, 1395/09/01

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

The effect of family psycho-education on the frequency of readmission in patients with schizophrenia hospitalized in razi psychiatric center in Urmia 2016

Public title

The effect of family psycho-education on the frequency of readmission in patients with schizophrenia

Purpose

Supportive

Inclusion/Exclusion criteria

inclusion criteria: The definitive diagnoses of schizophrenia; having history of at least one time readmission. Exclusion criteria: Absence at more than one session of the training classes.

Age

No age limit

Gender

Both

Phase

N/A

Groups that have been masked

No information

Sample size

Target sample size: 50

Randomization (investigator's opinion)

Randomized

Randomization description**Blinding (investigator's opinion)**

Not blinded

Blinding description**Placebo**

Not used

Assignment

Parallel

Other design features**Secondary Ids**

empty

Ethics committees**1****Ethics committee****Name of ethics committee**

Urmia University of Medical Sciences

Street address

Orjhans Street, Resalat Blvd, Urmia , Iran Urmia

City

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5714783734

Approval date

2016-07-03, 1395/04/13

Ethics committee reference number

ir.umsu.rec.1395.124

Health conditions studied**1****Description of health condition studied**

schizophrenia

ICD-10 code

F20

ICD-10 code description

Schizophrenia

Primary outcomes**1****Description**

Readmission

Timepoint

One, three and six months after the end of the

intervention

Method of measurement

Questionnaire

Secondary outcomes

empty

Intervention groups**1****Description**

Intervention group: family psych education; 5 training sessions, twice a week, for three weeks, each class is 60 to 80 minutes, so that each class will be attending with 7-6 patient and their his family, one of the active members.

Category

Treatment - Other

2**Description**

Control group: The control group will receive no intervention.

Category

Treatment - Other

Recruitment centers**1****Recruitment center****Name of recruitment center**

Razi hospital of Urmia University of Medical Sciences

Full name of responsible person

Sina Nejaatpoor

Street address

Razi Hospital, Salmas Road, Urmia, I.R.IRAN

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Sponsors / Funding sources**1****Sponsor****Name of organization / entity**

Urmia University of Medical Sciences

Full name of responsible person

Irag Mohabbi

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Grant name**Grant code / Reference number****Is the source of funding the same sponsor organization/entity?**

Yes

Title of funding source

Urmia University of Medical Sciences
Proportion provided by this source
100
Public or private sector
empty
Domestic or foreign origin
empty
Category of foreign source of funding
empty
Country of origin
Type of organization providing the funding
empty

Person responsible for general inquiries

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Sharing plan

Deidentified Individual Participant Data Set (IPD)

empty

Study Protocol

empty

Statistical Analysis Plan

empty

Informed Consent Form

empty

Clinical Study Report

empty

Analytic Code

empty

Data Dictionary

empty