# Clinical Trial Protocol
# Iranian Registry of Clinical Trials

16 Sep 2026

## Development and evaluation of the effect of intervention program based on Health Promotion Model on Health Care Seeking Behavior status among reproductive age women

## Protocol summary

**Summary**

This study will be carried with the aim of developing and evaluating of the effect of intervention program based on Health Promotion Model on health care seeking behavior status among reproductive age women of Qom city. Current study is an intervention and experimental study. Cluster sampling is carried out on 150 women of reproductive age in two experimental and control groups. Therefore, two centers were randomly selected and 75 women from each the centers enrolled randomly. Inclusion criteria include marriage, the age group between 15 to 49 years, not pregnant and not current chronic diseases. Exclusion criteria include unwillingness to cooperate, no participate in training sessions over the two sessions and no participate in the post test. Interventions will include educational sessions with lecture, group discussion and role playing. Sessions content will be achieved based on the results of the pre-test. The primary outcome of this study contains health care seeking behavior and health promotion constructs, which is measured before and three months after intervention.

## General information

**Acronym**

**IRCT registration information**

IRCT registration number: **IRCT2016021126519N1**
Registration date: **2016-06-04, 1395/03/15**
Registration timing: **prospective**

Last update:
Update count: **0**

**Registration date**

2016-06-04, 1395/03/15

**Registrant information**

**Name**

Tahereh Rahimi

**Name of organization / entity**

Yazd University of Medical Sciences

**Country**

Iran (Islamic Republic of)

**Phone**

+98 35 3820 9100

**Email address**

rahimit@ssu.ac.ir

**Recruitment status**

**Recruitment complete**

**Funding source**

Yazd University of Medical Sciences

**Expected recruitment start date**

2016-09-22, 1395/07/01

**Expected recruitment end date**

2017-08-23, 1396/06/01

**Actual recruitment start date**

empty

**Actual recruitment end date**

empty

**Trial completion date**

empty

**Scientific title**

Development and evaluation of the effect of intervention program based on Health Promotion Model on Health Care Seeking Behavior status among reproductive age women

**Public title**

The effect of an educational intervention on health care seeking behavior in women of reproductive age

**Purpose**

Prevention

**Inclusion/Exclusion criteria**

Inclusion criteria: marriage; the age group between 15 to

49 years; not pregnant; not current chronic diseases. Exclusion criteria: unwillingness to cooperate; no participate in training sessions over the two sessions; no participate in the post test.

**Age**

From **15 years** old to **49 years** old

**Gender**

Female

**Phase**

N/A

**Groups that have been masked**

*No information*

**Sample size**

Target sample size: **150**

**Randomization (investigator's opinion)**

Randomized

**Randomization description**

**Blinding (investigator's opinion)**

Not blinded

**Blinding description**

**Placebo**

Not used

**Assignment**

Single

**Other design features**

## Secondary Ids

empty

## Ethics committees

### 1

**Ethics committee**

**Name of ethics committee**

Yazd University of Medical Sciences

**Street address**

Safaeiyeh St, Alem Sq, Yazd University of Medical Sciences, Yazd, Iran

**City**

Yazd

**Postal code**

**Approval date**

2016-01-25, 1394/11/05

**Ethics committee reference number**

IR.SSU.SPH.REC.1394.89

## Health conditions studied

### 1

**Description of health condition studied**

Effect of educational intervention program based on Health Promotion Model on health care seeking behavior in women of reproductive age

**ICD-10 code**

Z75.9

**ICD-10 code description**

Unspecified problem related to medical facilities and other health care

## Primary outcomes

### 1

**Description**

Health care seeking behavior

**Timepoint**

Before intervention, and three month after intervention

**Method of measurement**

Self-administered questionnaire

## Secondary outcomes

empty

## Intervention groups

### 1

**Description**

Intervention group: educational sessions will be considered for this group according to the results of pre-test.

**Category**

Early detection

### 2

**Description**

Control group: no intervention program

**Category**

N/A

## Recruitment centers

### 1

**Recruitment center**

**Name of recruitment center**

Amin Health Center

**Full name of responsible person**

Roghayeh Mohammadian

**Street address**

27 Aley, Shahede Gharbi St, Niroohag St, Qom, Iran

**City**

Qom

### 2

**Recruitment center**

**Name of recruitment center**

AlZahra Health Center

**Full name of responsible person**

Razieh Yaghubloo

**Street address**

Emam Zadeh Ebrahim street, next to AlZahra Medical Center, Qom, Iran

**City**

Qom

## Sponsors / Funding sources

**1**

**Sponsor**
**Name of organization / entity**
Yazd University of Medical Sciences
**Full name of responsible person**
Tahereh Rahimi
**Street address**
Safaeiyeh St, Alem Sq, Yazd University of Medical Sciences, Yazd, Iran
**City**
Yazd
**Grant name**
**Grant code / Reference number**
**Is the source of funding the same sponsor organization/entity?**
Yes
**Title of funding source**
Yazd University of Medical Sciences
**Proportion provided by this source**
100
**Public or private sector**
*empty*
**Domestic or foreign origin**
*empty*
**Category of foreign source of funding**
*empty*
**Country of origin**
**Type of organization providing the funding**
*empty*

## Person responsible for general inquiries

**Contact**
**Name of organization / entity**
Yazd University of Medical Sciences
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## Person responsible for updating data

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## Sharing plan

**Deidentified Individual Participant Data Set (IPD)**
*empty*
**Study Protocol**
*empty*
**Statistical Analysis Plan**
*empty*
**Informed Consent Form**
*empty*
**Clinical Study Report**
*empty*
**Analytic Code**
*empty*
**Data Dictionary**
*empty*