Clinical Trial Protocol
Iranian Registry of Clinical Trials

16 Sep 2026

The effect of trauma-focused cognitive-behavioral method on posttraumatic growth ,social adjustment , emotion management and self efficacy of abused children on Kermanshah city

Protocol summary

Summary

This study will be done with aim to determine the effect of early trauma-focused cognitive behavioral method on post-traumatic growth,social adjustment , emotion management and self efficacy of abused children in Kermanshah city. This study is a non blinded clinical trial. The study population will consisted of all abused children Kermanshah city that 60 persons will selected in available method and randomly will be divided into two groups (30 patients exprimental group and 30 patients in control group).The exprimental and control group will completed the post-traumatic growth,social adjustment , emotion management and self efficacy questionnaires. The experimental group will received group training trauma-focused cognitive behavioral therapy 10 sessions in one and a half hours and the control group will not receive any tests. After the end of the study (two months later) the post-traumatic growth, social adjustment , emotion management and self efficacy questionnaires will be provided and both groups will compared in terms of post-traumatic growth, social social adjustment , emotion management and self efficacy. After the end of the study in order to maintain ethics and the rights of research participants,Control group also will received group early trauma-focused cognitive behavioral method .

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT2016081128967N2**
Registration date: **2016-09-02, 1395/06/12**
Registration timing: **prospective**

Last update:
Update count: **0**

Registration date

2016-09-02, 1395/06/12

Registrant information

Name
Safora Salemi
Name of organization / entity
Shahid Chamran University of Ahvaz
Country
Iran (Islamic Republic of)
Phone
+98 83 3821 1001
Email address
e.mahmoudi@cobeldarou.com

Recruitment status

Recruitment complete

Funding source

Governmental

Expected recruitment start date

2016-09-22, 1395/07/01

Expected recruitment end date

2016-11-21, 1395/09/01

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

The effect of trauma-focused cognitive-behavioral method on posttraumatic growth ,social adjustment , emotion management and self efficacy of abused children on Kermanshah city

Public title

Treatment of the abused children’s problems

Purpose

Treatment

Inclusion/Exclusion criteria

Inclusion criteria: Gender male; lack of serious psychiatric disorders. Exclusion criteria: Gender Male;; The absence of comorbid psychiatric disorders symptoms.

Age

From **9 years** old to **12 years** old

Gender

Male

Phase

N/A

Groups that have been masked

No information

Sample size

Target sample size: **60**

Randomization (investigator's opinion)

Randomized

Randomization description

Blinding (investigator's opinion)

Not blinded

Blinding description

Placebo

Not used

Assignment

Parallel

Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee

Kermanshah University of Medical Sciences

Street address

Kermanshah University of Medical Sciences, Shahid Behrshti Blve, Kermanshah, Iran

City

Kermanshah

Postal code

Approval date

2016-06-22, 1395/04/02

Ethics committee reference number

kums.rec.1395.250

Health conditions studied

1

Description of health condition studied

abused children

ICD-10 code

Z61.6

ICD-10 code description

Problems related to alleged physical abuse of child

Primary outcomes

1

Description

Post-traumatic growth

Timepoint

Baseline and two months after intervention

Method of measurement

Post-traumatic growth Questionnaire

2

Description

Social adjustment

Timepoint

Baseline and two months after intervention

Method of measurement

Social adjustment Questionnaire

3

Description

Emotion management

Timepoint

Baseline and two months after intervention

Method of measurement

Emotion management Questionnaire

4

Description

self-efficacy

Timepoint

Baseline and two months after intervention

Method of measurement

self-efficacy Questionnaire

Secondary outcomes

empty

Intervention groups

1

Description

The experimental group will receive trauma-focused cognitive-behavioral intervention in 10 sessions.

Category

Behavior

2

Description

The control group will not receive any intervention.

Category

N/A

Recruitment centers

1

Recruitment center

Name of recruitment center

Primary schools in Kermanshah

Full name of responsible person

Shahnaz Mahmoudi

Street address

City

Kermanshah

Sponsors / Funding sources

1

Sponsor

Name of organization / entity

Kermanshah University of Medical Sciences

Full name of responsible person

Koroush Hamzehee

Street address

Building No.2, Shahid Beheshti, Kermanshah University of Medical Sciences Kermanshah

City

Kermanshah

Grant name

Grant code / Reference number

Is the source of funding the same sponsor organization/entity?

Yes

Title of funding source

Kermanshah University of Medical Sciences

Proportion provided by this source

100

Public or private sector

empty

Domestic or foreign origin

empty

Category of foreign source of funding

empty

Country of origin

Type of organization providing the funding

empty

Person responsible for general inquiries

Contact

Person responsible for scientific inquiries

Contact

Name of organization / entity

Farabi educational and treatment center

Full name of responsible person

Vahid Farnia

Position

Associate Professor

Other areas of specialty/work

Street address

Farabi hospital- Isar Blvd

City

Kermanshah

Postal code

Phone

008338260700

Fax

Email

vfarnia@kums.ac.ir

Web page address

Person responsible for updating data

Contact

Name of organization / entity

Full name of responsible person

Safoura Salemi

Position

Other areas of specialty/work

Street address

City

Postal code

Phone

00

Fax

Email

Web page address

Sharing plan

Deidentified Individual Participant Data Set (IPD)

empty

Study Protocol

empty

Statistical Analysis Plan

empty

Informed Consent Form

empty

Clinical Study Report

empty

Analytic Code

empty

Data Dictionary

empty