

Clinical Trial Protocol

Iranian Registry of Clinical Trials

16 Jul 2026

The effect of family counseling on the family support and acceptance among methadone maintenance treatment client referred to addiction management center

Protocol summary

Summary

The present study is a Randomized Clinical Trial (RCT). Convenience sampling conducts among clients who refer to public and private clinics of addiction treatment in Kermanshah city. After random selection, samples will be divided into two groups including case (intervention) group and control group and these groups will adjusted based on the demographic variables. Then, in case group, beside routine interventions that conduct in clinics, two family members of each client (father, mother, spouse, brother or children) will be chosen along with receiving consent form; and these two members will attend the cognitive group consulting sessions according to the with Michael Frey approach. Moreover, routine interventions of clinic will be done in control group. Family group counseling will be hold by attending maximum number of 12 to 15 clients in each group for six sessions and one session per week that takes about 50 to 70 minutes. Before starting interventions, clients of both groups will complete the social acceptance scale questionnaire of Crowne and Marlowe and chronic social supporting-family scale questionnaire. Moreover, 4 weeks after the last consulting session for each group, questionnaire will be filled by clients of both groups again. General Objectives: Determination of the effect of family consulting on family supporting acceptance in patients under treatment with Methadone Research intervention is group counseling with different matter about treatment and rehabilitation related substance use. Families of inpatient clients in public and private centers (in the first stage of sampling), that their patient had received the final and decisive diagnosis of drug abuse; The patient under treatment with methadone is in consultation phase, at least for 2 months. Including refusal to continue cooperation the related samples will be excluded.

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT2016022926844N1**

Registration date: **2016-06-21, 1395/04/01**

Registration timing: **registered_while_recruiting**

Last update:

Update count: **0**

Registration date

2016-06-21, 1395/04/01

Registrant information

Name

Amir Jalali

Name of organization / entity

Kermanshah University of Medical sciences

Country

Iran (Islamic Republic of)

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+98 83 3826 0083

Email address

a_jalali@kums.ac.ir

Recruitment status

Recruitment complete

Funding source

Kermansh University of Medical sciences

Expected recruitment start date

2016-04-20, 1395/02/01

Expected recruitment end date

2016-07-22, 1395/05/01

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty	
Scientific title	The effect of family counseling on the family support and acceptance among methadone maintenance treatment client referred to addiction management center
Public title	The effect of family counseling on the family support and acceptance of addiction clients under methadone treatment
Purpose	Supportive
Inclusion/Exclusion criteria	Inclusion criteria Families of inpatient clients in public and private centers (in the first stage of sampling), that their clients are known case of drug dependent and treated with methadone; The patient under treatment with methadone is in consultation phase, at least for 2 months; Family members are not drug consumer and they live with the patient; The patient is in the 18 to 65 age bond; The patient would have desire and ability to attend the consulting sessions; Presence of at least one member and maximum two members of family in consulting sessions is essential; The patient must not have attend in another similar program; The patient must not have some abnormalities including mental retardation and physical disability such as deadness and blindness;; The patient must have the ability of reading and writing. Exclusion criteria: Including refusal to continue cooperation and no presence in more than one session.
Age	From 18 years old to 65 years old
Gender	Both
Phase	N/A
Groups that have been masked	<i>No information</i>
Sample size	Target sample size: 40
Randomization (investigator's opinion)	Randomized
Randomization description	
Blinding (investigator's opinion)	Not blinded
Blinding description	
Placebo	Not used
Assignment	Parallel
Other design features	
Secondary Ids	empty
Ethics committees	<u>1</u> Ethics committee Name of ethics committee Ethical committee of kermanshah university of medical sciences Street address Shaheid Beheshti .Ave. City Kermanshah Postal code Approval date 2016-05-11, 1395/02/22 Ethics committee reference number KUMS.REC.1395.85 Health conditions studied <u>1</u> Description of health condition studied Substance Use ICD-10 code F11 ICD-10 code description Mental and behavioural disorders due to use of opioids
Primary outcomes	<u>1</u> Description Family acceptance Timepoint Before and 4 weeks after intervention Method of measurement Maslo and Crawn social acceptance skale <u>2</u> Description Family support Timepoint Before and 4 weeks after intervention Method of measurement social support in chronic disease - Family scale
Secondary outcomes	empty
Intervention groups	<u>1</u> Description Control group received custom and normal clinics' interventions Category Lifestyle

2

Description

Intervention groups received group counseling base Michael Frey approach.

Category

Lifestyle

Recruitment centers

1

Recruitment center

Name of recruitment center

substance use treatment centers of Kermanshah univeristy of medical sciences

Full name of responsible person

Street address

City

Kermanshah

Sponsors / Funding sources

1

Sponsor

Name of organization / entity

Kermanshah university of Medical sciences

Full name of responsible person

Behrouz Hamzeh

Street address

Shaheid Beheshti Ave. Kermanshah

City

Kermanshah

Grant name

Grant code / Reference number

Is the source of funding the same sponsor organization/entity?

Yes

Title of funding source

Kermanshah university of Medical sciences

Proportion provided by this source

100

Public or private sector

empty

Domestic or foreign origin

empty

Category of foreign source of funding

empty

Country of origin

Type of organization providing the funding

empty

Person responsible for general inquiries

Contact

Name of organization / entity

Kermanshah university of Medica Sciences

Full name of responsible person

Behnam Khaledi

Position

Master of science

Other areas of specialty/work

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Person responsible for updating data

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KUMS

Full name of responsible person

Marjan Yekzaman

Position

Master degree student

Other areas of specialty/work

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Phone

Fax

Email

Web page address

Sharing plan

Deidentified Individual Participant Data Set (IPD)

empty

Study Protocol

empty

Statistical Analysis Plan

empty
Informed Consent Form
empty
Clinical Study Report
empty

Analytic Code
empty
Data Dictionary
empty