

Clinical Trial Protocol

Iranian Registry of Clinical Trials

25 Jul 2026

The impact of education set up the excitement to the mother of the child have attention deficit/hyperactive on the mental health of the mother and child dysfunction symptoms

Protocol summary

Summary

This study aims to improve the mental health of mothers and reducing symptoms in children with ADHD was conducted. mothers of 4-12 year-old children with ADHD With entry criteria: ability to read and write; lack of psychiatric diseases; lack of medical ailments; aged between 18-50 years. lack of experience of crisis situation in six months the latter were selected. Exclusion criteria included: failure to participate in more than one training session; failure to do home exercises was more than one session. The studys population consisted of all mothers who were ADHD child 4-12 years old in Mashhad Abne sina psychiatric hospital pediatric clinic were file. for this study had a sample of 44 people . The intervention of 8 sessions of 90 minutes of emotion regulation training was based on Gross model for mothers in the intervention group. The control group received no training ghq tests and Connor's parents Did for both groups before, immediately after and one month after the completion of both groups. Intervention time since the beginning of August to the end of the Persian date Shahrivar (sep)2016. The primary outcome was Perferment of mental health of mothers and reducing symptoms of ADHD in children.

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT2016072029011N1**
Registration date: **2016-12-11, 1395/09/21**
Registration timing: **retrospective**

Last update:

Update count: **0**

Registration date

2016-12-11, 1395/09/21

Registrant information

Name

Aazam Kamali

Name of organization / entity

Mashhad University Of Medical Sciences

Country

Iran (Islamic Republic of)

Phone

+98 51 3853 1511

Email address

kamalia931@mums.ac.ir

Recruitment status

Recruitment complete

Funding source

Mashhad University Of Medical Scienes

Expected recruitment start date

2016-07-20, 1395/04/30

Expected recruitment end date

2016-07-27, 1395/05/06

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

The impact of education set up the excitement to the mother of the child have attention deficit/hyperactive on the mental health of the mother and child dysfunction symptoms

Public title

The impact of education set up the excitement to the mother of the child have attention deficit/hyperactive on the mental health of the mother and child dysfunction symptoms

Purpose

Supportive

Inclusion/Exclusion criteria
Inclution criteria: ability to read and write; lack of psychiatric Diseases, lack of Medical Ailments, Aged Between 18-50 years Ago. lack of experience of crisis situation in Last six mounth. Exclusion criteria included: failure to participate in more than one training session; failure to do home exercises was more than one session

Age
From **18 years** old to **50 years** old

Gender
Female

Phase
N/A

Groups that have been masked
No information

Sample size
Target sample size: **40**

Randomization (investigator's opinion)
Randomized

Randomization description

Blinding (investigator's opinion)
Not blinded

Blinding description

Placebo
Not used

Assignment
Parallel

Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee
Name of ethics committee
Mashhad University Of Medical Sciences
Street address
Daneshgah AVE
City
Mashhad
Postal code
Approval date
2016-05-28, 1395/03/08
Ethics committee reference number
IR.MUMS.REC.1395.126

Health conditions studied

1

Description of health condition studied
General Health
ICD-10 code
Z13
ICD-10 code description
Special screening examination for other diseases and

disorders

Primary outcomes

1

Description
general health& adhd
Timepoint
Before the intervention, one month later, two months later
Method of measurement
ghq28& cannors

Secondary outcomes

empty

Intervention groups

1

Description
In the Group of 8 meeting of the training intervention set the excitement based on the model of the control group did not receive any training grass
Category
Lifestyle

2

Description
control group Rutins care
Category
Other

Recruitment centers

1

Recruitment center
Name of recruitment center
Mashhad Ebne Sina Psychiatr Hospital
Full name of responsible person
Mrs Azghandi
Street address
Hore Ameli AVE
City
Mashhad

Sponsors / Funding sources

1

Sponsor
Name of organization / entity
Research and Technology Mashhad University of Medical sciences
Full name of responsible person
Vaghee Saeed
Street address
Nursing Collage

City
Mashhad

Grant name

Grant code / Reference number

Is the source of funding the same sponsor organization/entity?
Yes

Title of funding source
Research and Technology Mashhad University of Medical sciences

Proportion provided by this source
100

Public or private sector
empty

Domestic or foreign origin
empty

Category of foreign source of funding
empty

Country of origin

Type of organization providing the funding
empty

Person responsible for general inquiries

Contact

Name of organization / entity
Mashah University Of Medical

Full name of responsible person
Vaghee Saeed

Position
MS

Other areas of specialty/work

Street address
Nussin Collage

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Person responsible for scientific inquiries

Contact

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mashhad university of medical

Full name of responsible person

Aazam Kamali

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Person responsible for updating data

Contact

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Mashhad University Of Medical Sciences

Full name of responsible person
Aazam Kamali

Position
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Other areas of specialty/work

Street address

City

Postal code

Phone
00

Fax

Email

Web page address

Sharing plan

Deidentified Individual Participant Data Set (IPD)
empty

Study Protocol
empty

Statistical Analysis Plan
empty

Informed Consent Form
empty

Clinical Study Report
empty

Analytic Code
empty

Data Dictionary
empty