

# Clinical Trial Protocol

## Iranian Registry of Clinical Trials

02 Jul 2026

### The effectiveness of the consultation based on problem-solving approach on sexual satisfaction in married women

#### Protocol summary

##### Summary

This semi-experimental research is based on a single subject. Single-case experimental research project refers to the individual or small group of subjects, also has a long history in psychology is important. The study population consists of married women who referred to health centers. Four married woman are elected. The dependent variable in this study is sexual satisfaction; sexual satisfaction in married women will be assessed by questionnaire (MWSSQ). First of all people have a pre-test, then every week after consulting the test repeated. The number of meetings: eight meetings and time of each session is 1.5 to 2 hours. Four weeks after the 8th sessions, re-test will be held. Inclusion criteria were: literate, married women; Iranian nationality; passing at least one year from the marriage time; age between 40-20 years old; once married; not pregnant; the right to privacy (bedrooms or common ground); having an interest in participating in the study; lack of sexual disorder treatment; no history of mental illness and chronic physical therapy; to participate simultaneously in the same study; the consent of the wife; not the couples on the verge of divorce and separation; assessment questionnaire score of less than 50% of sexual satisfaction in married women (MWSSQ). Inclusion criteria: more than two sessions' absence; failure to complete the questionnaire during meetings; pregnancy; failure to cooperate in meetings.

#### General information

##### Acronym

##### IRCT registration information

IRCT registration number: **IRCT2016062328602N1**

Registration date: **2016-11-15, 1395/08/25**

Registration timing: **retrospective**

Last update:

Update count: **0**

##### Registration date

2016-11-15, 1395/08/25

##### Registrant information

###### Name

Mina Salehi Champiri

###### Name of organization / entity

Shahid Sadoughi University of Medical Sciences

###### Country

Iran (Islamic Republic of)

###### Phone

+98 31 4525 3511

###### Email address

minasalehi@ssu.ac.ir

##### Recruitment status

###### Recruitment complete

##### Funding source

Shahid Sadoughi University of Medical Sciences in Yazd

##### Expected recruitment start date

2016-08-05, 1395/05/15

##### Expected recruitment end date

2016-11-05, 1395/08/15

##### Actual recruitment start date

empty

##### Actual recruitment end date

empty

##### Trial completion date

empty

##### Scientific title

The effectiveness of the consultation based on problem-solving approach on sexual satisfaction in married women

##### Public title

The effectiveness of the consultation based on problem-solving approach on sexual satisfaction in married women

##### Purpose

Treatment

### **Inclusion/Exclusion criteria**

Inclusion criteria were: literate, married women; Iranian nationality; passing at least one year from the marriage time; age between 40-20 years old; once married; not pregnant; the right to privacy (bedrooms or common ground); having an interest in participating in the study; lack of sexual disorder treatment; no history of mental illness and chronic physical therapy; to participate simultaneously in the same study; the consent of the wife; not the couples on the verge of divorce and separation; assessment questionnaire score of less than 50% of sexual satisfaction in married women (MWSSQ). Inclusion criteria: more than two sessions absence; failure to complete the questionnaire during meetings; pregnancy; failure to cooperate in meetings.

### **Age**

From **20 years** old to **40 years** old

### **Gender**

Female

### **Phase**

N/A

### **Groups that have been masked**

*No information*

### **Sample size**

Target sample size:

### **Randomization (investigator's opinion)**

N/A

### **Randomization description**

### **Blinding (investigator's opinion)**

Not blinded

### **Blinding description**

### **Placebo**

Not used

### **Assignment**

Single

### **Other design features**

## **Secondary Ids**

empty

## **Ethics committees**

### **1**

#### **Ethics committee**

##### **Name of ethics committee**

Shahid Sadoughi University of Medical Sciences

##### **Street address**

Shahid Sadoughi University of Medical Sciences, Alem Sq., Safaieh

##### **City**

Yazd

##### **Postal code**

#### **Approval date**

2016-04-30, 1395/02/11

#### **Ethics committee reference number**

IR.SSU.REC.1395.42

## **Health conditions studied**

### **1**

#### **Description of health condition studied**

Sexual Satisfaction

#### **ICD-10 code**

XXI

#### **ICD-10 code description**

XXI

## **Primary outcomes**

### **1**

#### **Description**

Sexual Satisfaction

#### **Timepoint**

Before the consultation and after consultation; at the beginning of every meeting of the third session by the end of meetings

#### **Method of measurement**

Questionnaire sexual satisfaction in married women (MWSSQ)

## **Secondary outcomes**

empty

## **Intervention groups**

### **1**

#### **Description**

This semi-experimental research design is single case or single subject tests. Among women referred for evaluation of Iranian women's health or growth monitoring in children, 4 women married to purposive sampling method using a semi-structured interview will be selected by the researcher, And people who have inclusion criteria were selected and will be studied during purposes .The dependent variable in this study is sexual satisfaction,That will be assessed with a score of less than 50 Inventory sexual satisfaction in married women (MWSSQ). At first of all people have a pre-test, then every week after consulting the test repeated. The number of sessions eight meetings and time of each session1/5- 2 hour. Intervention during the eighth session will be consulting with problem-solving approach. Individual sessions, one session per week, scheduled to be held between counselor and client. Married women will be evaluated by using sexual satisfaction questionnaire (MWSSQ) pre-consultation and after consultation, at the beginning of every meeting of the third session by the end of sessions. Also to determine the effectiveness maintain of the intervention, 4 weeks after re-test counseling sessions, will be held.

#### **Category**

Other

## Recruitment centers

1

### Recruitment center

**Name of recruitment center**

Shahin\_Shahr Health centers

**Full name of responsible person**

Mina Salehi Champiri

**Street address**

**City**

Shahin Shahr

## Sponsors / Funding sources

1

### Sponsor

**Name of organization / entity**

Shahid Sadoughi University of Medical Sciences

**Full name of responsible person**

mojgan Sharifi

**Street address**

Shahid Sadoughi University of Medical Sciences, Alem Sq., Safaieh

**City**

Yazd

**Grant name**

**Grant code / Reference number**

**Is the source of funding the same sponsor organization/entity?**

Yes

**Title of funding source**

Shahid Sadoughi University of Medical Sciences

**Proportion provided by this source**

100

**Public or private sector**

*empty*

**Domestic or foreign origin**

*empty*

**Category of foreign source of funding**

*empty*

**Country of origin**

**Type of organization providing the funding**

*empty*

## Person responsible for general inquiries

### Contact

**Name of organization / entity**

Shahid Sadoughi University of Medical Sciences

**Full name of responsible person**

Mina Salehi Champiri

**Position**

MSc Student Counseling in Midwifery

**Other areas of specialty/work**

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## Person responsible for scientific inquiries

### Contact

**Name of organization / entity**

Research Center for Nursing and Midwifery Care, Nursing and Midwifery School, Department of Midwifery

**Full name of responsible person**

Behnaz Enjazab

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Ph.D in Reproductive Health

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## Person responsible for updating data

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## Sharing plan

**Deidentified Individual Participant Data Set (IPD)**

*empty*

**Study Protocol**

*empty*  
**Statistical Analysis Plan**  
*empty*  
**Informed Consent Form**  
*empty*  
**Clinical Study Report**

*empty*  
**Analytic Code**  
*empty*  
**Data Dictionary**  
*empty*