

Clinical Trial Protocol

Iranian Registry of Clinical Trials

21 Jul 2026

Development and evaluation of the effect of intervention program based on Health Promotion Model on Health Care Seeking Behavior status among reproductive age women

Protocol summary

Summary

This study will be carried with the aim of developing and evaluating of the effect of intervention program based on Health Promotion Model on health care seeking behavior status among reproductive age women of Qom city. Current study is an intervention and experimental study. Cluster sampling is carried out on 150 women of reproductive age in two experimental and control groups. Therefore, two centers were randomly selected and 75 women from each the centers enrolled randomly. Inclusion criteria include marriage, the age group between 15 to 49 years, not pregnant and not current chronic diseases. Exclusion criteria include unwillingness to cooperate, no participate in training sessions over the two sessions and no participate in the post test. Interventions will include educational sessions with lecture, group discussion and role playing. Sessions content will be achieved based on the results of the pre-test. The primary outcome of this study contains health care seeking behavior and health promotion constructs, which is measured before and three months after intervention.

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT2016021126519N1**
Registration date: **2016-06-04, 1395/03/15**
Registration timing: **prospective**

Last update:

Update count: **0**

Registration date

2016-06-04, 1395/03/15

Registrant information

Name

Tahereh Rahimi

Name of organization / entity

Yazd University of Medical Sciences

Country

Iran (Islamic Republic of)

Phone

+98 35 3820 9100

Email address

rahimit@ssu.ac.ir

Recruitment status

Recruitment complete

Funding source

Yazd University of Medical Sciences

Expected recruitment start date

2016-09-22, 1395/07/01

Expected recruitment end date

2017-08-23, 1396/06/01

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

Development and evaluation of the effect of intervention program based on Health Promotion Model on Health Care Seeking Behavior status among reproductive age women

Public title

The effect of an educational intervention on health care seeking behavior in women of reproductive age

Purpose

Prevention

Inclusion/Exclusion criteria

Inclusion criteria: marriage; the age group between 15 to

49 years; not pregnant; not current chronic diseases.
Exclusion criteria: unwillingness to cooperate; no
participate in training sessions over the two sessions; no
participate in the post test.

Age

From **15 years** old to **49 years** old

Gender

Female

Phase

N/A

Groups that have been masked

No information

Sample size

Target sample size: **150**

Randomization (investigator's opinion)

Randomized

Randomization description

Blinding (investigator's opinion)

Not blinded

Blinding description

Placebo

Not used

Assignment

Single

Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee

Yazd University of Medical Sciences

Street address

Safaeiyeh St, Alem Sq, Yazd University of Medical
Sciences, Yazd, Iran

City

Yazd

Postal code

Approval date

2016-01-25, 1394/11/05

Ethics committee reference number

IR.SSU.SPH.REC.1394.89

Health conditions studied

1

Description of health condition studied

Effect of educational intervention program based on
Health Promotion Model on health care seeking behavior
in women of reproductive age

ICD-10 code

Z75.9

ICD-10 code description

Unspecified problem related to medical facilities and
other health care

Primary outcomes

1

Description

Health care seeking behavior

Timepoint

Before intervention, and three month after intervention

Method of measurement

Self-administered questionnaire

Secondary outcomes

empty

Intervention groups

1

Description

Intervention group: educational sessions will be
considered for this group according to the results of pre-
test.

Category

Early detection

2

Description

Control group: no intervention program

Category

N/A

Recruitment centers

1

Recruitment center

Name of recruitment center

Amin Health Center

Full name of responsible person

Roghayeh Mohammadian

Street address

27 Aley, Shahede Gharbi St, Niroohag St, Qom, Iran

City

Qom

2

Recruitment center

Name of recruitment center

AlZahra Health Center

Full name of responsible person

Razieh Yaghubloo

Street address

Emam Zadeh Ebrahim street, next to AlZahra Medical
Center, Qom, Iran

City

Qom

Sponsors / Funding sources

1

Sponsor

Name of organization / entity

Yazd University of Medical Sciences

Full name of responsible person

Tahereh Rahimi

Street address

Safaeiyeh St, Alem Sq, Yazd University of Medical Sciences, Yazd, Iran

City

Yazd

Grant name

Grant code / Reference number

Is the source of funding the same sponsor organization/entity?

Yes

Title of funding source

Yazd University of Medical Sciences

Proportion provided by this source

100

Public or private sector

empty

Domestic or foreign origin

empty

Category of foreign source of funding

empty

Country of origin

Type of organization providing the funding

empty

Person responsible for general inquiries

Contact

Name of organization / entity

Yazd University of Medical Sciences

Full name of responsible person

Tahereh Rahimi

Position

Phd Student of Health Education and Promotion

Other areas of specialty/work

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Sharing plan

Deidentified Individual Participant Data Set (IPD)

empty

Study Protocol

empty

Statistical Analysis Plan

empty

Informed Consent Form

empty

Clinical Study Report

empty

Analytic Code

empty

Data Dictionary

empty