Clinical Trial Protocol
Iranian Registry of Clinical Trials

17 Sep 2026

The impact of education set up the excitement to the mother of the child have attention deficit/hyperactive on the mental health of the mother and child dysfunction symptoms

Protocol summary

Summary

This study aims to improve the mental health of mothers and reducing symptoms in children with ADHD was conducted. mothers of 4-12 year-old children with ADHD With entry criteria: ability to read and write; lack of psychiatric diseases؛ lack of medical ailments؛ aged between 18-50 years. lack of experience of crisis situation in six months the latter were selected. Exclusion criteria included: failure to participate in more than one training session; failure to do home exercises was more than one session. The studys population consisted of all mothers who were ADHD child 4-12 years old in Mashhad Abne sina psychiatric hospital pediatric clinic were file. for this study had a sample of 44 people . The intervention of 8 sessions of 90 minutes of emotion regulation training was based on Gross model for mothers in the intervention group. The control group received no training ghq tests and Connor's parents Did for both groups before, immediately after and one month after the completion of both groups. Intervention time since the beginning of August to the end of the Persian date Shahrivar (sep)2016. The primary outcome was Perferment of mental health of mothers and reducing symptoms of ADHD in children.

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT2016072029011N1**
Registration date: **2016-12-11, 1395/09/21**
Registration timing: **retrospective**

Last update:
Update count: **0**

Registration date

2016-12-11, 1395/09/21

Registrant information

Name
Aazam Kamali
Name of organization / entity
Mashhad University Of Medical Sciences
Country
Iran (Islamic Republic of)
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+98 51 3853 1511
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kamalia931@mums.ac.ir

Recruitment status

Recruitment complete

Funding source

Mashhad University Of Medical Scienes

Expected recruitment start date

2016-07-20, 1395/04/30

Expected recruitment end date

2016-07-27, 1395/05/06

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

The impact of education set up the excitement to the mother of the child have attention deficit/hyperactive on the mental health of the mother and child dysfunction symptoms

Public title

The impact of education set up the excitement to the mother of the child have attention deficit/hyperactive on the mental health of the mother and child dysfunction symptoms

Purpose

Supportive

Inclusion/Exclusion criteria

Inclution criteria: ability to read and write; lack of psychiatric Diseases, lack of Medical Ailments, Aged Between 18-50 years Ago. lack of experience of crisis situation in Last six mounth. Exclusion criteria included: failure to participate in more than one training session; failure to do home exercises was more than one session

Age

From **18 years** old to **50 years** old

Gender

Female

Phase

N/A

Groups that have been masked

No information

Sample size

Target sample size: **40**

Randomization (investigator's opinion)

Randomized

Randomization description

Blinding (investigator's opinion)

Not blinded

Blinding description

Placebo

Not used

Assignment

Parallel

Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee

Mashhad University Of Medical Sciences

Street address

Daneshgah AVE

City

Mashhad

Postal code

Approval date

2016-05-28, 1395/03/08

Ethics committee reference number

IR.MUMS.REC.1395.126

Health conditions studied

1

Description of health condition studied

General Health

ICD-10 code

Z13

ICD-10 code description

Special screening examination for other diseases and disorders

Primary outcomes

1

Description

general health& adhd

Timepoint

Before the intervention, one month later, two months later

Method of measurement

ghq28& cannors

Secondary outcomes

empty

Intervention groups

1

Description

In the Group of 8 meeting of the training intervention set the excitement based on the model of the control group did not receive any training grass

Category

Lifestyle

2

Description

control group Rutins care

Category

Other

Recruitment centers

1

Recruitment center

Name of recruitment center

Mashhad Ebne Sina Psychiatr Hospital

Full name of responsible person

Mrs Azghandi

Street address

Hore Ameli AVE

City

Mashhad

Sponsors / Funding sources

1

Sponsor

Name of organization / entity

Research and Technology Mashhad University of Medical sciences

Full name of responsible person

Vaghee Saeed

Street address

Nursing Collage

City
Mashhad
Grant name
Grant code / Reference number
Is the source of funding the same sponsor organization/entity?
Yes
Title of funding source
Research and Technology Mashhad University of Medical sciences
Proportion provided by this source
100
Public or private sector
empty
Domestic or foreign origin
empty
Category of foreign source of funding
empty
Country of origin
Type of organization providing the funding
empty

Person responsible for general inquiries

Contact
Name of organization / entity
Mashah University Of Medical
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Vaghee Saeed
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Aazam Kamali
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Person responsible for updating data

Contact
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Mashhad University Of Medical Sciences
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Phone
00
Fax
Email
Web page address

Sharing plan

Deidentified Individual Participant Data Set (IPD)
empty
Study Protocol
empty
Statistical Analysis Plan
empty
Informed Consent Form
empty
Clinical Study Report
empty
Analytic Code
empty
Data Dictionary
empty