

Clinical Trial Protocol

Iranian Registry of Clinical Trials

05 Aug 2026

The effect of holding communication skill training course to seniors family on seniors creativity:a clinical trial

Protocol summary

Summary

The purpose of this study is to enhance the independence and communication skills among elder people through educating of their families. Inclusion criteria: the elderly people should be physically active and have the ability to do their daily works without depending on others and they should be able to participate in the study. Exclusion criteria: death during the study, being absence for more than one session in educational sessions, physical illnesses with the instability conditions (stroke and heart attack, leading to paralysis and Parkinson's, Alzheimer's), Chronic diseases such as uncontrolled diabetes, and severe birth defects and limiting skeletal disorders, Having uncontrolled mental illness, family members' unwillingness to participate in the study are excluded of this study. Sixty elder people, aged 60 years or older, and their families who are eligible for this study are selected This study is conducted as a pre test-post tests, two-group, interventionl study. After filling out the informed consent form, seniors and their families are divided into intervention and control groups. Loyola Generativity Scale will be filled out by seniors. The intervention group (families of the elder people) receive seven group-training sessions (two 30-40 minute sessions per week) on these topics: elder people and mental changes, the role of family relationships in the health of the elderly, the principles associated with the elderly, social interactions and support systems, communication skills and ways to improve them, communication barriers in the elderly and dealing with it . After finishing the study, post-test will be done for families and seniors and post test will be done after one month. Generativity and communication skills will be measured among elder people based on educating of their families

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT2016041627414N1**

Registration date: **2016-06-16, 1395/03/27**

Registration timing: **registered_while_recruiting**

Last update:

Update count: **0**

Registration date

2016-06-16, 1395/03/27

Registrant information

Name

Sara Rahmanian Koshkaki

Name of organization / entity

Shiraz University Of Medical Sciences

Country

Iran (Islamic Republic of)

Phone

+98 71 3647 4254

Email address

stud1817297376@sums.ac.ir

Recruitment status

Recruitment complete

Funding source

Vice chancellor for research, Shiraz University Medical Sciences

Expected recruitment start date

2016-05-21, 1395/03/01

Expected recruitment end date

2016-06-21, 1395/04/01

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

The effect of holding communication skill training course

Public title

The effect of communication skills training to raise the creators of seniors family

Purpose

Supportive

Inclusion/Exclusion criteria

Inclusion criteria : Adults over 60 years old, be physically active and have the ability to do daily tasks without dependence on others . Exclusion criteria : death of samples during the study , being absence for more than one session in educational sessions , physical illnesses with the instability conditions (stroke and heart attack, leading to paralysis and Parkinson's, Alzheimer's) , Chronic diseases such as uncontrolled diabetes, and severe birth defects and limiting skeletal disorders , Having uncontrolled mental illness, family members' unwillingness to participate in the study.

Age

From **60 years** old

Gender

Both

Phase

N/A

Groups that have been masked

No information

Sample size

Target sample size: **60**

Randomization (investigator's opinion)

Randomized

Randomization description**Blinding (investigator's opinion)**

Not blinded

Blinding description**Placebo**

Not used

Assignment

Parallel

Other design features

Table of random numbers

Secondary Ids

empty

Ethics committees**1****Ethics committee****Name of ethics committee**

Ethics committee of Shiraz University of Medical Science

Street address

Zand Street

City

Shiraz

Postal code**Approval date**

2016-04-23, 1395/02/04

Ethics committee reference number**Health conditions studied****1****Description of health condition studied**

Generativity in older adults

ICD-10 code

-

ICD-10 code description

-

Primary outcomes**1****Description**

Generativity

Timepoint

one month after intervention

Method of measurement

Loyola questionnaire

Secondary outcomes**1****Description**

Family Relationship

Timepoint

two sessions a week for 30 to 40 minutes)Till 4 Week

Method of measurement

Loyola questionnaire

Intervention groups**1****Description**

Control group: At first fill out a questionnaire by the elderly and after one month, the researchers examine them again. They will left without any education.

Category

Behavior

2**Description**

Intervention Groups: filled out The questionnaires Loyola by elderly population .This study involved two groups of pre test - post test. in the study elderly and their families are selected randomly and after Pre-test and control groups and tested during the 7 sessions A team (two sessions a week for 30 - 40 minutes)

Category

Behavior

Recruitment centers

1

Recruitment center

Name of recruitment center

Sorosh aging daily center in shiraz

Full name of responsible person

Ladan Zarshenas

Street address

Tachara street

City

Shiraz

Sponsors / Funding sources

1

Sponsor

Name of organization / entity

Vice Chancellor for research of Shiraz University Of
Medical Sciences

Full name of responsible person

Ladan Zarshenas

Street address

Zand Street, Shiraz .

City

Shiraz

Grant name

-

Grant code / Reference number

-

Is the source of funding the same sponsor organization/entity?

Yes

Title of funding source

Vice Chancellor for research of Shiraz University Of
Medical Sciences

Proportion provided by this source

100

Public or private sector

empty

Domestic or foreign origin

empty

Category of foreign source of funding

empty

Country of origin

Type of organization providing the funding

empty

Person responsible for general inquiries

Contact

Name of organization / entity

School of Nursing And Midwifery, Shiraz University Of
Medical Sciences

Full name of responsible person

Zarshenas Ladan

Position

Assistant Professor

Other areas of specialty/work

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Web page address

Person responsible for updating data

Contact

Sharing plan

Deidentified Individual Participant Data Set (IPD)

empty

Study Protocol

empty

Statistical Analysis Plan

empty

Informed Consent Form

empty

Clinical Study Report

empty

Analytic Code

empty

Data Dictionary

empty