

Clinical Trial Protocol

Iranian Registry of Clinical Trials

01 Jul 2026

The effectiveness of the consultation based on problem-solving approach on sexual satisfaction in married women

Protocol summary

Summary

This semi-experimental research is based on a single subject. Single-case experimental research project refers to the individual or small group of subjects, also has a long history in psychology is important. The study population consists of married women who referred to health centers. Four married woman are elected. The dependent variable in this study is sexual satisfaction; sexual satisfaction in married women will be assessed by questionnaire (MWSSQ). First of all people have a pre-test, then every week after consulting the test repeated. The number of meetings: eight meetings and time of each session is 1.5 to 2 hours. Four weeks after the 8th sessions, re-test will be held. Inclusion criteria were: literate, married women; Iranian nationality; passing at least one year from the marriage time; age between 40-20 years old; once married; not pregnant; the right to privacy (bedrooms or common ground); having an interest in participating in the study; lack of sexual disorder treatment; no history of mental illness and chronic physical therapy; to participate simultaneously in the same study; the consent of the wife; not the couples on the verge of divorce and separation; assessment questionnaire score of less than 50% of sexual satisfaction in married women (MWSSQ). Inclusion criteria: more than two sessions' absence; failure to complete the questionnaire during meetings; pregnancy; failure to cooperate in meetings.

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT2016062328602N1**

Registration date: **2016-11-15, 1395/08/25**

Registration timing: **retrospective**

Last update:

Update count: **0**

Registration date

2016-11-15, 1395/08/25

Registrant information

Name

Mina Salehi Champiri

Name of organization / entity

Shahid Sadoughi University of Medical Sciences

Country

Iran (Islamic Republic of)

Phone

+98 31 4525 3511

Email address

minasalehi@ssu.ac.ir

Recruitment status

Recruitment complete

Funding source

Shahid Sadoughi University of Medical Sciences in Yazd

Expected recruitment start date

2016-08-05, 1395/05/15

Expected recruitment end date

2016-11-05, 1395/08/15

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

The effectiveness of the consultation based on problem-solving approach on sexual satisfaction in married women

Public title

The effectiveness of the consultation based on problem-solving approach on sexual satisfaction in married women

Purpose

Treatment

Inclusion/Exclusion criteria

Inclusion criteria were: literate, married women; Iranian nationality; passing at least one year from the marriage time; age between 40-20 years old; once married; not pregnant; the right to privacy (bedrooms or common ground); having an interest in participating in the study; lack of sexual disorder treatment; no history of mental illness and chronic physical therapy; to participate simultaneously in the same study; the consent of the wife; not the couples on the verge of divorce and separation; assessment questionnaire score of less than 50% of sexual satisfaction in married women (MWSSQ). Inclusion criteria: more than two sessions absence; failure to complete the questionnaire during meetings; pregnancy; failure to cooperate in meetings.

Age

From **20 years** old to **40 years** old

Gender

Female

Phase

N/A

Groups that have been masked

No information

Sample size

Target sample size:

Randomization (investigator's opinion)

N/A

Randomization description

Blinding (investigator's opinion)

Not blinded

Blinding description

Placebo

Not used

Assignment

Single

Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee

Shahid Sadoughi University of Medical Sciences

Street address

Shahid Sadoughi University of Medical Sciences, Alem

Sq., Safaieh

City

Yazd

Postal code

Approval date

2016-04-30, 1395/02/11

Ethics committee reference number

IR.SSU.REC.1395.42

Health conditions studied

1

Description of health condition studied

Sexual Satisfaction

ICD-10 code

XXI

ICD-10 code description

XXI

Primary outcomes

1

Description

Sexual Satisfaction

Timepoint

Before the consultation and after consultation; at the beginning of every meeting of the third session by the end of meetings

Method of measurement

Questionnaire sexual satisfaction in married women (MWSSQ)

Secondary outcomes

empty

Intervention groups

1

Description

This semi-experimental research design is single case or single subject tests. Among women referred for evaluation of Iranian women's health or growth monitoring in children, 4 women married to purposive sampling method using a semi-structured interview will be selected by the researcher, And people who have inclusion criteria were selected and will be studied during purposes .The dependent variable in this study is sexual satisfaction,That will be assessed with a score of less than 50 Inventory sexual satisfaction in married women (MWSSQ). At first of all people have a pre-test, then every week after consulting the test repeated. The number of sessions eight meetings and time of each session1/5- 2 hour. Intervention during the eighth session will be consulting with problem-solving approach. Individual sessions, one session per week, scheduled to be held between counselor and client. Married women will be evaluated by using sexual satisfaction questionnaire (MWSSQ) pre-consultation and after consultation, at the beginning of every meeting of the third session by the end of sessions. Also to determine the effectiveness maintain of the intervention, 4 weeks after re-test counseling sessions, will be held.

Category

Other

Recruitment centers

1

Recruitment center

Name of recruitment center

Shahin_Shahr Health centers

Full name of responsible person

Mina Salehi Champiri

Street address

City

Shahin Shahr

Sponsors / Funding sources

1

Sponsor

Name of organization / entity

Shahid Sadoughi University of Medical Sciences

Full name of responsible person

mojgan Sharifi

Street address

Shahid Sadoughi University of Medical Sciences, Alem Sq., Safaieh

City

Yazd

Grant name

Grant code / Reference number

Is the source of funding the same sponsor organization/entity?

Yes

Title of funding source

Shahid Sadoughi University of Medical Sciences

Proportion provided by this source

100

Public or private sector

empty

Domestic or foreign origin

empty

Category of foreign source of funding

empty

Country of origin

Type of organization providing the funding

empty

Person responsible for general inquiries

Contact

Name of organization / entity

Shahid Sadoughi University of Medical Sciences

Full name of responsible person

Mina Salehi Champiri

Position

MSc Student Counseling in Midwifery

Other areas of specialty/work

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Person responsible for scientific inquiries

Contact

Name of organization / entity

Research Center for Nursing and Midwifery Care, Nursing and Midwifery School, Department of Midwifery

Full name of responsible person

Behnaz Enjazab

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Person responsible for updating data

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Web page address

Sharing plan

Deidentified Individual Participant Data Set (IPD)

empty

Study Protocol

empty
Statistical Analysis Plan
empty
Informed Consent Form
empty
Clinical Study Report

empty
Analytic Code
empty
Data Dictionary
empty