

# Clinical Trial Protocol

## Iranian Registry of Clinical Trials

05 Aug 2026

### The effect of holding communication skill training course to seniors family on seniors creativity:a clinical trial

#### Protocol summary

##### Summary

The purpose of this study is to enhance the independence and communication skills among elder people through educating of their families. Inclusion criteria: the elderly people should be physically active and have the ability to do their daily works without depending on others and they should be able to participate in the study. Exclusion criteria: death during the study, being absence for more than one session in educational sessions, physical illnesses with the instability conditions (stroke and heart attack, leading to paralysis and Parkinson's, Alzheimer's), Chronic diseases such as uncontrolled diabetes, and severe birth defects and limiting skeletal disorders, Having uncontrolled mental illness, family members' unwillingness to participate in the study are excluded of this study. Sixty elder people, aged 60 years or older, and their families who are eligible for this study are selected This study is conducted as a pre test-post tests, two-group, interventionl study. After filling out the informed consent form, seniors and their families are divided into intervention and control groups. Loyola Generativity Scale will be filled out by seniors. The intervention group (families of the elder people) receive seven group-training sessions (two 30-40 minute sessions per week) on these topics: elder people and mental changes, the role of family relationships in the health of the elderly, the principles associated with the elderly, social interactions and support systems, communication skills and ways to improve them, communication barriers in the elderly and dealing with it . After finishing the study, post-test will be done for families and seniors and post test will be done after one month. Generativity and communication skills will be measured among elder people based on educating of their families

#### General information

##### Acronym

##### IRCT registration information

IRCT registration number: **IRCT2016041627414N1**

Registration date: **2016-06-16, 1395/03/27**

Registration timing: **registered\_while\_recruiting**

Last update:

Update count: **0**

##### Registration date

2016-06-16, 1395/03/27

##### Registrant information

###### Name

Sara Rahmanian Koshkaki

###### Name of organization / entity

Shiraz University Of Medical Sciences

###### Country

Iran (Islamic Republic of)

###### Phone

+98 71 3647 4254

###### Email address

stud1817297376@sums.ac.ir

##### Recruitment status

###### Recruitment complete

##### Funding source

Vice chancellor for research, Shiraz University Medical Sciences

##### Expected recruitment start date

2016-05-21, 1395/03/01

##### Expected recruitment end date

2016-06-21, 1395/04/01

##### Actual recruitment start date

empty

##### Actual recruitment end date

empty

##### Trial completion date

empty

##### Scientific title

The effect of holding communication skill training course

## Public title

The effect of communication skills training to raise the creators of seniors family

## Purpose

Supportive

## Inclusion/Exclusion criteria

Inclusion criteria : Adults over 60 years old, be physically active and have the ability to do daily tasks without dependence on others . Exclusion criteria : death of samples during the study , being absence for more than one session in educational sessions , physical illnesses with the instability conditions (stroke and heart attack, leading to paralysis and Parkinson's, Alzheimer's) , Chronic diseases such as uncontrolled diabetes, and severe birth defects and limiting skeletal disorders , Having uncontrolled mental illness, family members' unwillingness to participate in the study.

## Age

From **60 years** old

## Gender

Both

## Phase

N/A

## Groups that have been masked

*No information*

## Sample size

Target sample size: **60**

## Randomization (investigator's opinion)

Randomized

## Randomization description

## Blinding (investigator's opinion)

Not blinded

## Blinding description

## Placebo

Not used

## Assignment

Parallel

## Other design features

Table of random numbers

## Secondary Ids

empty

## Ethics committees

### 1

#### Ethics committee

##### Name of ethics committee

Ethics committee of Shiraz University of Medical Science

##### Street address

Zand Street

##### City

Shiraz

##### Postal code

#### Approval date

2016-04-23, 1395/02/04

#### Ethics committee reference number

## Health conditions studied

### 1

#### Description of health condition studied

Generativity in older adults

#### ICD-10 code

-

#### ICD-10 code description

-

## Primary outcomes

### 1

#### Description

Generativity

#### Timepoint

one month after intervention

#### Method of measurement

Loyola questionnaire

## Secondary outcomes

### 1

#### Description

Family Relationship

#### Timepoint

two sessions a week for 30 to 40 minutes)Till 4 Week

#### Method of measurement

Loyola questionnaire

## Intervention groups

### 1

#### Description

Control group: At first fill out a questionnaire by the elderly and after one month, the researchers examine them again. They will left without any education.

#### Category

Behavior

### 2

#### Description

Intervention Groups: filled out The questionnaires Loyola by elderly population .This study involved two groups of pre test - post test. in the study elderly and their families are selected randomly and after Pre-test and control groups and tested during the 7 sessions A team (two sessions a week for 30 - 40 minutes)

#### Category

Behavior

## Recruitment centers

## 1

### Recruitment center

#### Name of recruitment center

Sorosh aging daily center in shiraz

#### Full name of responsible person

Ladan Zarshenas

#### Street address

Tachara street

#### City

Shiraz

## Sponsors / Funding sources

## 1

### Sponsor

#### Name of organization / entity

Vice Chancellor for research of Shiraz University Of Medical Sciences

#### Full name of responsible person

Ladan Zarshenas

#### Street address

Zand Street, Shiraz .

#### City

Shiraz

#### Grant name

-

#### Grant code / Reference number

-

#### Is the source of funding the same sponsor organization/entity?

Yes

#### Title of funding source

Vice Chancellor for research of Shiraz University Of Medical Sciences

#### Proportion provided by this source

100

#### Public or private sector

empty

#### Domestic or foreign origin

empty

#### Category of foreign source of funding

empty

#### Country of origin

#### Type of organization providing the funding

empty

## Person responsible for general inquiries

### Contact

#### Name of organization / entity

School of Nursing And Midwifery, Shiraz University Of Medical Sciences

#### Full name of responsible person

Zarshenas Ladan

#### Position

Assistant Professor

#### Other areas of specialty/work

#### Street address

School Of Nursing And Midwifery, Shiraz University Of Medical Sciences

#### City

Shiraz

#### Postal code

1978-71345

#### Phone

+98 71336474257

#### Fax

+98 71 9361 3119

#### Email

zarshenas@sums.ac.ir; stud1817297376@sums.ac.ir

#### Web page address

## Person responsible for scientific inquiries

### Contact

#### Name of organization / entity

School of Nursing and Midwifery, Shiraz University Of Medical Sciences

#### Full name of responsible person

Ladan Zarshenas

#### Position

Assistant Professor

#### Other areas of specialty/work

#### Street address

Zand Street, Shiraz University Of Medical Science

#### City

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#### Postal code

1978-71345

#### Phone

+98 71336474257

#### Fax

#### Email

zarshenas@sums.ac.ir; stud1817297376@sums.ac.ir

#### Web page address

## Person responsible for updating data

### Contact

## Sharing plan

### Deidentified Individual Participant Data Set (IPD)

empty

### Study Protocol

empty

### Statistical Analysis Plan

empty

### Informed Consent Form

empty

### Clinical Study Report

empty

### Analytic Code

empty

### Data Dictionary

empty