

Clinical Trial Protocol

Iranian Registry of Clinical Trials

25 Jul 2026

The effect of group spiritual intervention t on clients' self esteem and happiness undergoing methadone treatment in Shiraz addiction centers

Protocol summary

Summary

The present study is a Randomized Clinical Trial (RCT). Convenience sampling conducts among clients(50) who refer to public and private clinics of addiction treatment in Shiraz city. After sample selection, samples will be divided into two groups by random including case (intervention) group and control group and these groups will adjusted based on the demographic variables. Then, in case group, beside routine interventions that conduct in clinics, will attend the 10 sessions group spiritual intervention about 50-70 minutes. Moreover, routine interventions of clinic will be done in control group. Before starting interventions, clients of both groups will complete the Cooper Smith self-esteem scale and Oxford happiness scale .Moreover, 4 weeks after the last interevension session for each group, questionnaire will be filled by clients of both groups again.

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT2016081526844N4**

Registration date: **2016-09-02, 1395/06/12**

Registration timing: **registered_while_recruiting**

Last update:

Update count: **0**

Registration date

2016-09-02, 1395/06/12

Registrant information

Name

Amir Jalali

Name of organization / entity

Kermanshah University of Medical sciences

Country

Iran (Islamic Republic of)

Phone

+98 83 3826 0083

Email address

a_jalali@kums.ac.ir

Recruitment status

Recruitment complete

Funding source

Public Budget

Expected recruitment start date

2016-08-22, 1395/06/01

Expected recruitment end date

2016-12-21, 1395/10/01

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

The effect of group spiritual intervention t on clients' self esteem and happiness undergoing methadone treatment in Shiraz addiction centers

Public title

The effect of spiritual intervention on self-steam and happiness

Purpose

Supportive

Inclusion/Exclusion criteria

Basic inclusion criteria is the age range is 18 to 54 years; the patient would have desire and ability to attend the consulting sessions; drug use is at least 6 months; at least 1 month of treatment with methadone is past; the patient must not have attend in another similar program; the patient must not have history of mental illness and the patient must have the ability of reading and writing.

Age

From **18 years** old to **54 years** old

Gender

Both

Phase
2-3

Groups that have been masked
No information

Sample size
Target sample size: **50**

Randomization (investigator's opinion)
Randomized

Randomization description

Blinding (investigator's opinion)
Not blinded

Blinding description

Placebo
Not used

Assignment
Parallel

Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee
Ethical committee of Kermanshah University of Medical Sciences

Street address
Shaheid Beheshti Ave. Kermanshah University of Medical Sciences

City
Kermanshah

Postal code

Approval date
2016-06-08, 1395/03/19

Ethics committee reference number
KUMS.REC.1395.172

Health conditions studied

1

Description of health condition studied
Opiate dependency

ICD-10 code
F-11

ICD-10 code description
Mental and behavioral disorders due to use of opioid

Primary outcomes

1

Description
Self-esteem

Timepoint
Before and four after interevention

Method of measurement
Cooper smith self-esteem scale

2

Description
happiness

Timepoint
Before and four after interevention

Method of measurement
Oxford happiness scale

Secondary outcomes

empty

Intervention groups

1

Description
Spiritual and custom intervention in case group

Category
Behavior

2

Description
Custom intervention for control group

Category
Rehabilitation

Recruitment centers

1

Recruitment center

Name of recruitment center
Emad

Full name of responsible person
Seyed Mohsen Anjoo

Street address
Unit 7, Razi build, Maaliabad, Shiraz

City
Shiraz

2

Recruitment center

Name of recruitment center
Gaam pak

Full name of responsible person
Nasrollah Khalili

Street address
Meirzaye Shirazi, Shiraz

City
Shiraz

Sponsors / Funding sources

1

Sponsor

Name of organization / entity

Vice chancellor for research, Kermansah university of medical sciences

Full name of responsible person

Kouresh Hamzehee

Street address

Vice chancellor for research- Shaheid Beheshti Blov.- Kermanshah

City

Kermabshah

Grant name**Grant code / Reference number****Is the source of funding the same sponsor organization/entity?**

Yes

Title of funding source

Vice chancellor for research, Kermansah university of medical sciences

Proportion provided by this source

100

Public or private sector

empty

Domestic or foreign origin

empty

Category of foreign source of funding

empty

Country of origin**Type of organization providing the funding**

empty

Person responsible for general inquiries

Contact**Name of organization / entity**

Kermanshah University of Medical Sciences

Full name of responsible person

Mahmoud Rahmati

Position

MSc, Faculty member

Other areas of specialty/work**Street address**

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Person responsible for scientific inquiries

Contact**Name of organization / entity**

Kermanshah University of Medical Sciences

Full name of responsible person

Amir Jalali

Position

PhD

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psychiatric Nursing department, School of Nursing and Midwifery

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Mahvash Kashkouli

Position

student of psychiatric Nursing in Master degree

Other areas of specialty/work**Street address**

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Fax**Email****Web page address**

Sharing plan

Deidentified Individual Participant Data Set (IPD)

empty

Study Protocol

empty

Statistical Analysis Plan

empty

Informed Consent Form

empty

Clinical Study Report

empty

Analytic Code

empty

Data Dictionary

empty