

# Clinical Trial Protocol

## Iranian Registry of Clinical Trials

05 Jul 2026

### Randomized double blind placebo-controlled clinical trial comparison vaginal with sublingual misoprostol in preoperative ripening of the cervix before operative -diagnostic hysteroscopy in premenopausal women in mirzakuchak-khan hospital at 2010-2011

#### Protocol summary

##### Summary

This is a randomized double blind placebo-controlled clinical trial study designed to evaluate the efficacy of 400 micg of misoprostol prescript sublingual, in comparison with vaginal prescription, on cervical ripening before curative or diagnostic hysteroscopy. 100 patients were randomly assigned to the following treatment regimen . The vaginal group received 400 micg of misoprostol (placed into the posterior vaginal fornix) and at the same time received one tablet of vitamin B6 as placebo. The sublingual group received 400 micg of misoprostol sublingually and at the same time received one tablet of vitamin B6 as placebo. Duration of cervical dilatation time in with 9 hegar could be inserted and the complications of hysteroscopy (cervical tearing, creation of a false track, uterine perforation and bleeding) were interpreted as the outcome. The inclusion criteria: woman who gave consent for operative-diagnostic hysteroscopy, and were of reproductive age(i.e; were premenopausal) and not pregnant at the time of presentation. The exclusion criteria: contraindication to PGs(history of severe asthma, glaucoma, preexisting cardiac disease, hypertension, or renal failure), significant uterovaginal prolapsed precluding the administration of vaginal tablets, or history of cervical surgery or cervical incompetency, women who had sub mucosal fibroma larger than 2 cm (because of partial dilatation of cervix).

#### General information

##### Acronym

##### IRCT registration information

IRCT registration number: **IRCT201012272576N3**

Registration date: **2011-04-06, 1390/01/17**

Registration timing: **registered\_while\_recruiting**

Last update:

Update count: **0**

##### Registration date

2011-04-06, 1390/01/17

##### Registrant information

###### Name

Fatemeh Davari Tanha

###### Name of organization / entity

Tehran University of Medical Sciences

###### Country

Iran (Islamic Republic of)

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##### Recruitment status

**Recruitment complete**

##### Funding source

Vice chancellor for research., Tehran university of medical sciences

##### Expected recruitment start date

2010-05-22, 1389/03/01

##### Expected recruitment end date

2011-05-22, 1390/03/01

##### Actual recruitment start date

empty

##### Actual recruitment end date

empty

##### Trial completion date

empty

##### Scientific title

Randomized double blind placebo-controlled clinical trial comparison vaginal with sublingual misoprostol in preoperative ripening of the cervix before operative - diagnostic hysteroscopy in premenopausal women in

mirzakuchak-khan hospital at 2010-2011

## Public title

Randomized double blind placebo-controlled clinical trial comparison vaginal with sublingual misoprostol in preoperative ripening of the cervix before operative - diagnostic hysteroscopy in premenopausal women in Mirzakuchak-khan hospital at 2010-2011

## Purpose

Treatment

## Inclusion/Exclusion criteria

The inclusion criteria: woman who gave consent for operative-diagnostic hysteroscopy; and were of reproductive age (i.e.; were premenopausal) ; and not pregnant at the time of presentation." The exclusion criteria: contraindication to PGs (history of severe asthma; glaucoma; preexisting cardiac disease; hypertension, or renal failure); significant uterovaginal prolapsed precluding the administration of vaginal tablets; or history of cervical surgery or cervical incompetency; women who had sub mucosal fibroma larger than 2cm (because of partial dilatation of cervix).

## Age

From **14 years** old to **50 years** old

## Gender

Female

## Phase

2-3

## Groups that have been masked

*No information*

## Sample size

Target sample size: **100**

## Randomization (investigator's opinion)

Randomized

## Randomization description

## Blinding (investigator's opinion)

Double blinded

## Blinding description

## Placebo

Used

## Assignment

Parallel

## Other design features

## Secondary Ids

empty

## Ethics committees

### 1

#### Ethics committee

##### Name of ethics committee

Ethics committee of Tehran University of Medical Sciences

##### Street address

Keshavarz Blvd, Ghods Ave, Tehran University of Medical Sciences

##### City

Tehran

##### Postal code

Iran

## Approval date

2010-06-20, 1389/03/30

## Ethics committee reference number

9724

## Health conditions studied

### 1

#### Description of health condition studied

Hysteroscopy

#### ICD-10 code

N88.9

#### ICD-10 code description

Non inflammatory disorder of cervix uteri, unspecified

## Primary outcomes

### 1

#### Description

Duration of cervical dilatation time in with 9 hegar could be inserted after prescription of sublingual or vaginal misoprostol

#### Timepoint

6hours after prescription of sublingual or vaginal misoprostol

#### Method of measurement

The largest hegar that could be passed without resistance was starting time of dilatation

## Secondary outcomes

### 1

#### Description

complications of hysteroscopy

#### Timepoint

6hours after misoprostol prescription

#### Method of measurement

clinical

## Intervention groups

### 1

#### Description

100 patients were randomly assigned to the following treatment regimen . The vaginal group recieved 400micg of misoprostol one time six hours before hysteroscopy (placed into the posterior vaginal fornix) and at the same time recieved one tablet of vit B6 sublingually as placebo. .

#### Category

Treatment - Drugs

### 2

#### Description

The sublingual group received 400micg of misoprstol

sublingually one time six hours before hysteroscopy and at the same time received one tablet of vitB6 as placebo

**Category**

Treatment - Drugs

**Recruitment centers**

1

**Recruitment center**

**Name of recruitment center**

Mirza Kochak Khan Hospital, Tehran, Iran

**Full name of responsible person**

Fateme Davari Tanha

**Street address**

Mirza kochakkhan Hospital, Ostad nejatolahi Avenue, Tehran, Iran

**City**

Tehran

**Sponsors / Funding sources**

1

**Sponsor**

**Name of organization / entity**

Vice chancellor for research., Tehran university of medical science

**Full name of responsible person**

Miss Rahmani

**Street address**

Vice chancellor for research, Tehran University of Medical Science, Ghods Avenue, Keshavarz Blvd, Tehran, Iran

**City**

Tehran

**Grant name**

**Grant code / Reference number**

**Is the source of funding the same sponsor organization/entity?**

Yes

**Title of funding source**

Vice chancellor for research., Tehran university of medical science

**Proportion provided by this source**

100

**Public or private sector**

*empty*

**Domestic or foreign origin**

*empty*

**Category of foreign source of funding**

*empty*

**Country of origin**

**Type of organization providing the funding**

*empty*

**Person responsible for general inquiries**

**Contact**

**Name of organization / entity**

Tehran University of Medical Sciences

**Full name of responsible person**

Fateme Davari Tanha

**Position**

Assistant professor

**Other areas of specialty/work**

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## Sharing plan

**Deidentified Individual Participant Data Set (IPD)**  
*empty*  
**Study Protocol**

*empty*  
**Statistical Analysis Plan**  
*empty*  
**Informed Consent Form**  
*empty*  
**Clinical Study Report**  
*empty*  
**Analytic Code**  
*empty*  
**Data Dictionary**  
*empty*