

Clinical Trial Protocol

Iranian Registry of Clinical Trials

28 May 2026

The effect of the pastoral care of the spiritual health and mental health in elderly patients KCF in 2015

Protocol summary

2016-09-05, 1395/06/15

Summary

Title: impact of spiritual care on spiritual and mental health of elderly residents of Kahrizak nursing home in 2015. Objectives: the aim of this study was to determine and compare spiritual health and mental health of elderly residents of Kahrizak nursing home before and after of spiritual care in three groups in 2015. Method: this study is a clinical trial, with three groups of first, second and control that 135 elders living at home in their company. Inclusion criteria: age over 60 years old hospitalized for more than three months; having cognitive health; lack of developing Alzheimer's disease; speak and understand language is Farsi and would like to participate in the study and exclusion criteria: leave more than a week; the risk of serious health conditions resulting in the transfer of the patient, it is. Eligible patients in three groups of 45 subjects (first intervention, second intervention and control group) were, and for the first group interventions on a daily basis for 3 months of intervention was instilling hope and active listening and to intervene second group reminiscence therapy, poetry therapy was 13 weekly sessions memory. The control group received no intervention. Patients in all three groups before and after intervention, fill the spiritual health of Jarel and GHQ-28 questionnaires.

Registrant information

Name

Alireza Memari

Name of organization / entity

Kahrizak Charity Foundation

Country

Iran (Islamic Republic of)

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Email address

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Recruitment status

Recruitment complete

Funding source

University of Social Welfare and Rehabilitation Sciences

Expected recruitment start date

2015-05-22, 1394/03/01

Expected recruitment end date

2015-09-22, 1394/06/31

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

The effect of the pastoral care of the spiritual health and mental health in elderly patients KCF in 2015

Public title

The effect of the pastoral care of the spiritual health and mental health in elderly patients KCF in 2015

Purpose

Supportive

Inclusion/Exclusion criteria

Inclusion criteria: aged 60 years old and older hospitalized elderly Kahrizak Charity Hospice, Tehran,

General information

Acronym

The effect of the pastoral care of mental health

IRCT registration information

IRCT registration number: **IRCT2016070928854N1**

Registration date: **2016-09-05, 1395/06/15**

Registration timing: **retrospective**

Last update:

Update count: **0**

Registration date

Iran; the minimum length of stay of patients in the past 3 months; good mental health (score greater than 7 brief survey of psychological tests AMT); clients with Alzheimer's disease is not (according to diagnosis recorded in the records of patients); person interested and have the desire to participate in the study; clients with serious health conditions that cause their transfer to the intensive care unit will be missed; during research client not leave temporary more than one week; during study patient do not take part at the same time in other experimental research; the patient is able to speak and understand the Farsi language; patient hearing and vision is such that the aids is able to communicate with others and participate in meetings. Exclusion criteria: temporary leaving the center more than one week during the intervention; impaired psychological condition; reluctance of clients to continue to participate in the study; acute physical illnesses that lead to the transfer of the patient to the intensive care unit or hospital.

Age

From **60 years** old to **100 years** old

Gender

Both

Phase

N/A

Groups that have been masked

No information

Sample size

Target sample size: **130**

Randomization (investigator's opinion)

Randomized

Randomization description**Blinding (investigator's opinion)**

Not blinded

Blinding description**Placebo**

Not used

Assignment

Parallel

Other design features**Secondary Ids**

empty

Ethics committees**1****Ethics committee****Name of ethics committee**

University of Social Welfare and Rehabilitation Sciences

Street address

University of Social Welfare and Rehabilitation Sciences, Kodakyar, Daneshjoo Blvd., Evin

City

Tehran

Postal code

1985713834

Approval date

2015-03-01, 1393/12/10

Ethics committee reference number

USWR.REC.1393

Health conditions studied**1****Description of health condition studied**

Mental Health

ICD-10 code

Z00.4

ICD-10 code description

General psychiatric examination, not elsewhere classified

Primary outcomes**1****Description**

Spiritual health

Timepoint

Before and six months after intervention

Method of measurement

Jarl spiritual health , mental health questionnaire GHQ-28 questionnaire Jarel

2**Description**

Mental health

Timepoint

Before and six months after intervention

Method of measurement

Jarl spiritual health , mental health questionnaire GHQ-28 questionnaire Jarel

Secondary outcomes**1****Description**

History of heart disease

Timepoint

Before intervention

Method of measurement

Inventory Abbreviated Mental Test

2**Description**

A history of drug abuse.

Timepoint

Before intervention

Method of measurement

Inventory Abbreviated Mental Test

3**Description**

History of smoking

Timepoint

Before intervention

Method of measurement

Inventory Abbreviated Mental Test

Intervention groups**1****Description**

The first intervention, including intervention was instilling hope and active listening daily for 3 months. including holding training sessions, providing chapel, in part, registration and pleasant study past events, participating in religious ceremonies, weekly meeting with clergy, meet the clients and go to the workshop rehabilitation and .. done.

Category

Behavior

2**Description**

The second intervention consisted of 13 weekly sessions and poetry reminiscence therapy Weekly meetings for between one and a half to two hours The first hour of reminiscence clients with selected topics And a second time say mystical poems and favorite clients are.

Category

Other

Recruitment centers**1****Recruitment center****Name of recruitment center**

Kahrizak Charity Nursing Facility

Full name of responsible person**Street address**

Kahrizak Charity Nursing Facility

City

Rey

Sponsors / Funding sources**1****Sponsor****Name of organization / entity**

University of Social Welfare and Rehabilitation Sciences

Full name of responsible person

Dr. Hamid Reza Khanke

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University of Social Welfare and Rehabilitation Sciences, Daneshjoo Blvd., Evin

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Tehran

Grant name**Grant code / Reference number****Is the source of funding the same sponsor organization/entity?**

Yes

Title of funding source

University of Social Welfare and Rehabilitation Sciences

Proportion provided by this source

100

Public or private sector*empty***Domestic or foreign origin***empty***Category of foreign source of funding***empty***Country of origin****Type of organization providing the funding***empty***Person responsible for general inquiries****Contact****Name of organization / entity**

University of Social Welfare and Rehabilitation Sciences

Full name of responsible person

Asghar Dalvandi

Position

Ph.D

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University of Social Welfare and Rehabilitation Sciences

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Person responsible for updating data

Contact

Name of organization / entity

University of Social Welfare and Rehabilitation
Sciences

Full name of responsible person

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Sharing plan

Deidentified Individual Participant Data Set (IPD)

empty

Study Protocol

empty

Statistical Analysis Plan

empty

Informed Consent Form

empty

Clinical Study Report

empty

Analytic Code

empty

Data Dictionary

empty