

Clinical Trial Protocol

Iranian Registry of Clinical Trials

16 Sep 2026

The Effect Of Sexual Enrichment Counseling Program On Sexual Satisfaction In Pregnant Women.

Protocol summary

Summary

This study aims to investigate the effectiveness of Sexual Enrichment Counseling Program On Sexual Satisfaction In Pregnant Women. Design: A randomized multy center non-blinded controlled trial. Setting and conduct: The overall aim and setting of the study are explained for eligible people. Samples will be allocated to intervention and control groups with the block size of 4 and informed consents are completed. The control group will receive routine cares. The intervention group will receive routine cares and participate in Sexual enrichment counseling program sessions. Sessions are held weekly. Inclusion criteria : low risk pregnant women in 14 _32 weeks without fetal anomaly , no Psychological problems in couples. First marriage! Not having any of the spouses to alcohol and drugs : no applying for divorce in court by 75 or less score by Larson s Sexual Satisfaction questionnaire that refer to medical care in Mashhad . exclusion criteria is no desire to continue participating in sessions and happening medical and obstetrical problem among sessions : Target sample size is 60 pregnant women and intervention is Six two-hour sessions of in intervention group and Training routine prenatal care in control group.

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT2016022526757N1**
Registration date: **2016-09-03, 1395/06/13**
Registration timing: **registered_while_recruiting**

Last update:

Update count: **0**

Registration date

2016-09-03, 1395/06/13

Registrant information

Name

Fateme Barvanloo Golmohamadi

Name of organization / entity

Shahroud University of Medical Science

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Recruitment status

Recruitment complete

Funding source

Vice Chancellor for research; Shahroud University of Medical Sciences

Expected recruitment start date

2016-08-22, 1395/06/01

Expected recruitment end date

2017-05-19, 1396/02/29

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

The Effect Of Sexual Enrichment Counseling Program On Sexual Satisfaction In Pregnant Women.

Public title

Determine the effects of sexual enrichment program on sexual satisfaction in pregnancy

Purpose

Prevention

Inclusion/Exclusion criteria

Inclusion criteria: 18 _ 35 years old low risk pregnant women in 14 _32 weeks without anomaly.no Psychological l problems in couples. no history of

problem in past pregnancy as: abortion, fetal death, preterm labor and fetal anomaly , no history of primary and secondary infertility! Singleton pregnancy:couples First marriage! Not having any of the spouses to alcohol and drugs : no applying for divorce in court. exclusion criteria: no desire to continue participating in sessions and happening medical and obstetrical problem among sessions.

Age

From **17 years** old to **35 years** old

Gender

Female

Phase

N/A

Groups that have been masked

No information

Sample size

Target sample size: **60**

Randomization (investigator's opinion)

Randomized

Randomization description**Blinding (investigator's opinion)**

Not blinded

Blinding description**Placebo**

Not used

Assignment

Parallel

Other design features**Secondary Ids**

empty

Ethics committees**1****Ethics committee****Name of ethics committee**

Ethics committee of Shahroud University of Medical Sciences

Street address

Central building of Shahroud University of Medical Sciences; TirSquare;Shahroud shahroud Semnan Iran, Islamic Republic Of 3614773955

City

Shahroud

Postal code**Approval date**

2016-06-09, 1395/03/20

Ethics committee reference number

ir.shmu.rec.1395.39

Health conditions studied**1****Description of health condition studied**

sexual satisfaction

ICD-10 code

F52.0

ICD-10 code description

Lack or loss of sexual desire

Primary outcomes**1****Description**

sexual satisfaction

Timepoint

before and after intervention

Method of measurement

Larson s standard sexual satisfaction questionnaire

Secondary outcomes**1****Description**

Marital Satisfaction

Timepoint

before and after intervention

Method of measurement

Enrich marital standard questionnaire

Intervention groups**1****Description**

intervention group: weekly Six two-hour sessions of Sexual enrichment counseling program in women have 75 or less score in Larson s sexual satisfaction questionnaire.

Category

Prevention

2**Description**

In control group we have routine prenatal care.

Category

Prevention

Recruitment centers**1****Recruitment center****Name of recruitment center**

Medical centers in Mashhad

Full name of responsible person

Dr Hamid Dastani

Street address

Mashhad , Razavi Khorasan Street koohsangi 14
Management of Social Security

City

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Sponsors / Funding sources

1

Sponsor

Name of organization / entity

Vice Chancellor for research; Medical Sciences of Shahroud University

Full name of responsible person

Dr Mohammad Hasan Emamian

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shahroud

Grant name**Grant code / Reference number****Is the source of funding the same sponsor organization/entity?**

Yes

Title of funding source

Vice Chancellor for research; Medical Sciences of Shahroud University

Proportion provided by this source

100

Public or private sector

empty

Domestic or foreign origin

empty

Category of foreign source of funding

empty

Country of origin**Type of organization providing the funding**

empty

Person responsible for general inquiries

Contact**Name of organization / entity**

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Position

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Sharing plan

Deidentified Individual Participant Data Set (IPD)

empty

Study Protocol

empty

Statistical Analysis Plan

empty

Informed Consent Form

empty

Clinical Study Report

empty

Analytic Code
empty

Data Dictionary
empty